



Moose Hill Camp
293 Moose Hill Parkway
Sharon, MA 02067
moosehillcamp@massaudubon.org

Summer 2019

Dear *Adventure Camp* family,

We at Moose Hill Camp are happy that you are joining us this summer for one (or more!) of our *Adventure Camp* sessions. *Adventure Camp* is an exciting opportunity for you to challenge yourself, reflect on your experiences, have fun, and explore new things. All sessions are designed to excite and enrich the older camper and each session may include teambuilding, natural history study, day trips, and/or an overnight.

TODAY:

1. Review the enclosed **Preliminary Itinerary**. Pick up times and activities are not yet finalized, but every effort will be made to adhere to these times. A final itinerary will be emailed to you're the week prior to your camp week. Please be advised that:
 - The Camp van may need to leave shortly after 9:00 am in order to make reserved programs
 - Your family must be prepared to be understanding if the vehicles are stuck in traffic and are late in returning to camp
2. Equipment—**No special equipment is needed for most sessions, but you need to have sturdy shoes for all activities and water shoes for water-based activities. If your session includes an overnight, see the Overnight Equipment List provided here. Refer to the "Moose Hill Camp Handbook" for additional details about camp.**
3. Study the enclosed **Adventure Camp Agreement** and determine that you can comply with all the stipulations.
4. Because of the off-site nature of this program and the special activities offered you must include the following forms in order for health form packet to be complete:
 - **Copy of your child's insurance card**
 - **Signed Swimming Agreement (for Week 7 up at Mass Audubon Wildwood)**
 - If these forms are late, then your child will not be able to leave the property

Special refund opportunity: If the camper or guardians determine that you cannot comply with the expectations stated here (or have difficulties with the schedule as described), you may contact us no later than **one week** of receiving this packet for a refund of your deposit. After that time deposits are nonrefundable and nontransferable.

Please contact me with any questions at 781-784-5691 x8104 or macciavatti@massaudubon.org. I look forward to meeting everyone and having a summer full of adventure!

Sincerely,
Michael

Michael P.A. Scutari, Teacher Naturalist II

Moose Hill's Adventure Camp Agreement for camper and guardian

Parents are expected to read this agreement upon receiving it and to discuss it with the camper. These guidelines have been put in place for the safety and cohesiveness of the entire group. By attending camp, it is assumed that the camper and guardian have read this agreement, agreed to follow the stated guidelines, and the camper intends to be an active participant of the Moose Hill Adventure Camp program. Campers will create their own additional group-specific agreement on the first day of camp.

To be an active participant of Moose Hill's Adventure Camp:

- You are expected to be prepared for each day.
- You are expected to be on time each day. Vehicles may leave within 7 minutes of stated drop off times. If the vehicles leave without you, you will not be put into the Nature Day Camp program.
- Nature study and environmental education is a part of all Mass Audubon camps. You are expected to be an engaged and respectful participant.
- You must be physically fit and prepared physically for the activities mentioned in the itinerary.
- If you are seen by a doctor due to an injury or illness, your further participation in the program will be evaluated by our staff and a determination made as to whether participation in the other activities is appropriate and safe. If it is determined that you cannot participate, no refund will be given and we cannot guarantee space in our other camps.
- Staff will determine the tent mates and vehicle seating arrangements. By being an Adventure Camper you are making a decision to expand your horizons and make new friends.
- If a swimming activity becomes scheduled, a lifeguard will assess the level of skill, and you must adhere to any decision or regulation the lifeguard and/or staff makes. (*Again, **for Week 7 at Mass Audubon Wildwood ONLY**)
- While canoeing and/or kayaking you will wear a PFD (flotation device) at all times. You must adhere to any decision and rules the staff makes. You must be comfortable in the water since it is possible that you may be tipped out of the canoe. Rough-housing and jumping out of the canoe is not allowed.
- If the Moose Hill staff determine that a participant is not ready for any portion of the camp experience due to a behavioral, emotional, or physical ability issue, the guardian will be informed. Moose Hill is not responsible to provide alternate care for this camper and no

monetary refund will be provided.

- ❑ **Emergency pick-up: The parent/guardian is responsible for pick up if during a trip their camper becomes ill, injured, or has a behavioral problem. The camp will contact you to arrange a pick up site convenient to the *Adventure Camp* program.**
- ❑ Activities may or may not include low and/or high ropes courses.
- ❑ **The use of cell phones and text messaging is prohibited during camp.** You will not post photos of any fellow camper on any webpage neither will you post any negative comment regarding a fellow camper on any web-based site.

What not to bring to camp: Do not bring electronic devices, collectable cards, personal treasures, sports equipment and/or expensive items to camp. Cell phones are not to be used during the camp day. Mass Audubon is not responsible for lost or damaged articles that have been brought to camp. Pocketknives, matches, firearms/ammunition, or other potentially dangerous items are not allowed and are grounds for dismissal from the program. The possession or use of tobacco, alcohol, drugs and weapons are prohibited. No animal is allowed in camp without prior permission from the Camp Director.

Adventure Camp 2019

Session Goals/Theme Weeks and Preliminary Itinerary

This **preliminary schedule may change** and even the final schedule is **subject to change** depending on the weather. You will be emailed the final itinerary a week prior to the actual Adventure Camp week. The overnight dates will not change and we will do our best to keep to any extended days as possible.

Please note that:

- Check-in and check-out will occur at the Adventure Camp table—you will be directed to this area on the first day of the session. Campers must be signed in and out of camp by an adult each day. See the Camp Information Packet for further details about Moose Hill Camp.
- Offsite trip vehicles will leave shortly after 9am—please bring your child on time on these days
- Days having odd pick up times are listed here in **bold** print
- Traffic delays can upset the schedule and I will do the best I can to provide efficient routes, as well as alternative ones for the Day Camp Staff. Please be understanding 😊

What to Wear and Bring—Dress for the weather and be prepared for changes in the weather!

- Pack **two non-perishable snacks and a lunch.**
- Bring **two, 16 ounce water bottles**
- Wear **sturdy shoes with socks** (croc and sandals are not allowed) and comfortable outdoor clothing appropriate for the weather. Bringing a hat and sweatshirt/fleece/rain jacket are also suggested. Extras to consider bringing—money for a treat, a book to read on the drive, and If you wear glasses and a canoe trip is scheduled, bring a “croakie” string for them.

Goals/Theme: In this hands-on, fish-friendly week, we will learn about the importance of fish, clams, lobsters, and other aquatic life as natural resources. Tour a National Fish Hatchery and enjoy some real fishing, visit SaveTheBay in Newport, investigate the Blackstone River Gorge in Uxbridge, and learn about how native seals and turtles are cared for at the National Marine Life Center.

Monday, <u>Quittacas</u> before	9-4	Visit <u>Rocky Gutters Wildlife Management Area</u> in Lakeville and enjoy an Adventure through 1,000's of acres of forest; Visit <u>Little and Great Pond</u> along the way, then stop at Somethin's Brewing café for a treat Driving home; do some team building activities and review the day upon Returning
Tuesday, <u>Marine</u> activities,	9-4	Learn about how injured marine animals are cared for at the <u>National Life Center</u> , Buzzards Bay, back to Moose Hill for a hike, team building And review of the day
Wednesday, are hiding	9-4	Head west to <u>Blackstone Gorge</u> in Uxbridge and look for animals that in this unique, natural area; back to Moose Hill to review the day
Thursday,	9-4	Venture down to <u>SaveTheBay Aquarium</u> in Newport and learn about the Diversity of marine life that inhabits the coastal waters of very southern New England; back to Moose Hill for a hike and review of the day
Friday, Time	9-4	Take a tour of the <u>National Fish Hatchery</u> in Attleboro; back to Moose Hill for a hike, more team building activities, and attend Family Circle At 3:30 ☺

A4: Sanctuary Hopping

July 8-12

Week 4

Goals/Theme: Discover what is amazing and unique about our Mass Audubon wildlife sanctuaries! Search for invertebrates life at Broadmoor in Natick, catch a glimpse of a huge snapping turtle along Stony Brook's boardwalk, explore the intertidal zone at Allen's Pond for crabs, and enjoy some canoeing out at Wachusett Meadow.

Monday, hike building,	9-4	Take a self-guided tour at the <u>Museum of American Bird Art</u> and enjoy a On the <u>Morse Wildlife Sanctuary</u> ; back to Moose Hill to do some team And then review the day
Tuesday, vast	9-4	Venture out to <u>Wachusett Meadow Wildlife Sanctuary</u> for a hike in their

Hill to		Forest, then enjoy some canoeing on their beaver pond; back to Moose Hill to review the day
Wednesday, 9-4 invertebrate back to		Drive a short distance to <u>Broadmoor Wildlife Sanctuary</u> , investigate Life in their wetlands, then hike on a trail that crosses over a waterfall; Moose Hill to review the day
Thursday, 9-4 <u>Allen's</u> review		Spend the day exploring the shores, wetlands, and rocky outcrops at <u>Pond Wildlife Sanctuary</u> in Westport; Back to Moose Hill for a hike and Of the day
Friday, 9-4 other neat Circle		Stroll along the boardwalk and trails at <u>Stony Brook Wildlife Sanctuary</u> to catch a glimpse of a large snapping turtle, wetland birds, and Wildlife; back to Moose Hill to review the week and be ready for Family Time at 3:30 😊

A5: Time Travelers

July 15-19

Week 5 (*Two Overnights)

Goals/Theme: Head to the hills and valleys of western Massachusetts during this exciting week! Search for dinosaur footprints along the Connecticut River, get up close to Woolly Mammoths and Dire Wolves at the Beneski Science Museum, enjoy a hike up Mt. Tom, venture up the river to hike at Wantastiquet State Park in NH, experience a real food coop in Brattleboro, and campout for 2 nights at Arcadia Wildlife Sanctuary in Easthampton, MA. **Kosher meals provided on this campout.*

Monday, 9-4 conglomerate		Learn about the geology here at Moose Hill, search for chunks of And sedimentary rock, and discover how glaciers changed the landscape; work together to plan for Wednesday and Thursday's overnight
Tuesday, 9-4 some supplies for		Check out <u>Hoppin Hill Reservoir</u> to see if fossils can be found, then do shopping for the overnight; back to Moose Hill for a hike and prep tomorrow's big journey
Wednesday, footprints at of	9-Overnight	Venture out to the Connecticut River Valley, search for dinosaur A TTOR site along the river, enjoy a trip to the <u>Beneski Science Museum</u> History, then set up camp at <u>Arcadia</u> ; campout under the stars

Thursday, have cross the Arcadia to	Overnight	Take a short drive up to <u>Wantastiquet State Park</u> in Hinsdale, NH, and A great hike up to some bluffs overlooking the Connecticut River; then Bridge into Brattleboro, VT and experience a real food coop; back to Enjoy the second night of a campout
Friday, pack pm; at	7-4	Up early in the morning for a short stroll on the wildlife sanctuary, then Supplies, and head over to <u>Mt. Tom</u> for a hike before departing by 1:00 Back to Moose Hill to clean up gear and be ready for Family Circle Time 3:30 😊

A6: River to Sea

July 22-26

Week 6

Goals/Theme: Experience the rivers of southeastern Massachusetts and learn how we humans have changed the “flow of history.” Discover the beauty of the North River in Marshfield, learn about the state’s Angler Education Program with a fisheries biologist and do some fishing , canoe a section of the Charles River in Medfield.

Monday, Moose	9-4	Begin this exciting week with a visit to the stream at the <u>Morse Wildlife Sanctuary</u> , one that eventually flows into the Neponset River; back to Hill to review the day
Tuesday,	9-4	Explore both the <u>North River Wildlife Sanctuary</u> and <u>North Hill Marsh</u> in Marshfield and see where these wetlands drain into the ocean; back to Moose Hill to review the day
Wednesday,	9-4	Learn about the state’s <u>Angler Education Program</u> with fisheries Biologist, Jim Lagacy, at a local body of water; back to Moose Hill For a hike, team building activities, and a review of the day
Thursday, from review	9-4	Canoe a section of the <u>Charles River</u> in Medfield with a skilled guide <u>Broadmoor Wildlife Sanctuary</u> , then back to Moose Hill for a hike and Of the day
Friday, and on ready	9-4	Venture due west to <u>Rocky Narrows</u> in Medfield to climb down a gorge View where the Charles River has weathered/eroded this tough bedrock Its way to Boston Harbor; Back to Moose Hill to review the week and be

For Family Circle Time at 3:30 ☺

A7: High Adventure

July 29-August 2

Week 7 (*Two Overnights)

Goals/Theme: Experience the beauty of the mountains! Enjoy some local hikes, then venture to southern New Hampshire where we will hike Mt. Monadnock and even visit The Caterpillar Lab. Camping out on both **Wednesday and Thursday nights** gives us time to explore, swim, canoe, kayak, and make lasting friendships. *Meals on this trip are not *Kosher*.

Monday,	9-4	Hike to the Bluffs and Allen's Ledges at Moose Hill; enjoy some team Building activities and then review of the day
Tuesday,	9-4	Venture up to Great Blue Hill and other summits at <u>Blue Hills Reservation</u> ; back to Moose Hill to prep for the overnights, enjoy some Team-building activities, and review the day
Wednesday,	9-overnight	Arrive at campsite in <u>Rindge, NH</u> ; set up tents; explore, swim, hike, canoe, low ropes challenge course, campfire, and then overnight
Thursday,	Overnight	Head up to <u>The Caterpillar Lab</u> in Petersham, NH to enjoy an amazing Presentation, then take a short hike up Mt. Monadnock; return to <u>Wildwood</u>
		For a swim, campfire, and second overnight (*Swim Tests will be held this
		Day with a WSI/Lifeguard certified Staff from Wildwood acting as assessors
Friday,	7-4	Early morning hike and canoe, then leave base camp for Moose

Hill by 1pm; clean up equipment, food, and other supplies, and then be Ready for Family Circle time at 3:30 ☺

A8: Keep on Rocking	August 5-9	Week 8...*edit
<u>Goals/Theme:</u> Learn about the geology of Moose Hill Wildlife Sanctuary, Blue Hills State Reservation, and other exciting places in eastern New England! Search for giant conglomerate rock in Canton, look for fossils at Hoppin Hill Reservoir in North Attleboro, venture down to Beavertail State Park in RI to see where the land meets the sea, check out the gorge at TTOR's Rocky Narrows, and climb through rocks at both Purgatory Chasm and King Phillip's Rock		
Monday, rock, peaks—an	9-4	Stop off at the Hansen School in Canton to look for giant conglomerate Then head up to <u>Blue Hills Reservation</u> to hike up one of the tallest Ancient volcano; back to Moose Hill to relax and review the day
Tuesday, review	9-4	Discover the Trustee's <u>Rocky Narrows</u> in Sherborn to check out its steep River gorge; back to Moose Hill to enjoy some group challenges and The day
Wednesday, explore back to	9-4	Scale the rocky outcrops at <u>Beavertail State Park</u> in Jamestown, RI, and The many tidal pools that form along the shores of Narragansett Bay; Moose Hill to relax and review the day
Thursday, <u>Reservoir</u> , then Hill for	9-4	Search for fossils and cool sedimentary rock down at <u>Hoppin Hill</u> Explore some caves near <u>King Phillip's Rock in Sharon</u> ; back to Moose A hike and review of the day
Friday, getting very Family	9-4	Venture to <u>Purgatory Chasm</u> to have fun crawling into caves, and Dirty in the process; back to Moose Hill for a review of the week and Circle Time at 3:30 pm ☺

A9: Cape Cod Wonders **August 12-16** **Week 9 (*One Overnight)**
Goals/Theme: Explore coastal and terrestrial habitats of southwest Cape Cod! Visit the Science Aquarium at Woods Hole, enjoy a fun, hands-on program at the National Marine Life Center, watch fisherman reel in huge, striped bass along the Cape Cod Canal, and explore the tidal zone at Sandy Neck. Enjoy a campout at Long Pasture Wildlife Sanctuary on Wednesday night, and take a trip to the New

England Wildlife Center on Friday to learn about native, captive wildlife. *Kosher meals provided on this campout.

Monday,	9-4	Explore <u>Ellisville Harbor State Park</u> in Plymouth, search for sea Birds on the cliffs at <u>Manomet Point</u> , and then hike along the jetty Shop for the overnight; Review of day upon returning
Tuesday,	9-4	Prep tents and other supplies for the overnight; Investigate the Wetlands and tidal pools at <u>Allen's Pond</u> in Westport Review of day upon returning
Wednesday,	9-overnight	Leave Moose Hill by 9 a.m. and drive down to the <u>National Marine Life Center</u> In Buzzard's Bay to enjoy a fun, hands-on program; walk along the <u>Cape Cod Canal</u> and watch fisherman put on a show; then head to <u>Longpasture Sanctuary</u> to explore, set up camp, and enjoy a tour of the tidal flats; cooking over a campfire and listen to the waves as you fall asleep
Thursday,	7-4	Take an early morning hike at <u>Longpasture</u> , pack up camp, and then Head over to <u>Woods Hole Science Aquarium</u> to learn about marine wildlife; then leave for Moose Hill by 1:30; Clean up tents and supplies upon returning
Friday,	9-4	Visit the <u>New England Wildlife Center</u> in Weymouth and learn how native, Captive wildlife are cared for, then back to Moose Hill for a review of The week and be ready for Family Circle Time at 3:30

Overnight Equipment List

This list contains all the items you will need for camp sessions that include an overnight. During camp you may be given specific lists for each activity. All other days require regular day camp needs: lunch, water bottle, sturdy hiking shoes, rain gear, etc.

Ask your friends and try to borrow equipment rather than buy! **Be sure to label each item.**

Pack lightly and tightly. You must be able to carry all of your gear in one trip. Space in the van is limited!

- Sturdy shoes/Sneakers-** be sure they fit well and are comfortable.
- Sleeping bag and Pillow-** tightly rolled and placed in a labeled trash bag or stuff sack.
- 2 quarts of water**—soda bottles work well, spill-proof tops are a must.

- T-Shirt, shorts, pants, and undergarments**
- Jacket** or something with long sleeves
- Swim suit and water shoes or old sneakers that can get wet** (*for Week 7 at Wildwood ONLY)
- Rain gear if poor weather is forecasted**
- Small towel** (quick dry works best), **toothbrush, toothpaste** (travel size), **hairbrush**
- Flashlight**
- Hat**—summer brim preferred
- Sunscreen** and **insect repellent** (small sizes)
- Trail Snacks** (no snacks are allowed at Wildwood!)
- Cash**—for ice-cream stops and visitor centers, not more than \$10 per outing.
- Medications** that you take in the evening or morning—The camp **MUST** have a signed note on file or on your health form about any medications from your parent/guardian, the medications must be approved by the Camp Director and they must be given to the Adventure camp staff to hold.

Optional Items:

- Croakie**—a strap which attaches to prescription glasses so they are not lost in the water
- Sleeping pad**—camp style pad that is tightly rolled up with straps
- Books, nature journals, drawing pad, pens/pencils**
- Sunglasses**

Mass Audubon and Moose Hill are not responsible for lost, stolen or damaged items brought from home. Do not bring expensive items, electronic devices, or collectables.