

# Long Pasture Wildlife Sanctuary Group Programs

— 2020 —



Discover. Explore. Be Outside!



Long Pasture Wildlife Sanctuary

Situated in the heart of Cape Cod, Mass Audubon's Long Pasture, Ashumet Holly, Skunknet River and Barnstable Great Marsh Sanctuaries encompass all of Cape Cod's most critical habitats including barrier beaches, coastal plain ponds, salt marshes, cedar swamps and vernal pools. Join us to explore with your group!

## Naturalist Guided Field Walks

### TIDAL FLAT EXPLORATION

*summer offering*

**1.5 hours | \$160**

Up to 20 people

We will explore the shore to discover creatures and uncover their secrets for survival in an environment inundated twice daily by the tide.

### BIRDING FOR BEGINNERS

**1.5 hours | \$160**

Up to 20 people

For those who have always wanted to know, What's that bird, this walk offers skills on how to recognize birds through color, shape, size, markings, songs, and behavior.

### BIRDING POPPONESSET SPIT

**1.5 hours | \$160**

Up to 20 people

In this short stretch of narrow and exposed barrier beach along the southern coast of Cape Cod, you will stroll over the sands in search of terns, endangered piping plovers and their relatives.



### TRACKING ON SANDY NECK

**1.5 hours | \$160**

Up to 20 people

Search trails and dunes for clues to the wildlife that inhabits this remarkable ecosystem. We may discover tracks and signs of creatures including coyote, fox, raccoon, shorebirds, and Diamondback Terrapin Turtles.

### BUTTERFLIES OF CAPE COD

*summer offering*

**1.5 hours | \$160**

Up to 20 people

Wander into Long Pasture's butterfly Mosaic trail, an interpretive garden trail loaded with native butterfly host and nectaring plants, and become inspired with a love of Lepidoptera. We will see many of Cape Cod's 76 species, such as the Monarch, Painted Lady, and Red Admiral.

### VERNAL POOL EXPLORATION

*spring offering*

**1.5 hours | \$160**

Up to 20 people

Join us as we explore critical vernal pools and seek salamander, wood frogs, egg masses, and other creatures.





## Explore the Cape by Water

### NATURE KAYAKING

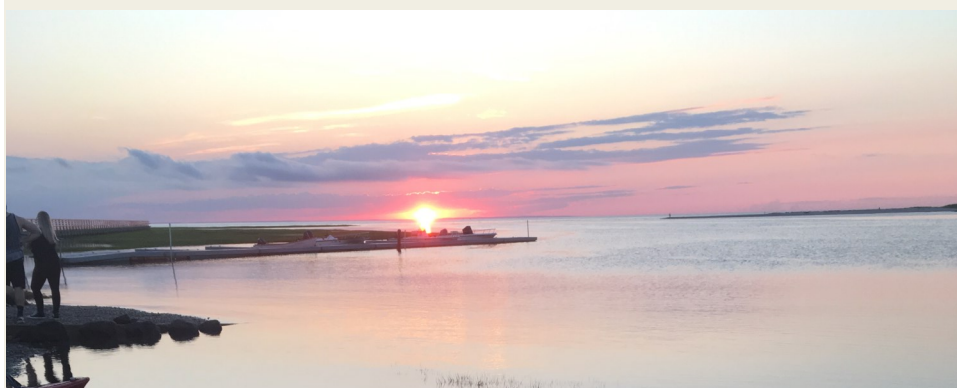
2.5 hours | \$600 for up to 12 people

Kayaking offers a unique and intimate connection to wildlife that is truly memorable. Choose from some of the Cape's most pristine waterways including Barnstable Harbor's Great Marsh, Sandy Neck barrier beach, the Herring River, Chase Garden Creek and Sampson's Island. Kayaks, paddles and life vests provided. *Paddlers age 16-18 must be in a boat with an adult. All must have good swimming ability and prior kayak experience.*

### STAND UP AND EXPLORE NATURE

2 hours | \$200 for up to 5 people

Join our naturalist guides for a stand up paddle board experience. Trips can be catered to your group from learn to paddle board lesson on one of the Cape's calm glacial kettle ponds- to a more adventurous tidal creek paddle for those with prior experience. Boards, paddles and life vests provided. *Paddlers must be over 18 years of age and have good swimming ability.*



## Indoor Nature Presentations (Lecture Based)

### VERNAL POOLS: OUR BACKYARD ECOSYSTEM

Vernal Pools are scattered around the Cape Cod landscape and are home to a variety of secretive creatures.

### SALT MARSH ECOLOGY

Salt Marshes are once of the most biologically rich communities in North America. Learn more about these rich habitats, the creatures within them, and how to help protect them.

### HORSESHOE CRAB ECOLOGY

Horseshoe Crabs have been around for 350 million years, adapting to and withstanding every conceivable change time has presented.

### REPTILES AND AMPHIBIANS OF CAPE COD

An exploration of the various herpetofauna of Cape Cod including their natural histories, amazing adaptations, and conservation status.

### WINTER BIRDS OF CAPE COD

*winter offering*

Vast flocks of winter robins, several species of hawks and owls and the occasional appearance of unusual vagrants make for plentiful birding opportunities on the Cape in the winter

### THE INCREDIBLE EDIBLE OYSTER

Oysters have become all the rage lately given their power to clean our embayments, delicious taste and amazing health benefits.

### RAPTORS

This presentation will guide you in identification of raptors and describe the amazing migration adaptations raptors rely on to survive.

### AUDUBON SANCTUARIES OF THE MID CAPE

Take a photographic journey of the Audubon's Mid Cape Sanctuaries.

### MAGNIFICENT OSPREYS

Discover their amazing abilities and life history, how they have recovered from the DDT years, and how Mass Audubon is monitoring their nests.





## Indoor Nature Presentations- *continued*

### THE HOLLIES OF ASHUMET

Experience a photographic journey through Ashumet Holly Wildlife Sanctuary in Falmouth, home to one of the largest holly plantations in New England.

### SAVING THE SPADEFOOT TOAD

The eastern spadefoot toad is the rarest frog species in Massachusetts. Through unique and seldom seen photographic documentation, we will explore the secret life history of this elusive and little known species.

### MUSTELIDS OF THE CAPE

Otherwise known as Weasels, this family is seldom seen and secretive, but more common than we think here on the Cape.

### COMING TO A SUBURB NEAR YOU

We will explore the local increase in abundance of deer, coyote, fisher, turkey, bobcat and osprey and the conflicts, management measures and ethical considerations that arise as a result.

### OWLS OF CAPE COD

Learn how to identify Cape Cod's owl species, gain insights into their life histories and discover the art of owling.!

*Cost: \$160 for a day time/local presentation. \$170 for daytime/ non-local presentation. \$170 for evening/ local presentation. \$180 for evening/ non-local presentation. Additional cost for director requests. All lectures are an hour in length with additional time for Q&A.*

## Book a Program

To schedule a program please contact our educational staff at  
**(508)-362-7475 Ext 9355** or at  
[longpasture@massaudubon.org](mailto:longpasture@massaudubon.org)

For additional information on our Mid and Upper Cape Sanctuaries, please visit our website at :  
[www.massaudubon.org](http://www.massaudubon.org)



Coming soon:

## The Long Pasture Discovery Center.

A year-round community resource.

A net-zero energy building where ideas become programs that help people of all ages and abilities fall in love with nature.

Opening in 2021.

