

# How Do We Measure Up?

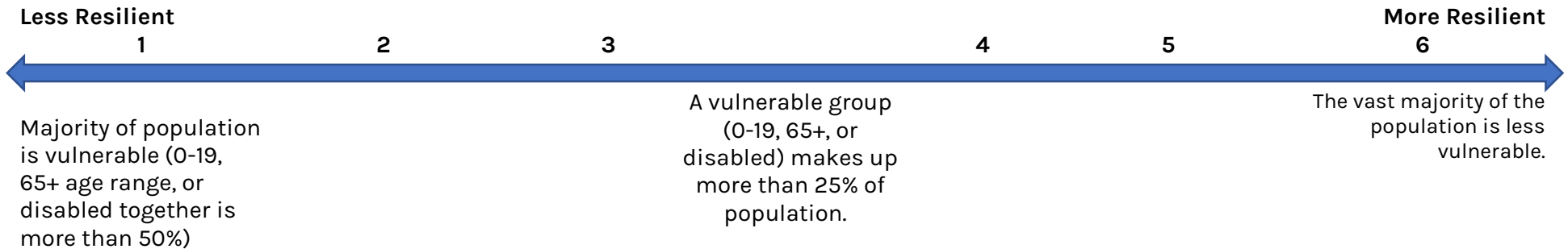
## Exploring Climate Resilience in Our Communities

Your group will use resources such as maps, community profiles, and your own experiences to explore your own community with a focus on **societal** risks to climate change impacts. For each category, use the tool provided (or your own observations) in order to determine where your community falls on the line below for each category. Circle your answer and use the information you gather, as well as what you learn from the other groups, to answer the questions below.

### Vulnerable populations

Use the [community profile generator tool](#) and create the profile for your town to explore the population of your community.

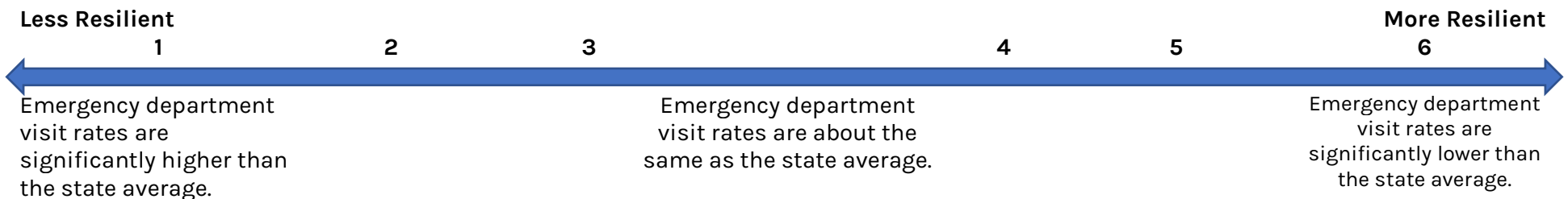
**Why this matters:** Older adults and populations with disabilities are more likely to have pre-existing, concurrent, or multiple health conditions that may be complicated by environmental hazards, while young children have growing bodies that are more sensitive to environmental pollutants.-MEPH



### Community Health: Asthma

Use the community profile you created above with the [community profile generator tool](#) to explore this.

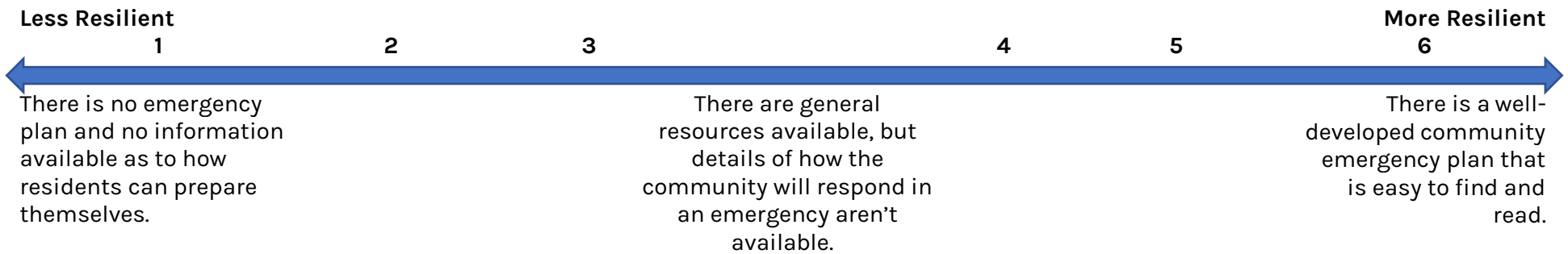
**Why this matters:** Increasing numbers of very hot days due to climate change may increase ozone and pollen levels that can trigger asthma.



## Emergency Planning

Visit your city or town's website for this information. Utilize the search bar and type phrases like "emergency plan" or "emergency preparedness". You can also try a Google search.

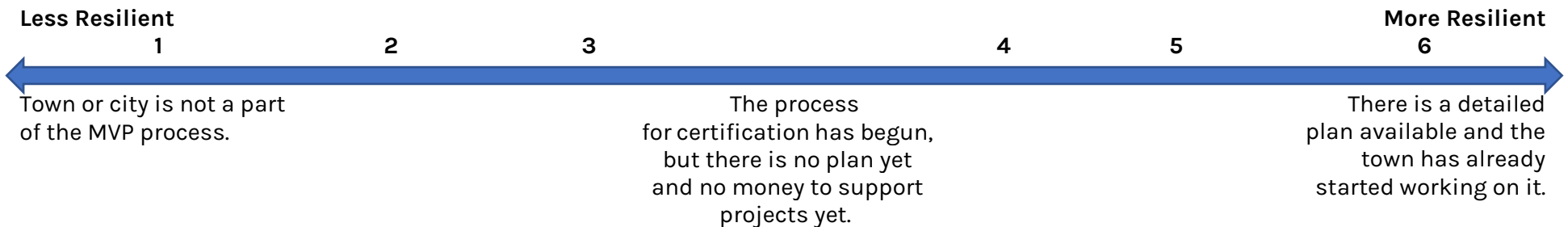
**Why this matters:** A well-developed plan should be easy to find and you should be able to easily discover how your town will respond and support residents in various emergencies. Knowing how your community will respond to an extreme storm or other event is a key part of being resilient.



## Municipal Vulnerability Preparedness (MVP) Climate Plan

Use this [mapping tool](#) to find your community and see where they are in the MVP process.

**Why this matters:** MVP stands for Municipal Vulnerability Preparedness grant planning. This is a program that helps towns and cities develop a climate action plan and they can apply for money to start working on projects that address climate change concerns and build resilience.



## Community Education Resources

Utilize [Google Maps](#) to discover where the libraries, nature centers, and community centers are located in your community.

**Why this matters:** These locations can provide critical information and resources to community members about climate change and how they can be prepared for impacts. These locations, particularly libraries, also offer other resources for those with language barriers or may be places to keep cool during high heat days.

