

FAMILY CAMP

Handbook

2026



wild  ood

A Mass Audubon Camp for Outdoor Exploration



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Welcome to Wildwood



We're excited to welcome you as part of the Wildwood Family in 2026!

We hope you'll read the information in this Handbook carefully – you'll find that it will answer many of your questions about Family Camp, including those about forms, daily routines, and expectations.

If you've read the Handbook and still have questions, or if your family has special circumstances or concerns, please be in touch with us by phone or e-mail. When the lines of communication are open, we can work to ensure that every camper has a positive experience!

We look forward to meeting you (again) this summer.

- Family Camp Session 1: August 11 – 15
- Family Camp Session 2: August 17 – 20
- Family Camp Session 3: August 19 - 22
- Family Camp Session 4: August 23-26

Family Camp is fun! There are 3 different types of activities available on a given day: family activities, adult only activities, and kid only activity blocks. The daily schedules will have all the details.

There is a wide variety of workshops including: waterfront, crafts, games, nature walks, hikes, archery, ropes course, and so much more! Family Camp is meant to be enjoyed at your pace. Please feel free to relax in a hammock in the chill zone, go for a run, or settle into a good book, puzzle or game.

CHECKING IN AND OUT

Arrival at Wildwood

Check in: please check in at the camp Main Office.

The camp Office is located on Vining Road. Drive past the first big Wildwood sign on Old New Ipswich Road and turn into our second entrance at the sign that says “Main Office”.

Drive ¼ mile down the driveway and stop when you reach the Office, brown building with a porch and solar panels on it. Check in at the Office and we will give you instructions on how to find your housing and then where to park (parking will be in the large parking lot).

Arrival Time:

- Arrival at Wildwood begins at 1 pm on the day of your session.
- Check in at the Office.
- Wildwood staff will assist in delivering luggage to your unit.
- The Waterfront opens at 2 pm, snacks are available from 2 – 5 pm.
- The first meal will be Dinner at 6 pm.
- We will meet as a community at the Amphitheatre at 7 pm on the first evening to greet everyone.
- Please alert the Camp Office if you will arrive past 5 pm.

Departing from Wildwood

- Departure from Wildwood begins at 1 pm on the last day of your session.
- Please be off campus by 3pm. We need time to prepare for the next session.
- Wildwood staff will assist in delivering luggage to your car.

LIFE AT WILDWOOD

Living Units

Housing at Wildwood is simple and rustic.

Campers sleep in bunk beds. Every bed has a twin-sized mattress, and top bunks have bed rails. Please bring a fitted sheet to cover the mattress, a sheet or light blanket for warm nights, and a warm sleeping bag for cooler nights.

Each living unit has portable toilets, and a hand-washing/tooth-brushing station located just a few steps away. Each living unit also has a fire pit, benches, and picnic tables.

The central Shower House has composting toilets, sinks, and individual shower stalls with private dressing areas. It's located near the playing field, Health Center, and Office. There are also flushing toilets at Carson unit and near the Dining Hall.

Clothing

ALL clothing and possessions should be clearly labeled with first and last names. We encourage you to consider New Hampshire's changeable weather and rough terrain, as well as the inherent nature of camp activities. Remember that camp is informal, and campers and staff often wear shirts for a day or two and shorts or pants for several days. We guarantee that clothing (and the campers wearing it) will get dirty! A good idea to bring a backpack containing a raincoat, water bottle, and closed-toe shoes.

Laundry

There are no camper laundry facilities available on site during your session, except in case of urgent situations. Please follow the packing lists for your session to ensure enough variety for NH weather.

Lost & Found/Safe Keeping

Campers' clothing, linens, possessions, and luggage should be clearly labeled with first and last names. The lost and found is located in the Dining Hall right by the front door.

Prohibited Items

Campers **MAY NOT** bring the following items to camp

- Weapons of any kind: knives, fireworks
- Illegal drugs (Marijuana is not legal in NH)
- Chewing Gum
- Inappropriate reading material
- High-heeled shoes or shoes without a heel strap (except shower shoes)
- Pets or other animals

Any personal equipment brought to camp is the responsibility of the owner, not Wildwood.

LIFE AT WILDWOOD

Camp Cleaning

Cabins and mattresses are cleaned and sanitized between each session of camp. The Shower House and bathrooms around camp are cleaned multiple times a day. Families will be expected to sweep out cabins and tents, tidy up the outside, and put all trash into the metal trash can outside. Wildwood will sanitize after your departure to prepare for the next family.

The Shower House is CLOSED during breakfast from 8 am – 9 am daily for a deep clean.

Firewood

We highly encourage using sticks and other fallen wood right around your camp site. You can find additional wood for campfires under the cabins in the units, or behind the Hemlock building by the Office, please feel free to take what you need each day. Milk crates are available for carrying wood to units.

Please abide by our local fire permit rules. Fires must be less than 1 & 1/2 feet high. Do not burn your garbage in the fire pits. We have trash cans in each unit. Never leave your fire unattended.

Please remember to thoroughly put out fires after use.

All fires must be extinguished with water. Metal watering cans are available in each unit. Please keep the watering can full at all times when a fire is in use. Rakes and shovels are available in each unit.

No Fireworks: Firecrackers, sparklers and pyrotechnic devices are NOT permitted.

FIRE IS OUR MAJOR HAZARD. Do not use a firepit in strong wind, attend it constantly, douse coals with water. No candles are allowed in cabins or tents. Citronella candles in metal containers outside are permitted.

Smoking

Smoking is only allowed at the end of our driveway, or in the large main parking lot on the gravel away from other guests.

Wi-Fi

WIFI is available for your use while at Wildwood in two locations:

1. Hemlock: small building outside the Office and the Health Center. There are picnic tables outside to sit on.
2. The Waterfront / Dining Hall area

The WI-FI Name and password will be posted at the office, showerhouse, and dining hall at camp and will be listed in your activity schedule that you will receive when you arrive.

HEALTH INFORMATION

Health Policy

Each overnight camper must have a current Health History, completed no more than 6 months prior to the camper's registered session, on file with the Camp prior to arrival at camp. Complete this form carefully and thoroughly using CampDoc, our online health form submission program.

Family Camp participants must provide a complete health profile in CampDoc for each camper, and are not required to submit proof of immunizations or a physical exam.

Monadnock Community Hospital is located in Peterborough, NH, approximately a 20-minute drive from camp. All staff members hold current First Aid, CPR, AED, and other applicable health care certifications or licenses as required by their position.

Insects

Wildwood recommends that campers use insect repellent as necessary and take precautions such as wearing long pants, socks, and long sleeve shirts when appropriate to prevent insect stings and bites and tick bites.

We do have ticks here at Wildwood, please check your family for ticks each day. For more information on insect- or tick-borne illnesses, visit [here](#) and [here](#).

We encourage campers to wash their hands carefully after applying insect repellent, so that reptiles, amphibians, and insects studied in camp activities are not harmed.

Sun Safety

Wildwood recommends that all campers and staff use sunscreen and take sun protection precautions such as wearing protective clothing and hats, taking advantage of shade, and staying hydrated. Please bring a travel water bottle for rehydration.

ALL THINGS FOOD

Wildwood's kitchen, managed by a contracted food service company, prepares three meals each day and offers a variety of choices at each meal. In addition to a hot breakfast option, a breakfast bar is available each morning with cereals, yogurt, and fruit. A fresh salad bar accompanies lunch and dinner. Snacks are available mid-afternoon, and occasionally as part of an evening program.

Dietary Needs:

We offer vegetarian, vegan and gluten-free options at all meals. Additional dietary needs can be accommodated, please let us know in advance, so we can properly prepare. Any questions during a meal, please ask the assigned kitchen runner.

Nut Free: Wildwood is completely tree nut and peanut-free at all times. Please do not bring any snacks from home containing nuts, we appreciate your understanding.

Special Foods: If your family will need special additional foods for a medical reason, bring those foods to camp in their original packaging, inside a sealable container labeled with your camper's name. We will store these foods in the Dining Hall. If you need to bring food for medical reasons, ensure that any food brought to camp is free of peanuts or tree nuts, or traces of these. Because each camper's needs are different, we ask that you thoroughly explain special food need on the camp forms, and that you discuss those needs with the Wildwood staff.

Mealtimes: Meals end promptly at the designated times. Please be respectful of the ending times, our kitchen staff have to prep for the next meal or the next day. Mealtimes are:

- Breakfast 8:00 am – 8:45 am
- Lunch 12:00 pm – 12:45 pm
- Dinner 6:00 pm – 6:45 pm

Meals will be “buffet style” - each person will walk into the kitchen entrance, get a plate and self-serve.

Coffee/ Tea are available in the dining room starting at 6:30 am and are available throughout the day. Highly suggested to bring a travel coffee mug from home. That way you can walk around camp with it, keep your coffee warmer longer!

Snacks are available from 2 pm -5 pm each day in the Dining Hall.

Where to sit: We have ample seating both inside and outside the Dining Hall. Each family will choose a table space that suits their personal preference. If you would like staff to sit at a table with your family, please invite them. Otherwise, we will respect your space and sit as a camp pod.

GETTING TO WILDWOOD

Directions

Wildwood is located off of Route 119 in Rindge, NH. Wildwood's official street address is 27 Vining Rd., Rindge, NH, 03461.

GPS Directions: 462 Old New Ipswich Road, Rindge, NH

To orient yourself, it may be helpful to know that Route 2 intersects with Interstate 95/Route 128 in the greater Boston area and with Interstate 91 in western Massachusetts. Route 202 intersects with Interstate 89 near Concord, New Hampshire. It should take about an hour and a half to drive from the Boston area to Wildwood.

- From eastern Massachusetts, take Route 2 West to the Concord Rotary. About one-third of the way around the rotary, exit onto Route 119 West. Continue to follow Route 119 through the towns of Acton, Littleton, Groton, Townsend, Ashby, and Ashburnham, and across the state line into Rindge, NH. Follow the directions from Route 119 below.
- From western Massachusetts, take Route 2 East to Exit 90 (formerly Exit 24), onto Route 140 North into Winchendon, where it will merge with Route 12. Follow Routes 140 and 12 for about 1.5 miles to Route 202. Follow Route 202 north into Rindge. At the junction of Routes 202 and 119, known as Foggs Corner, turn right onto Route 119 East and follow the directions from Route 119 below.
- From Route 202 in New Hampshire, follow Route 202 south to Rindge, where it intersects with Route 119. At the junction of Routes 202 and 119, known as Foggs Corner, turn left onto Route 119 East and follow the directions below.

From Route 119 in Rindge, NH:

Follow Route 119 to Cathedral Road (at a blinking yellow light near a Shell gas station). Turn onto Cathedral Road. Follow it to Shaw Hill Road (just after the entrance to Cathedral of the Pines on the left) and turn right onto Shaw Hill Road. Follow Shaw Hill Road until it meets Old New Ipswich Road. Turn left on Old New Ipswich Road and follow Old New Ipswich Road to Wildwood.

Wildwood is on the left, and has two entrances marked by signs. Please use the second driveway. Drive slowly as you proceed straight ahead to the parking area by the office.

LOCAL ATTRACTIONS

Cathedral of the Pines

Cathedral of the Pines that was built as a memorial to the American war dead. It incorporates a multi-denominational sanctuary, other sacred spaces, and a number of burial grounds. Beautiful views of Mt. Monadnock and lovely gardens to explore, make time to visit this beautiful place.

<https://www.cathedralofthepines.org/>

Mount Monadnock

Jaffrey (Route 124). [Monadnock Hiking Map](#)

The 40 miles of trails offer opportunities for cross country skiing, picnicking, and bird watching, as well as hiking to the spectacular 3,165 foot summit, with 100-mile views of the surrounding area. Monadnock is said to be one of the most climbed mountains in the world, second only to Mt. Fuji in Japan [Monadnock Information Link](#)

Little Monadnock Mountain

Little Monadnock Mountain, 1,900 feet, is located in the towns of Fitzwilliam and Troy, New Hampshire. Most of the mountain is located within Rhododendron State Park; there are scenic vistas from ledges just below the summit. The 110-mile Metacomet-Monadnock Trail crosses the mountain.

<https://www.alltrails.com/explore/trail/us/new-hampshire/little-monadnock-mountain-trail?mobileMap=false&ref=sidebar-view-full-map>

Watatic Mountain

This is a 3.2-mile loop hike that summits Mount Watatic, hits a lookout spot just beyond the summit, and loops around to Nutting Hill. It has access to the Wapack and Midstate trails for longer excursions. This makes for a great family hike. Mount Watatic is a 1,832 foot (558 m) monadnock located just south of the Massachusetts-New Hampshire border, at the southern end of the Wapack Range of mountains.

<https://www.hikingproject.com/trail/7033900/mount-watatic-and-nutting-hill-loop>

Pisgah State Park

Winchester/Chesterfield/Hinsdale (Route 119, Route 63). [Pisgah State Park Trail Map](#)

This huge Park has many maintained trails offering families easy to moderate hiking in a fairly remote setting. [Pisgah State Park Information Link](#)

Rhododendron State Park

Rhododendron State Park in Fitzwilliam, New Hampshire, is a 2,723-acre state park located on and around Little Monadnock Mountain, containing a 16-acre stand of native Rhododendron.

<https://www.nhstateparks.org/visit/state-parks/rhododendron-state-park>

PACKING LIST

This is a recommended list of clothing and equipment for a 4 day session. Family Camp participants should use the list as a guide.. Label all items with your camper's first and last names, using permanent marker or nametapes.

CLOTHING

- 4 Pairs of underwear
- 4 Pairs socks, at least (1) pair wool
- 1 lightweight long underwear shirt
- 4 Short sleeve shirts or T-shirts
- 1 Long sleeve shirts
- 1 Sweatshirt
- 2 Pairs shorts
- (1) Pairs long pants (jeans, sweatpants, etc.)
- White cotton item(s) to tie-dye
- Wool sweater or fleece jacket (avoid cotton)
- Wool or fleece hat
- Baseball cap or other hat with a wide brim (for sun protection)
- *Rain jacket with hood or rain hat; rain pants are optional (A hoodie is not a rain jacket!)
- 2 Pairs of pajamas (for warm and cool weather)
- Bathing suit (if a 2-piece bathing suit, must be appropriate for active water enjoyment)
- *Sneakers/athletic shoes
- Water shoes/sport sandals with a heel strap, for ponding and boating
- Sturdy shoes or hiking boots for hiking (break in prior to camp!)
- Comforts from home, stuffies, favorite blanket, noise cancelling headphones, and more

BEDDING AND LINENS

- Sleeping bag
- Pillow with pillowcase
- Twin-sized fitted sheet (to cover mattress)
- Top sheet or light blanket
- Laundry bag
- 1 Bath towel
- 2 Washcloths
- Beach towel

TOILETRIES

- Toothbrush, toothpaste, dental floss
- Shampoo, conditioner
- Soap (in a container)
- Deodorant
- Hairbrush and/or comb
- Orthodontic devices
- Eyeglasses or contact lenses with supplies
- Insect repellent
- Tampons or pads (if applicable)
- Sunscreen/sunblock (SPF 30 or higher), enough to apply several times daily
- Lip balm (SPF 30 or higher)
- Medications (prescription and non-prescription, including creams, etc.)

OPTIONAL ITEMS

- Reading material
- Camera (and film, batteries, or charger, if needed)
- Field guides
- Binoculars
- Sunglasses
- Games
- Puzzles to share!! We love community puzzles

EQUIPMENT

- Backpack/bag to carry items around camp
- Water Bottle
- Plastic bag for damp items coming home
- Flashlight/headlamp and spare batteries
- Mesh bag or plastic bucket/basket for shower supplies
- Travel coffee / tea mug
- Camping / portable chair
- Matches / Lighter for camp fires
- Cords for all of your devices

EMERGENCY CONTACT INFO

CONTACT NAME	CONTACT INFORMATION
Ashley Ukleja Camp Director	603-377-8284 Main Office
Anne Wentworth Registrar/Office Manager	603-899-5589 Main Office
Collin Tourgee Property Manager	603-400-8515 (cell)
Monadnock Community Hospital Peterborough, NH	603-924-7191
Heywood Hospital Gardner, MA	978-632-3420
Heywood Urgent Care Gardner, MA	978-669-5959
Cheshire Medical Center Keene, NH	(603) 354-5400
Emergency	911 *(If you call 911, please alert Wildwood Staff)

Please alert operator with our address 27 Vining Road, Rindge. Wildwood Camp. They may ask you to explain where you are on the camp property.

Alert Wildwood staff so we can assist with both your family and the EMT's. It is extremely important that someone is at the entrance gates to wave in EMS.



Keep in Touch



+603-899-5589



wildwood@massaudubon.org



www.massaudubon.org/wildwood



27 Vining Road, Rindge, NH 03461



<https://www.instagram.com/massaudubonwildwoodcamp/>