Central & Western Massachusetts
Programs & Events

SEPTEMBER 2019—JANUARY 2020

Mass Audubon
Your Guide to Wildlife Sanctuaries in Central & Western Massachusetts

Central MA
1. Broad Meadow Brook, Worcester
2. Burncoat Pond, Spencer
3. Cook’s Canyon, Barre
4. Eagle Lake, Holden
5. Flat Rock, Fitchburg
6. Lake Wampanoag, Gardner
7. Lincoln Woods, Leominster
8. Pierpont Meadow, Dudley
9. Poor Farm Hill, New Salem
10. Rutland Brook, Petersham
11. Wachusett Meadow, Princeton

Staffed wildlife sanctuaries with accessible features.

Western MA
Connecticut River Valley
12. Arcadia, Easthampton & Northampton
13. Conway Hills, Conway
14. Graves Farm, Williamsburg & Whately
15. High Ledges, Shelburne
16. Laughing Brook, Hampden
17. Lynes Woods, Westhampton
18. Richardson Brook, Tolland
19. Road’s End, Worthington
20. West Mountain, Plainfield

Berkshires
21. Canoe Meadows, Pittsfield
22. Lime Kiln Farm, Sheffield
23. Pleasant Valley, Lenox

Pleasant Valley
Rugged, yet accessible—nature at its best.
472 West Mountain Road
Lenox, MA 01240

Arcadia
Forests, grasslands, meadows, and marshes.
127 Combs Road
Easthampton, MA 01027

Wachusett Meadow
Habitat diversity and abundant wildlife in the Wachusett highlands.
113 Goodnow Road
Princeton, MA 01541

Broad Meadow Brook
Sanctuary in the city; discover the wilds of Worcester.
414 Massasoit Road
Worcester, MA 01604

For information on programs and sanctuaries in Eastern Massachusetts, visit massaudubon.org.
Greetings!

This catalog includes seasonal programs and events offered by Mass Audubon wildlife sanctuaries in Central and Western Massachusetts. You can also access this information on our website, massaudubon.org/programs.

CENTRAL MASSACHUSETTS

Broad Meadow Brook
- News & Notes: 2
- Adults: 4
- All Ages: 6
- Children & Families: 6

Wachusett Meadow
- News & Notes: 10
- Adults: 12
- All Ages: 15
- Children & Families: 16

WESTERN MASSACHUSETTS

Connecticut River Valley
- News & Notes: 18
- Adults: 20
- All Ages: 25
- Children & Families: 26

Berkshires
- News & Notes: 28
- Adults: 30
- Families & All Ages: 32

LOCATIONS & DESCRIPTIONS
- Central MA Sanctuaries: 34
- Western MA Sanctuaries: 35

REGISTRATION INFORMATION 37
Reminders

Preregistration is required unless otherwise noted.

Please check program location, as some are held off-site.

The cost of program materials is included unless otherwise noted.

This sanctuary has accessible features.

Connect with Us

Facebook: @massaudubonbroadmeadowbrook

Weather & Gear

Most programs take place outdoors, rain or shine. Participants will be notified ahead of time if a program is canceled due to inclement weather. Please bring water and wear sturdy, closed-toe footwear (sneakers or hiking shoes). Sunblock and insect repellent are recommended.
### Bulletin Board

#### MILLBURY DAYS
**Saturdays, October 12; January 18 / 9:00 am–4:00 pm**
*Sponsored by Wheelabrator Millbury.*
Millbury residents receive complimentary admission to the sanctuary. See page 6 for more details.

#### HOLIDAY NATURE CRAFTS OPEN HOUSE
**Saturday, December 14 / 1:00–4:00 pm**
Come to the Visitor Center to view imaginative ornaments adorning our holiday tree, then craft your own from natural materials. See page 9.

#### VOLUNTEER DAYS
**Wednesdays / 10:00 am–12:00 pm**
**First Saturdays / 9:00 am–12:00 pm**
Projects vary by season and weather, and may include gardening, trail maintenance, tidying, and caring for bird feeders. Contact Martha Gach at mgach@massaudubon.org or 508-753-6087 x5022 to arrange group volunteer events.

#### SCOUT PROGRAMS
Scout badge programs and overnights available for boys and girls. For Girl Scout workshops, see page 8. Call 508-753-6087 for more information on Boy Scout programming or to schedule a group.

#### SNOWSHOE RENTALS
**$3 members, $5 nonmembers**
Enjoy miles of trails on snowshoes! Hourly rentals available for adults and children.

#### POP-UP PROGRAMS
Some programs may be scheduled after this catalog goes to print. Check our Facebook and website for new programs. massaudubon.org/broadmeadowprograms

#### HALLOWEEN HIKE AT BOO MEADOW BROOK
**Friday & Saturday, October 19 & 20 / 6:30–8:30 pm**
At sundown, Broad Meadow Brook transforms into a magical, slightly haunted forest. Meet native wildlife "spirits" on a guided tour on the luminaria-lit trails. See page 6.

Learn more and register: massaudubon.org/broadmeadowbrook
Learn more and register: massaudubon.org/broadmeadowbrook

Adult Programs
Preregistration required unless otherwise noted.

Migration of the Common Nighthawk
Shoppes at Blackstone Valley, Millbury

Dates: Thursdays, August 29; September 5 / 6:00–7:30 pm
Leader: Sheryl Pereira, Broad Meadow Brook Birding Instructor
Cost: $12 members, $16 nonmembers, per session

The fall migration of the common nighthawk is a spectacular event. In late August and early September, these long-winged birds can be seen zooming through the early-evening air searching for flying ants to fuel their long trip south. Learn about nighthawk adaptations, ecology, and how to look for feeding behavior while witnessing their amazing migration flight.

Friday Morning Bird Walks
Broad Meadow Brook Wildlife Sanctuary, Worcester

Dates: Fridays, August 30; September 6, 13, 20, 27 / 7:00–9:00 am
Fridays, October 4, 11, 18, 25; November 1; December 6 / 7:30–9:00 am
Leader: Martha Gach, Broad Meadow Brook Conservation Coordinator
Cost: Free for members, $7 nonmembers, per session

Enjoy a guided walk, sharpen your birding skills, and help track migrating and resident birds for Mass Audubon. Explore different trails and habitats at the sanctuary each week as the birds change throughout the season. You never know what we may find! *Bidders of all levels are welcome. Wear sturdy shoes and bring binoculars if you have them (or borrow ours).*

Saturday Morning Bird Walks
Broad Meadow Brook Wildlife Sanctuary, Worcester

Dates: Saturdays, September 7; October 5 / 7:00–9:30 am
Saturdays, November 2; December 7 / 7:30–9:30 am
Leader: Broad Meadow Brook Staff
Cost: Free for members, $7 nonmembers, per session

Explore our trails with an expert guide and discover the immense variety of birdlife that exists at our large urban sanctuary. Learn the basics of bird identification and birdwatching during this easy-to-moderate walk. *Wear sturdy shoes and bring binoculars if you have them (or borrow ours).*

Hawk Watch on Mount Wachusett
Wachusett Mountain State Reservation, Princeton

Date: Saturday, September 14 / 12:30–3:30 pm
Leader: Martha Gach, Broad Meadow Brook Conservation Coordinator
Cost: $20 members, $28 nonmembers

Each year, thousands of raptors migrate through Massachusetts during the fall months. Observe this natural spectacle as you learn about hawk migration and how to identify raptors in flight with our expert guide. *Transportation from Broad Meadow Brook is provided by van. Please call 508-753-6087 if the program is full, as participants may also opt to meet at the summit parking lot at 1:15 pm.*

Introduction to Mead Making
Broad Meadow Brook Wildlife Sanctuary, Worcester

Date: Saturday, September 28 / 1:00–3:00 pm
Ages: Adults 21+
Leader: Stephen Hutchinson, Central West Sanctuaries Regional Director and Experienced Brewer
Cost: $35 members, $50 nonmembers

Mead has been around since at least 7000 B.C., making it the oldest fermented beverage ever produced. Today this honey-based beverage is experiencing a resurgence in popularity, and for good reason. Learn everything you need to know to make mead at home during this hands-on class. We will cover the history, styles, ingredients, equipment needed, and process of mead-making. You’ll also learn current bee conservation needs and the bee-friendly land management practices used at Mass Audubon wildlife sanctuaries. *Fee includes a basic mead kit: jug, air lock, stopper, sanitation packet, yeast, and two pounds of local honey, plus samples of commercial meads and home-brewed meads by the instructor. Space is limited; early registration recommended!*
Discover Fabulous Fall Fungi
Broad Meadow Brook Wildlife Sanctuary, Worcester

Date: Sunday, October 6 / 1:00–4:00 pm
Leader: Joe Choiniere, Central Sanctuaries Property Manager
Cost: $30 members, $42 nonmembers

Fungi are an important component of healthy ecosystems, especially forests, and autumn brings out an enticing array of mushrooms of diverse color, texture, shape, and size. We will seek out, among others: brittle-gills, milk mushrooms, waxy caps, puffballs, and the honey mushroom, arguably the largest organism on earth. Learn to recognize these fungi by studying their fruiting structures, and find out more about their role in the forest ecosystem. This program is held indoors and outdoors. Be prepared for easy walking on and off trail. Please note that we cannot safely discuss edibility of mushrooms during this course; if interested please contact the Boston Mycological Club at bostonmycologicalclub.org.

See Waterfowl in Greater Worcester
Worcester County

Date: Saturday, November 9 / 10:00 am–1:00 pm
Leader: Sheryl Pereira, Broad Meadow Brook Birding Instructor
Cost: $30 members, $42 nonmembers

Worcester County’s lakes and ponds host a rich assortment of ducks and grebes during fall migration season. Explore Leesville Pond and other sites in the greater Worcester area by van in search of migrating waterfowl. Learn to identify a variety of beautiful waterbirds in the field, explore some hidden local birding hot spots, and come away with a greater appreciation of these birds and the waterways they rely on. Hooded and Common mergansers, Green-winged Teal, American Widgeon, and Northern Pintail ducks are just some of the species we can expect to see. Meet at Broad Meadow Brook. Bring water and snacks. Bring binoculars if you have them (or borrow ours). This program involves short walks on uneven ground.

Owl Prowl for Adults
Broad Meadow Brook Wildlife Sanctuary, Worcester

Date: Friday, January 17 / 5:00–7:00 pm
Leader: Martha Gach, Broad Meadow Brook Conservation Coordinator
Cost: $18 members, $23 nonmembers

Owls are a prominent part of our folklore, and for good reason. Learn all about our native New England owls, including their behavior, adaptations, and ecology. You’ll become acquainted with some local owls, learn their calls, and search sanctuary trails for Eastern Screech and Great Horned owls. Afterward, enjoy light refreshments and learn more about these fascinating creatures of the dark. This program will be held indoors and outdoors, with moderate walking at dusk.
**Millbury Days**  
**Broad Meadow Brook Wildlife Sanctuary, Worcester**  
**Cosponsored by Wheelabrator Millbury**

**Dates:** Saturdays, October 12; January 18 / 9:00 am–4:00 pm  
**Ages:** Adults and families with children of all ages  
**Cost:** Free

Millbury residents receive free admission to Broad Meadow Brook four times a year, thanks to the generosity of Wheelabrator Millbury. Millbury Days celebrate the company’s longtime commitment to the sanctuary; take advantage of this great opportunity to explore and reconnect with nature!

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**Halloween Hike at Boo Meadow Brook**  
**Broad Meadow Brook Wildlife Sanctuary, Worcester**

**Dates:**  
**Ages:** Adults and families with children of all ages  
**Cost:**
- adults and children $7 members, $8 nonmembers, advanced registration  
- adults and children $10 members and nonmembers, at the door

At sundown, Broad Meadow Brook transforms into a magical, slightly haunted forest. Meet our resident “spirits” (native wildlife) during a guided tour through the woods on trails lit by softly glowing luminaria. Encounter old favorites and new characters as you learn about some of the creatures of New England and their many fascinating habits. **This event will be held indoors and outdoors. In case of rain, the program and activities will be held indoors. Small group tours will leave the Visitor Center every 10 to 15 minutes, beginning at 6:30 pm.**

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**Nature Adventures for Children**  
**Broad Meadow Brook Wildlife Sanctuary, Worcester**

**Dates:** Thursdays, September 12, 26; October 10, 24; November 7, 21; December 12 / 1:00–3:00 pm  
**Ages:** Children ages 5–7  
**Leader:** Tammy Fleming Maus, Broad Meadow Brook Teacher Naturalist  
**Cost:** $10 members, $14 nonmembers, per session

Classes provide in-depth, nature-based learning in a supportive social environment. Each session we will explore a new, seasonal nature topic through hands-on investigations, crafts, activities, and short hikes in Broad Meadow Brook’s beautiful 430-acre wildlife sanctuary. **Homeschool classes for ages 8 and up meet at the same time, see page 7.**

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**Biodiversity of Broad Meadow Brook (for Kids!)**  
**Broad Meadow Brook Wildlife Sanctuary, Worcester**

**Ages:** Children ages 7–12  
**Leader:** Elizabeth Broughton, Broad Meadow Brook Teacher Naturalist  
**Cost:** $75 members, $90 nonmembers, per series  

**FALL SERIES**  
**Dates:** Wednesdays, October 9, 16, 23, 30; November 6 / 1:00–3:00 pm

**WINTER SERIES**  
**Dates:** Wednesdays, January 15, 22, 29; February 5, 12 / 1:00–3:00 pm

Take a deeper look into the biodiversity of Broad Meadow Brook habitats during this five-part series. Each week we will investigate a different part of the sanctuary, looking at both plants and animals. Examine soil composition and water levels in our streams, ponds, and vernal pools. Journal your findings each day, and compare data across habitats and seasons.
Discovering Nature for Preschoolers Ages 4–5
Broad Meadow Brook Wildlife Sanctuary, Worcester

**Dates:** Tuesdays, September 17–January 14
     Wednesdays, September 18–January 15
     Thursdays, September 19–January 16
     / 9:30 am–12:00 pm

**Ages:** Children ages 4–5

**Leaders:** Tammy Fleming Maus & Darlene O’Connor,
Broad Meadow Brook Teacher Naturalists

**Cost:** $300 members, $375 nonmembers, per series

Each week we will explore nature through self-discovery, games, activities, stories, and crafts. Children will be guided through hands-on, inquiry-based explorations with one (or more) of our trained teacher naturalists. Join other children as we learn and play together, fostering a lifelong love of nature in a safe, caring environment. This 15-week series is designed for young children unaccompanied by a parent. Choose from Tuesdays, Wednesdays, and/or Thursdays. *No classes during public school vacations. Payment plans and financial aid are available—please inquire.*

Discovering Nature for 5- to 8-Year-Olds
Broad Meadow Brook Wildlife Sanctuary, Worcester

**Dates:** Tuesdays, September 17, 24; October 1, 8, 15, 22, 29;
     November 5, 12, 19; December 3, 10, 17; January 7, 14 / 1:00–3:30 pm

**Ages:** Children ages 5–8

**Leader:** Tammy Fleming Maus, Broad Meadow Brook Teacher Naturalist

**Cost:** $300 members, $375 nonmembers, entire series

This 15-week series will explore nature through hands-on experiments, activities, and investigations. Children will learn, play, and be guided by our trained teacher naturalists through hands-on, inquiry-based explorations designed to foster a lifelong love of nature in a safe, caring environment. *No classes the weeks of 11/24, 12/22, or 12/29. Storm date is the week of 1/19.*

**September 12: Beautiful Butterflies**
Broad Meadow Brook is home to more than 80 species of butterflies. Come learn about these beautiful creatures and how to attract them to your own backyard.

**September 26: Basic Botany**
What is the difference between a plant and a tree? How do plants reproduce? What is the basic anatomy of a flower? Find out more and practice your newfound identification skills as you explore the sanctuary.

**October 10: Spectacular Spiders**
What differentiates a spider from other arthropods? Where is their natural habitat, what do they eat, and why are so many people afraid of them? Learn about various species and see where they live on the sanctuary.

**October 24: Nature’s Engineers**
Search for beavers and other “eco-engineers” on the sanctuary. Learn about the history of beavers in America and how they continue to change our landscape many years after their re-introduction to the area.

**November 7: Stone Wall History**
Learn about the surprising science of stone walls and how they came to be in New England. See what makes them attractive habitat for both plants and animals. Go for a hike on the property and discover some stone walls you never knew were there.

**November 21: Sunset at the Sanctuary**
The sun sets early in late fall—perfect for learning about crepuscular animals (those active at twilight) and nocturnal animals that inhabit the sanctuary. We will search for signs of these and other animals along the trails. Families are welcome to stay after class as dusk settles on the trails to practice your observation skills.

**December 12: Mad Science**
What happens when you take ordinary kitchen ingredients and combine them in “just the right way”? Learn the simple science behind slime, try to walk on water, or launch your own rocket! Students will learn the scientific method of experimentation and how matter can change physically and chemically.

Learn more and register: massaudubon.org/broadmeadowbrook
Children & Family Programs
Preregistration required unless otherwise noted.

SCOUT PROGRAMS

Brownie Scout Badge Workshop: Outdoor Art Creator
Broad Meadow Brook Wildlife Sanctuary, Worcester

Date: Saturday, October 12 / 10:00 am–12:00 pm
Ages: Children ages 6-9
Cost: $8 members and nonmembers

Art can be found everywhere you look. Discover nature’s art and learn how you can create art outdoors in this badge workshop. Explore the sanctuary’s Nature Play Area and the Sensory Trail as you work on your badge. Due to limited space, please register by emailing spereira@massaudubon.org or calling 508-753-6087 x5015. Large troops are invited to arrange a separate workshop date.

Brownie Scout Badge Workshop: Outdoor Adventurer
Broad Meadow Brook Wildlife Sanctuary, Worcester

Date: Saturday, November 16 / 10:00 am–12:00 pm
Ages: Children ages 6-9
Leader: Broad Meadow Brook Staff
Cost: $8 members and nonmembers

Explore the outdoors at our special wildlife sanctuary, play a nature-themed game, and learn how to care for the environment. Discover the Nature Play Area and the Sensory Trail as you work on your badge. All workshops meet at the Visitor Center and include both indoor and trail activities. Due to limited space, please register by emailing spereira@massaudubon.org or calling 508-753-6087 x5015. Large troops are invited to arrange a separate workshop date.

Holiday Nature Crafts Open House for Scouts
Broad Meadow Brook Wildlife Sanctuary, Worcester

Date: Saturday, December 7 / 10:00 am–12:00 pm
Ages: Children ages 5-12
Leader: Broad Meadow Brook Staff and Volunteers
Cost: $6 members and nonmembers

View our Visitor Center tree, decorated with ornaments handcrafted from natural materials, then make your own. You will be guided through the process of creating several ornaments, or you can design your own. Enjoy some tasty holiday goodies and music while you craft. Drop in for holiday fun! Call 508-753-6087 or email spereira@massaudubon.org to register.

Junior Scout Badge Workshop: Detective
Broad Meadow Brook Wildlife Sanctuary, Worcester

Date: Saturday, January 4 / 10:00 am–12:30 pm
Ages: Children ages 8-11
Cost: $8 members and nonmembers

Investigate fingerprints, learn observation skills, and write in secret code. Then hike the trails to look for wildlife clues! Explore our Sensory Trail as you work on your badge. This program meets at the Visitor Center and includes indoor and outdoor trail activities. Broad Meadow Brook offers workshops for Junior badges and journeys. Due to limited space, please register by emailing spereira@massaudubon.org or calling 508-753-6087 x5015. Large troops are invited to arrange a separate workshop date.

Learn more and register: massaudubon.org/broadmeadowbrook
Nature Drop-in Day: Birds
Broad Meadow Brook Wildlife Sanctuary, Worcester

Date: Monday, October 14 / 9:30 am–3:00 pm
Ages: Families with children ages 3 and up
Leaders: Lisa Carlin, Broad Meadow Brook Assistant Sanctuary Director; Kathy Kennedy, Broad Meadow Brook Education Coordinator
Cost: adults $5 members, $6 nonmembers
      children $5 members, $6 nonmembers

Stop by our Education Center for a day full of nature activities. Enjoy self-directed crafts and make your own bird feeder. Learn different bird calls as well as how to use binoculars and how to identify some common “backyard” birds you might see at your feeders. Come along for one of our guided one-hour hikes at 10:00 am, 12:00 pm, or 2:00 pm.

Nature Drop-in Day: Getting Ready for Winter
Broad Meadow Brook Wildlife Sanctuary, Worcester

Date: Monday, November 11 / 9:30 am–3:00 pm
Ages: Families with children ages 3 and up
Leaders: Lisa Carlin, Broad Meadow Brook Assistant Sanctuary Director; Kathy Kennedy, Broad Meadow Brook Education Coordinator
Cost: adults $5 members, $6 nonmembers
      children $5 members, $6 nonmembers

Learn how plants and animals prepare for the colder temperatures of a New England winter. Stop by our Education Center for a day full of nature activities, including self-directed crafts. Learn about animal tracks and signs, and make your own animal track using plaster of Paris. Come along on one of our guided one-hour hikes at 10:00 am, 12:00 pm, or 2:00 pm.

Holiday Nature Crafts Open House
Broad Meadow Brook Wildlife Sanctuary, Worcester

Date: Saturday, December 14 / 1:00–4:00 pm
Leader: Broad Meadow Brook Staff and Volunteers
Cost: adults $6 members, $8 nonmembers
      children $3 members, $5 nonmembers

View our Visitor Center tree, decorated with handcrafted nature ornaments, then make some to take home. You will be guided through the process of creating several ornaments, or you can design your own. Enjoy holiday yummies and music while you craft. Drop in anytime 1 to 4 pm for some holiday fun! All craft materials provided. Registration required.

Hike into the New Year for Families
Broad Meadow Brook Wildlife Sanctuary, Worcester

Date: Wednesday, January 1 / 9:30 am–12:00 pm
Ages: Families with children ages 8 and up
Leader: Lisa Carlin, Broad Meadow Brook Assistant Sanctuary Director
Cost: adults Free for members, $7 nonmembers
      children Free for members, $4 nonmembers

Join us for a New Year’s hike! We will hike or snowshoe on the sanctuary, looking for animal tracks and other signs of wildlife as we follow the trails to ring in the New Year. Warm up with coffee and cocoa back at the Visitor Center. Please bring water and dress for the weather. Hike is approximately three miles, total. Bring snowshoes (or borrow ours).

Owl Prowl for Families
Broad Meadow Brook Wildlife Sanctuary, Worcester

Date: Saturday, January 18 / 5:00–7:00 pm
Ages: Families with children ages 5 and up
Leaders: Martha Gach, Broad Meadow Brook Conservation Coordinator; Kathy Kennedy, Broad Meadow Brook Education Coordinator
Cost: adults $15 members, $19 nonmembers
      children $5 members, $8 nonmembers

Are owls really wise? How do they fly so silently? Find out at this early-evening owl program. We’ll practice owl calls and search sanctuary trails for these magnificent creatures of the night, finishing with hot chocolate and games. Program will take place indoors and outdoors, walking trails at dusk.

Learn more and register: massaudubon.org/broadmeadowbrook
Wachusett Meadow Wildlife Sanctuary

massaudubon.org/wachusettmeadow

Wachusett Meadow Wildlife Sanctuary
113 Goodnow Road
Princeton, MA 01541
978-464-2712

News & Notes

Wondering what you can do at Wachusett Meadow? There may be more than you expected...

TRY SOMETHING NEW
Seasonal canoe and snowshoe rentals offer a perfect opportunity to try something new or enhance your visit. Canoe rentals are available May 1–October 31 for use on Wildlife Pond. Snowshoes are available in adult and kids sizes and can be used on all sanctuary trails when there is ground snow cover.

EV CHARGING STATIONS
Thanks to support from the Princeton Municipal Light Department, we have newly installed EV charging stations available for sanctuary visitors who drive electric vehicles.

HIKING OPTIONS FOR ALL AGES AND ABILITIES
Wachusett Meadow’s 1,100 acres includes over 12 miles of well-marked trails with many options for long or short hikes. Try the ADA-compliant trail to the South Meadow Oak, or the family-friendly trails up to the Nature Play Area and Glacial Boulder. For a more strenuous hike, take on the challenge of Brown Hill Summit, or combine several miles of connected loops along meadows, wetlands, and deep woods.

STAY FOR LUNCH & MORE
Local businesses offer options for breakfast, lunch, dinner, or trail snacks just minutes from the sanctuary. We also have many spots to choose from if you decide to bring along a picnic lunch.

VISIT THE SHEEP
Visit our lovely historic farm buildings and enjoy time with our resident sheep flock. They are busy growing wool, sold as yarn and other products in our gift shop.

We hope you find something you love while exploring our sanctuary. Come back with your company, friends, and family next time! We offer rental space opportunities for family reunions, organizational retreats, and off-site corporate meetings.

Deb Cary, Central Sanctuaries Director
Cindy Dunn, Wachusett Meadow Assistant Sanctuary Director

Reminders

Preregistration is required unless otherwise noted.

Please check program location, as some are held off-site.

The cost of program materials is included unless otherwise noted.

This sanctuary has accessible features.

Connect with Us

Facebook & Instagram: @massaudubonwachusettmeadow

Weather & Gear

Most programs take place outdoors, rain or shine. Participants will be notified ahead of time if a program is canceled due to inclement weather. Please bring water and wear sturdy, closed-toe footwear (sneakers or hiking shoes). Sunblock and insect repellent are recommended.
NATURE ADVENTURES FOR YOUNG FOLKS
Fall & Spring Registration is Open!
Introduce your child to all the outdoors has to offer at this weekly drop-off program for ages 3.5–6. See page 16.

HEY DAY
Saturday, September 14 / 11:00 am–5:00 pm
Cosponsored by the Town of Princeton Agricultural Commission & the Princeton Arts Society
Come on down for farm demonstrations, live music, local crafters, and locally made cider, baked goods, cheese, and produce for sale! Kids will enjoy pony rides, hayrides, a mini-maze, farm animals, and pumpkin painting. See page 15.

HALLOWEEN NIGHT HIKE & HAYRIDE
Saturday, October 26 / 6:00–8:00 pm
Soak in the sounds of the night on a guided hike, make a Halloween craft, go on a hayride with friends and family, learn about nocturnal wildlife, warm up by the bonfire, and join us for Halloween goodies. See page 15.

"Jenn is a real spark plug for so much of what happens at Wachusett Meadow and Broad Meadow Brook," says Central Sanctuaries Director Deb Cary. "She has connected us to many new audiences through social media, helped to increase educational program enrollments, and produces a fabulous monthly newsletter. Three cheers for Jenn!"

Q: How did you first get introduced to Wachusett Meadow?
A: I first discovered Wachusett Meadow when my son was enrolled in our Nature Adventures Preschool program. While he attended, I hiked sanctuary trails with other parents, joined our Tuesday morning volunteer crew, and became acquainted with many staff, volunteers, and visitors. Several years later I returned as a Visitor Services staff member and have since taken on the role of Marketing Coordinator for the Central Sanctuaries in addition to welcoming guests to Wachusett Meadow several days a week.

Q: What does your job entail?
A: I’m passionate about all of the great programming at Wachusett Meadow and do my best in getting the word out about upcoming offerings through print and social media.

Q: What do you do when you’re not at work?
A: When I’m not working, I enjoy spending time hiking and exploring new places with family and friends!

Learn more and register: massaudubon.org/wachusettmeadow
Adult Programs
Preregistration required unless otherwise noted.

RELAX WITH NATURE

Yoga at the Sanctuary
Wachusett Meadow Wildlife Sanctuary, Princeton

Dates: Sundays, September 8; October 6 / 10:00–11:00 am
Leader: Jen Songer, Certified Yoga Instructor
Cost: $12 members, $15 nonmembers, per session

In this outdoor yoga class, connect with your breath, body, mind, and nature with Wachusett Meadow as your backdrop. This class is appropriate for all levels, from beginners to advanced practitioners, as several modifications will be given for each pose (asana). If there is inclement weather, class will be indoors. Bring a yoga mat and water.

Shinrin-Yoku "Forest Breathing" Guided Sanctuary Walks
Wachusett Meadow Wildlife Sanctuary, Princeton

Dates: Saturdays, September 7; October 26 / 10:30–11:30 am
Leader: Dr. Roxanne E. Daleo, Ph.D. and Health Educator
Cost: $5 members, $7 nonmembers, per session

Slow down and breathe in the "medicine" of nature. Connect with the natural world in a healing, calming, and replenishing way through a series of gentle guided walks with Dr. Roxanne Daleo, a renowned health educator who specializes in relaxation and stress reduction. Look to the wisdom of nature for effective ways to relax and reinvigorate yourself, and learn methods for revisiting and reliving these calming experiences when you are feeling anxious, lonely, or depressed. Dr. Daleo trained at Harvard Division of Behavioral Medicine and has more than 25 years of experience as a clinician, instructor, and consultant in a variety of business and health care settings.

Wachusett Meadow Nature Walks
Wachusett Meadow Wildlife Sanctuary, Princeton

Dates: Thursdays, September 19; October 10 / 10:30 am–12:00 pm
Leader: John Ryan, Wachusett Meadow Teacher Naturalist
Cost: Free for members and Princeton residents $5 nonmembers, per session

Explore Wachusett Meadow’s beautiful trails during these guided, relaxed-pace walks. Our teacher naturalist guide will help you spot and learn more about a variety of wildlife that live in Central Massachusetts. Participants are also invited to bring a lunch and picnic with us after the hike (indoor and outdoor space available).

September 19: Wetland Seasonal Changes
October 10: Forest Seasonal Changes

Canoe by Moonlight
Wachusett Meadow Wildlife Sanctuary, Princeton

Date: Saturday, September 21 / 6:00–8:00 pm
Leader: Cindy Dunn, Wachusett Meadow Assistant Sanctuary Director
Cost: $12 members, $17 nonmembers

Take a quiet paddle on Wachusett Meadow’s Wildlife Pond in search of beavers, wood ducks, bullfrogs, kingfishers, and other wetland wildlife. Dusk is a wonderful time to be on the water to observe active wildlife and picturesque lighting. Bring binoculars or borrow ours. Boats, paddles, and personal flotation devices will be provided.
**BIRDING PROGRAMS**

**Monday Morning Bird Walks**  
Wachusett Meadow Wildlife Sanctuary, Princeton

<table>
<thead>
<tr>
<th>Date</th>
<th>Mondays, September 16, September 30, October 14, October 28 / 8:00–10:00 am</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leader</td>
<td>Alison O’Hare, Mass Audubon Birder’s Certificate Program Graduate</td>
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<tr>
<td>Cost</td>
<td>$9 members, $13 nonmembers, per session</td>
</tr>
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</table>

Migratory songbirds may be gone until spring, but that doesn’t mean it’s time to hang up your binoculars! Fall is a great time of year to become better acquainted with our resident birds, as well as with migrating sparrows and waterfowl. Walks are designed to assist beginners with tips on bird identification and provide intermediate birders with an opportunity to increase their overall birding knowledge and skills. *Bring binoculars if you have them.*

**Brown Hill Hawk Watch**  
Wachusett Meadow Wildlife Sanctuary, Princeton

<table>
<thead>
<tr>
<th>Date</th>
<th>Sunday, September 22 / 1:00–3:00 pm</th>
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<tbody>
<tr>
<td>Leader</td>
<td>Alison O’Hare, Mass Audubon Birder’s Certificate Program Graduate</td>
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<tr>
<td>Cost</td>
<td>$9 members, $13 nonmembers</td>
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Learn about the natural history of New England birds of prey, followed by a hike up Brown Hill (moderately difficult) to observe fall migration. September is an ideal month to watch for several migrating hawk species, and the numbers can be astounding. Other birds are on the move as well, so we’ll look for fall warblers, sparrows, and more. *Space is limited; early registration is recommended. Bring binoculars if you have them.*

**Learn How to Identify Sparrows**  
Wachusett Meadow Wildlife Sanctuary, Princeton

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<thead>
<tr>
<th>Date</th>
<th>Sunday, September 29 / 9:00 am–2:00 pm</th>
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<tbody>
<tr>
<td>Leader</td>
<td>Alison O’Hare, Mass Audubon Birder’s Certificate Program Graduate</td>
</tr>
<tr>
<td>Cost</td>
<td>$23 members, $32 nonmembers</td>
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</tbody>
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What comes to mind when you think of sparrows? If your answer is “little brown birds that look alike and are impossible to identify,” then this program is for you! Learn how to approach sparrow identification best and review field marks with the experts. Then, head outside to search for sparrows in the field and practice techniques learned in class. After this program, you’ll think about—and look at—sparrows in a very different way. *Bring binoculars if you have them.*
Adult Programs
Preregistration required unless otherwise noted.

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**Make Your Own Snowshoes**
*Wachusett Meadow Wildlife Sanctuary, Princeton*

**Dates:** Thursdays, October 3–24 / 6:00–8:30 pm  
**Leader:** Cindy Dunn, Wachusett Meadow Assistant Sanctuary Director  
**Cost:** $210 members, $235 nonmembers, *entire series* (materials included)

Winter is just around the corner, and snowshoeing is a superb way to enjoy the season. Whether you are new to snowshoeing or experienced, we will help you craft a pair of traditional Ojibwa or Green Mountain snowshoes to be ready for the first snow of the season. Both styles are efficient and preferred designs for beginners and experts alike. This course offers a discounted rate on exceptional-quality materials from Country Ways, and easy, guided instruction. With a little care, these snowshoes will last a lifetime! *Space is limited and materials will be ordered in advance; early registration is recommended.*

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**Wildlife in Winter**
*Wachusett Meadow Wildlife Sanctuary, Princeton*

**Date:** Wednesday, October 16 / 10:00 am–12:00 pm  
**Leader:** John Ryan, Wachusett Meadow Teacher Naturalist  
**Cost:** $9 members, $13 nonmembers

Plants and animals have a variety of remarkable strategies to survive a northern winter. This program will include an indoor introduction followed by an outdoor exploration of several sanctuary habitats. *Hiking will be at a relaxed pace, but may include uneven terrain and sturdy footwear is recommended.*

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**Classics & Curiosities:**
*A Once-a-Year Book Club*  
*Wachusett Meadow Wildlife Sanctuary, Princeton*

**Date:** Sunday, November 17 / 2:00–3:30 pm  
**Leaders:** Alison O'Hare, Mass Audubon Birder's Certificate Program Graduate; Kristin Steinmetz, Wachusett Meadow Education Coordinator  
**Cost:** $7 members, $10 nonmembers

This once-a-year book club pairs natural history books with interesting specimens from the sanctuary's permitted natural history collection. This year, we're reading Thor Hanson's *Feathers: The Evolution of a Natural Miracle*, available at libraries and bookstores. After a short book discussion, we'll examine feathers from the sanctuary collection, watch a short presentation about the science of feathers, and discuss the role of feathers in bird evolution and human culture. All are welcome—no science background required.

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Learn more and register: massaudubon.org/wachusettmeadow
All Ages Programs
Suitable for adults and families with children of all ages.

Helping Wildlife:
Monarch Butterfly Tagging
Wachusett Meadow Wildlife Sanctuary, Princeton

Date: Saturday, September 7 / 1:00–3:00 pm
Ages: Adults and families with children of all ages
Leader: Cindy Dunn, Wachusett Meadow Assistant Director
Cost: adults $9 members, $13 nonmembers
      children $6 members, $8 nonmembers

The annual migration of Eastern Monarch butterflies to central Mexico (and back) is one of the most remarkable events in nature. Tagging adult Monarchs in migration is part of a continent-wide research and conservation effort that Wachusett Meadow has participated in for many years. Spend an afternoon tagging Monarchs, learn about other fall butterflies like ringlets and wood nymphs, and find out how you can help Monarchs in your own backyard.

Hey Day
Wachusett Meadow Wildlife Sanctuary, Princeton
Cosponsored by the Town of Princeton Agricultural Commission & the Princeton Arts Society

Date: Saturday, September 14 / 11:00 am–5:00 pm
Rain Date: Sunday, September 15 / 11:00 am–5:00 pm
Ages: Adults and families with children of all ages
Leaders: Wachusett Meadow Staff
Cost: adults $10 members and nonmembers
      children $10 members and nonmembers*
      or $30 per carload

Listen to live music, shop local crafters, and taste locally made cider, baked goods, and cheese for sale. Kids will enjoy free pony rides, hayrides, a mini-maze, farm animals, and pumpkin painting. If you’re a fan of the arts, the Princeton Arts Society will be hosting an art demonstration and art sale. Mass Audubon members also receive 50 percent off at the Wachusett Meadow gift shop during Hey Day. *Children ages 2 and under receive free admission.

Halloween Night Hike & Hayride
Wachusett Meadow Wildlife Sanctuary, Princeton

Date: Saturday, October 26 / 6:00–8:00 pm
Rain Date: Sunday, October 27 / 6:00–8:00 pm
Ages: Adults and families with children of all ages
Leaders: Wachusett Meadow Staff
Cost: adults $10 members, $14 nonmembers
      children* $7 members, $9 nonmembers

This Halloween season, soak in the sounds of the night on a guided hike, learn about nocturnal wildlife, and make a Halloween craft. Go on a hayride with friends and family, warm up by the bonfire, and join us for Halloween tricks and treats. *Children ages 2 and under receive free admission.
Preschool Story & Nature Hour
Wachusett Meadow Wildlife Sanctuary, Princeton

Dates: Select Fridays / 10:30–11:30 am
Ages: Children ages 2.5–5 accompanied by an adult
Leader: Chris Eaton, Wachusett Meadow Lead Educator
Cost: adult/child pair $3 members, $4 nonmembers, per session

Come for an hour of nature-themed fun with your youngster. We'll read an engaging storybook, make a nature craft to take home, and walk on one of the sanctuary's beautiful trails. Themes include:

- September 13: Falling Leaves
- September 27: Hawks in the Sky
- October 11: Spiders
- October 25: Pumpkins
- November 8: Who Lives in the Woods?
- November 22: Make a Dried Flower Centerpiece
- December 13: Bears
- December 20: Gift for the Birds

Stay for an additional half hour for free play and socialization in the classroom or play yard. Dress for a walk outside.

Nature Adventures for Young Folks: Fall Series
Wachusett Meadow Wildlife Sanctuary, Princeton

Ages: Children ages 3.5–6
Leaders: Chris Eaton, Wachusett Meadow Lead Educator; Peg Spaulding, Teacher Naturalist

16 SESSIONS:
Dates: Tuesdays, September 17–January 21 / 9:30–11:30 am or 12:45–2:45 pm
or Thursdays, September 19–January 23 / 9:30–11:30 am or 12:45–2:45 pm
Cost: $225 members, $290 nonmembers, entire series

32 SESSIONS:
Dates: Tuesdays and Thursdays, September 19–January 23 / 9:30–11:30 am or 12:45–2:45 pm
Cost: $450 members, $515 nonmembers, entire series

Discover all the outdoors has to offer on guided nature walks. We'll do nature activities, sing songs, play games, eat a snack, and enjoy Circle Time together. We'll also look at letters, make rhymes, practice counting, and learn about the natural world—all while having fun. Each class has a 10-minute leeway for pick-up. Lunch is available for all sessions for an additional $7 per day. Please call for more information.

Make a Holiday Evergreen Wreath
Wachusett Meadow Wildlife Sanctuary, Princeton

Date: Sunday, November 17 / 1:00–3:00 pm
Ages: Adults and families with children ages 3 and up
Leaders: Chris Eaton, Wachusett Meadow Lead Educator; Bob Paulson, Wachusett Meadow Volunteer
Cost: $25 members, $35 nonmembers

Identify different types of evergreens and make a decorative wreath using greens, winterberry, seed pods, and ribbon—a perfect gift for the holiday season! Cost includes materials to make one wreath.
SCOUT PROGRAMS

Open to troops and individual scouts accompanied by an adult. Space is limited.

**Girl Scouts: Art in the Outdoors, Naturally!**
Wachusett Meadow Wildlife Sanctuary, Princeton

**Date:** Saturday, October 5 / 10:00 am–12:00 pm
**Ages:** Children ages 5-11 accompanied by an adult
**Leader:** Jennifer Reilly, Wachusett Meadow Group Program Coordinator; Wachusett Meadow Staff
**Cost:**
- adults Free
- children $10 members and nonmembers

Find your artistic inspiration at our 1,100-acre wildlife sanctuary! We’ll head out for a brief walk along sanctuary trails to gather natural materials and inspiration for an art project. Indoors, we’ll create nature-inspired works of art while meeting the requirements for the Girls’ Choice “Art in the Outdoors” badge. This session is especially geared toward Daisies and Brownies. All materials included in cost.

**Girl Scouts: Be a Friend to Nature**
Wachusett Meadow Wildlife Sanctuary, Princeton

**Date:** Saturday, November 9 / 1:00–3:00 pm
**Ages:** Children ages 5-8 accompanied by an adult
**Leader:** Jennifer Reilly, Wachusett Meadow Group Program Coordinator; Wachusett Meadow Staff
**Cost:**
- adults Free
- children $8 members and nonmembers

Discover ways that we can treat nature and wildlife with kindness! Explore sanctuary trails and learn the many ways people and nature interact. Practice how to build a safe campfire, observe how we take care of wildlife at the sanctuary, and discuss other ways that people can help the outdoors while meeting the requirements for the "Eco Friend" badge. Space is limited; early registration is encouraged.

**Homeschool Programs**
Wachusett Meadow Wildlife Sanctuary, Princeton

**Dates:** Select Fridays / 1:00–3:00 pm
**Ages:** Families with children of all ages
**Leader:** Chris Eaton, Wachusett Meadow Lead Educator
**Cost:**
- adults Free
- children $10 members, $14 nonmembers, per session

**September 13: Hawk Watching on Brown Hill**
September is the best time of the year to hike up Wachusett Meadow’s Brown Hill for a chance to witness the spectacular hawk migration firsthand. We may see hundreds of broad-winged hawks (as well as other species of hawks, falcons, and more) flying overhead as they make their way to South America for the winter. **Bring binoculars if you have them or borrow ours.**

**October 11: Princeton’s Early Settlers**
Learn more about the colonial way of life, and the unique challenges faced by early settlers of Princeton. Visit the site of the first-ever town meeting: a nearly 300-year-old farmhouse that predates all of Princeton’s public buildings. Find out how this history-rich Massachusetts town got its start.

**November 8: The Goodnow Family, Builders of the Sanctuary Farmhouse**
Hear the tales of the Goodnow house and explore the entire building, including the attic and cellar. Churn homemade butter, draw water from the well, use a two-man saw, and bake some biscuits in a Dutch oven (weather permitting).

**December 13: Historic Artifacts of Early Princeton**
Visit the Princeton Historical Society to view early artifacts from the very first days of Princeton. Hear Princeton’s most prolific ghost story, the eerie legend of Lucy Keyes. We’ll also visit the original Town Pound (an ancient pen used to contain escaped farm animals) and an early cemetery.

Learn more and register: massaudubon.org/wachusettmeadow
Central MA

**Broad Meadow Brook Conservation Center & Wildlife Sanctuary, 430 Acres**

414 Massasoit Road | Worcester
508-753-6087 | bmbrook@massaudubon.org
massaudubon.org/broadmeadow
facebook.com/massaudubonbroadmeadowbrook

Broad Meadow Brook in Worcester is the largest urban wildlife sanctuary in New England, more than 400 acres cooperatively managed or owned by Mass Audubon. Interpretive signs will guide you along trails through woods, fields, streams, and marsh. This sanctuary also serves as a visitor center for the National Park Service’s Blackstone River Valley National Heritage Corridor.

**Nature Center Hours:**
Tuesday–Saturday, 9:00 am–4:00 pm
Sunday, 12:30–4:00 pm
Closed Mondays

**Trail Hours:** Daily dawn to dusk

**Admission:**
Mass Audubon members and Worcester residents: Free
Nonmembers: $4 adults; $3 children (2–12); $3 seniors (65 and older)

**Latitude/Longitude:** 42.232912, -71.764259

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**Burncoat Pond Wildlife Sanctuary, 245 Acres**

Greenville Street, Spencer
978-464-2712 | massaudubon.org/burncoatpond

Burncoat Pond Wildlife Sanctuary, which encompasses the complete northern cove of its namesake pond, provides critical habitat for resident and migratory wildlife. Its moderate-to-rugged trails also offer an opportunity for a peaceful walk through fields and hardwood white pine forest, skirting wetlands, passing over streams, and ending at the pond.

**Latitude/Longitude:** 42.238352, -71.963552

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**Cook’s Canyon Wildlife Sanctuary, 60 Acres**

South Street, Barre
978-464-2712 | massaudubon.org/cookscanyon

Named for the small ravine in which Galloway Brook flows, Cook’s Canyon was once an early 20th-century tourist destination. The main attraction: a waterfall that descends in a series of cascades over rocky ledges.

**Latitude/Longitude:** 42.417917, -72.105895

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**Eagle Lake Wildlife Sanctuary, 362 Acres**

Causeway Street, Holden
978-464-2712 | massaudubon.org/eaglelake

With everything from large red oaks to extensive wetlands, Eagle Lake supports a wealth of wildlife. The canopy of mature forest provides nesting sites for scarlet tanagers, great crested flycatchers, and rose-breasted grosbeaks. The pond attracts numerous waterfowl during spring and fall migration.

**Latitude/Longitude:** 42.357830, -71.896248

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**Flat Rock Wildlife Sanctuary, 326 Acres**

Ashburnham Hill Road, Fitchburg
978-464-2712 | massaudubon.org/flatrock

At Flat Rock, just minutes from downtown Fitchburg, the bustling sounds of the city fade into a chorus of songbirds, rustling leaves, and zipping dragonflies. This wooded area provides habitat for species needing relatively large territories such as the fisher, coyote, and red fox. Bobcats and black bears occasionally travel through these woods over rocky ledges and through hemlock groves.

**Latitude/Longitude:** 42.600449, -71.824539

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**Lake Wampanoag Wildlife Sanctuary, 368 Acres**

Raymond Street, Gardner
978-464-2712 | massaudubon.org/lakewampanoag

Since Lake Wampanoag is one of the lesser visited wildlife sanctuaries, it’s easy to be alone there. That is, of course, if you don’t count the fascinating wildlife that inhabit this sanctuary including moose, bears, deer, bobcats, and coyotes. The ecologically managed grasslands (e.g., mowing late in the season) support bobolinks and Savannah sparrows.

**Latitude/Longitude:** 42.611128, -71.966619

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**Lincoln Woods Wildlife Sanctuary, 63 Acres**

Union Street, Leominster
978-464-2712 | massaudubon.org/lincolnwoods

Lincoln Woods offers a small dose of nature in the heart of Leominster. The sanctuary’s trail system, which ranges from level to short slopes with surfaces that are smooth to uneven, traverses the mature woodlands.

**Latitude/Longitude:** 42.51456, -71.76125

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**Nashoba Brook Wildlife Sanctuary, 420 Acres**

Concord Road (Route 225), Westford
978-464-2712 | massaudubon.org/nashobabrook

Migrating songbirds rest and feed in the fields and woodlands of Nashoba Brook. Foxes, owls, and hawks hunt for small prey in the grass, by the stream, or atop stone walls. This mostly wooded property consists of various sanctuary parcels and the town of Westford’s Richard Emmet Conservation Land. Please note: Parking area is not plowed in winter.

**Latitude/Longitude:** 42.551579, -71.4324649

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**Pierpont Meadow Wildlife Sanctuary, 211 Acres**

Marsh Road, Dudley
978-464-2712 | massaudubon.org/pierpontmeadow

Nature has reclaimed parts of this former farmland that was, at one time, entirely cleared for agricultural purposes. Stone walls still stand amidst pine groves and along the edge of meadows. Valuable shrubland provides nesting habitat for a number of declining bird species such as the brown thrasher and eastern towhee. Please note: Sanctuary is located on Marsh Road and not Henry Marsh Road.

**Latitude/Longitude:** 42.081114, -71.907910
Western MA

**POOR FARM HILL WILDLIFE SANCTUARY, 53 ACRES**
West Main Street, New Salem
978-464-2712

Poor Farm Hill Wildlife Sanctuary is part of a large mosaic of conservation land located in New Salem. The expansive area provides forest habitat for warblers and ground-nesting birds as well as large mammals including bobcat, black bear, and moose.

**LATITUDE/LONGITUDE:** 42.5029,-72.33948

**ROCKY HILL WILDLIFE SANCTUARY, 441 ACRES**
Cardinal Lane, Groton
978-464-2712

Located on the Groton-Ayer town line, Rocky Hill Wildlife Sanctuary is a land of impressive ledges, large boulders, beaver ponds, vernal pools, and extensive uninterrupted woodlands. The sanctuary lies within a stat-designated Area of Critical Environmental Concern and supports moose, beavers, and porcupines, as well as nearly 100 species of birds and more than 240 plant species. Please note: Parking area may not be plowed in winter.

**LATITUDE/LONGITUDE:** 42.581056,-71.531061

**RUTLAND BROOK WILDLIFE SANCTUARY, 1,779 ACRES**
Off of Pat Connor Road, Petersham
978-464-2712 | massaudubon.org/rutlandbrook

Combined with neighboring conservation lands, Rutland Brook is part of one of the most extensive parcels of uninterrupted protected land in central Massachusetts. Here, moderate-to-strenuous interlinking trails wind through cathedral-like stands of hemlock and white pine and along boulder-strewn Rutland Brook.

**LATITUDE/LONGITUDE:** 42.463191,-72.161287

**WACHUSETT MEADOW WILDLIFE SANCTUARY, 1,124 ACRES**
113 Goodnow Road | Princeton
978-464-2712 | wachusett@massaudubon.org | massaudubon.org/wachusettmeadow | facebook.com/massaudubonwachusettmeadow

Wachusett Meadow is a former farmstead that offers spectacular scenery and supports abundant wildlife throughout woodlands, wetlands, and meadows. Historic buildings and barns are still in use for educational programming and resident sheep graze the pastures. Trails traverse many interesting features including Brown Hill Summit, Glacial Boulder, ancient trees, and beaver ponds.

**NATURE CENTER HOURS:**
Tuesday–Friday, 10:00 am–2:00 pm
Saturday, 10:00 am–4:00 pm
Sunday and Monday Holidays, 12:30–4:00 pm
Closed Mondays

**TRAIL HOURS:** Daily dawn to dusk

**ADMISSION:**
Mass Audubon members and Princeton residents: Free
Nonmembers: $4 adults; $3 children (2–12); $3 seniors (65 and older)

**DIRECTIONS:** From Rt. 62/Rt. 31 intersection at Princeton Center Common, follow Rt. 62 West for 0.6 miles. Turn right onto Goodnow Road. and parking lot is 1 mile ahead on the left.

**CONWAY HILLS WILDLIFE SANCTUARY, 105 ACRES**
South Deerfield Road (Route 116), Conway
978-464-2712 | massaudubon.org/conwayhills

Once, cow pastures along with hay and tobacco fields covered much of the area. Now, many of the fields have reverted to forests, which provides habitat for coyotes, bears, moose, and bobcats. A single loop trail with a moderate ascent takes you through a previously harvested white pine and hemlock forest, past aging stone walls, by a large sugar maple "wolf" tree, and over some rocky ledges. Please note: Only roadside parking available.

**DIRECTIONS:** 4.5 miles west on Rt. 116 from I-91 and Rt. 5.

**GRAVES FARM WILDLIFE SANCTUARY, 607 ACRES**
Adams Road, Williamsburg
413-584-3009 | massaudubon.org/gravesfarm

For more than 125 years, this property was managed as a dairy farm. The now-protected wildlife sanctuary is complete with mixed forest, dramatic geologic features, pristine cold-water streams, and serene pastoral landscapes.

**DIRECTIONS:** North on Depot Road from Rt. 9. Right on Adams Road. Half mile to entrance.
REGISTRATION
Advance registration with full payment is required for all programs unless otherwise noted. You may call in advance to inquire about space availability, but we cannot hold a space for you until we have received your payment in full. Please register early as many programs fill quickly. If you are registering for a class and less than one week remains before the program begins, please call the wildlife sanctuary that is hosting the program to confirm space availability. If you are not a Mass Audubon member, you may join when you register and pay the member program fee.

THREE EASY WAYS TO REGISTER!
Online: Register online at massaudubon.org/catalog. (Please note: Some programs and trips do not take online registration. In these instances, please call the wildlife sanctuary that is hosting the program during business hours.)
By Phone: Our staff will be happy to complete your registration with a credit card by phone.
In Person: Stop by the wildlife sanctuary that is hosting the program to register in person. (Please note: In-person registration should be done prior to the program start date to ensure space availability.)

REGISTRATION CONFIRMATION
Written confirmation is not sent for every program. If you would like to receive written confirmation, please let the wildlife sanctuary that is hosting the program know at the time of registration. You will be notified if a program is full and you have been added to a waitlist. Please read all correspondence carefully as it may contain important program information such as what to bring or wear, directions to a location, etc.

WAITLISTED PROGRAMS
Most programs have minimum and maximum enrollments depending on the type of class and instructional techniques. Some programs have waitlists. If the program of your choice is full, you will be placed on a waitlist when there is one. If you do not wish to remain on the waitlist, please notify the wildlife sanctuary that is hosting the program and a refund will be issued.

We will notify you at least 24 hours in advance of the program only if space becomes available. If space does not open up, you will receive a full refund within three weeks of the program date.

CANCELLATION/REFUND
To receive a refund for a program you no longer plan to attend, you must notify the wildlife sanctuary that is hosting the program at least one week prior to the program start date. Each wildlife sanctuary reserves the right to change programs, schedules, and instructors or to cancel programs due to low enrollment. A full refund will be processed if the wildlife sanctuary cancels the program. Refunds require approximately three weeks for processing. Please be aware that summer camp and vacation week programs have a separate refund policy. Please refer to the camp brochure or call for this information.

INCLEMENT WEATHER
Most programs are held rain or shine; please dress accordingly. If a program is canceled as a result of extreme weather conditions, an attempt to notify all participants will be made and full refunds will be issued. If you have any questions about the status of a program, please call the wildlife sanctuary that is hosting the program. For programs that specify a rain, cloud, or snow date, we recommend that you hold the alternate date open. Refunds will not be issued if the class is switched to its alternate date and you are not able to attend.

ADDITIONAL INFORMATION
If you have additional questions about registration policies or a particular program, please call the wildlife sanctuary that is hosting the program.