



Make a Mud Pit

Mixing water and soil to make a mud pit is a classic way to enjoy the outdoors. Grab a container of water and a small shovel or sturdy stick then dig and mix water in the pit to get the mud to the right consistency. Then enjoy and play! A mud pit is a great sensory activity.

WHAT YOU'LL NEED

- A container like a bucket to hold water or a hose attached to an outdoor faucet
- A garden tool, like a small shovel (or a strong stick if a garden tool isn't available)
- Optional: paintbrush, paper, and other items to play with in the mud pit

INSTRUCTIONS

1. Determine where you are allowed to dig in the soil to create a mud pit.
2. Take your garden tool or stick and dig a few inches in the ground, loosening up the soil. Make the pit as small or large as you are allowed.
3. Fill your container with water and bring it to your mud pit (or bring the hose to your mud pit).
4. Pour some water on the soil and mix with your stick. Keep adding water until your mud becomes the consistency that you want.
5. Paint with mud, stomp in mud, have a mud facial, or even feel the mud between your toes.

