



Climate Change:

# What We Can Do

**There are solutions.** Climate change can feel overwhelming, but there are simple, practical actions we can all take to protect our natural resources for wildlife and future generations.



## Reduce Our Carbon Footprints

Most of our greenhouse gas emissions come from the energy we use, how we move, and what we eat. In each category, we can dramatically reduce our carbon footprints.



## Make the Switch to Renewable Energy

We can purchase our electricity from clean, environmentally friendly renewable sources like wind and solar. It takes just a few minutes and doesn't require us to change anything about our daily routines.

**Learn more at [massaudubon.org/maketheswitch](https://massaudubon.org/maketheswitch).**



## Commit to Car-free Days

Each day you go car-free is a big reduction in your carbon footprint. Commit to walking, biking or using public transit at least one additional day per week.



## Eat Less Beef

Simply by eating less beef, we can dramatically reduce our carbon footprints. Compared to other meats, getting beef to our dinner tables results in 5 to 10 times more greenhouse gas emissions and requires 28 times more land.

## Join a Community Organization

The most effective way to take action is by working locally with community groups:

- **planning boards**
- **conservation commissions**
- **school boards**
- **local climate action organizations**
- **open space planning committees**



## Talk About It

Most Americans want to talk more about climate change, but most Americans also believe others are hesitant to discuss it.



Simply talking about the challenges and solutions with friends and family is an important step we can all take.