



Places to Explore



A Guide to Mass Audubon's
Wildlife Sanctuaries, Nature Centers, and Museums



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Arcadia, Northampton & Easthampton

Welcome to Mass Audubon

Mass Audubon protects 38,000 acres of land throughout Massachusetts, saving birds and other wildlife, and making nature accessible to all. As Massachusetts' largest nature conservation nonprofit, we welcome more than a half million visitors a year to our wildlife sanctuaries and 20 nature centers. From inspiring hilltop views to breathtaking coastal landscapes, serene woods, and working farms, we believe in protecting our state's natural treasures for wildlife and for all people—a vision shared in 1896 by our founders, two extraordinary Boston women. Today, Mass Audubon is a nationally recognized environmental education leader, offering thousands of camp, school, and adult programs that get over 225,000 kids and adults outdoors every year. With more than 125,000 members and supporters, we advocate on Beacon Hill and beyond, and conduct conservation research to preserve the natural heritage of our beautiful state for today's and future generations. We welcome you to explore a nearby sanctuary, find inspiration, and get involved. Learn how at massaudubon.org.

Thank You For Being a Member!

As a Mass Audubon member, you're a vital partner in our work to protect wildlife and wild lands. Your membership benefits include free wildlife sanctuary admission, discounts on nature programs and camps, and more so you can spend time outdoors enjoying nature. Find more information at massaudubon.org/membership.

What is a Wildlife Sanctuary?

A sanctuary can be many things. For some, it is land where nature is protected. It can be a place for solitude, a safe haven for refuge, or a spiritual place. Mass Audubon wildlife sanctuaries are all these things, and more. From mountain ridges and meadows to tidal flats and dunes, we preserve habitats, monitor and support wildlife, and provide places where people connect with nature, have fun, and enjoy the outdoors.

In addition, our wildlife sanctuaries have a range of features. Some include nature centers where you can participate in programs, view exhibits, or get trail maps and resources to create your own adventure. You can even explore two museums and a working farm. Although our sanctuaries are varied, they all have one thing in common: their land is protected. By conserving these open spaces, Mass Audubon, along with its members and partners, is able to fulfill its mission of protecting the nature of Massachusetts.

Wellfleet Bay, Wellfleet



Visiting Tips

Trail Safety

Please stay on the trails for your safety and the safety of wildlife. Poison ivy and ticks are common in Massachusetts, so be sure to wear proper footwear, learn how to identify each, and be on the lookout. Also bring plenty of water, especially during the summer.

A Note on Directions

Online maps and GPS units may not give accurate directions to many of our wildlife sanctuaries. This is why we have provided the latitude and longitude coordinates for each site. Simply plug those in to your GPS or map service to find the location of the sanctuary's parking area. In addition, our website features turn-by-turn directions for every sanctuary.

When you visit, please...

- Bring your Mass Audubon membership card.
- Remain on the trails at all times to help protect plants and animals.
- Leave everything as you find it. Please do not pick or collect items.
- Leave pets at home.
- Do not smoke.
- Enjoy snacks or picnics only in designated areas and carry out all trash.
- Refrain from launching, operating, or retrieving drones or other remote-controlled aerial vehicles.
- Refrain from jogging, bike riding, or driving motorized vehicles.
- Refrain from fishing, hunting, or trapping.





Summer Camp



At Mass Audubon's American Camp Association (ACA)-accredited camps, kids have fun, connect with nature, and make friends through outdoor exploration, hands-on activities, and noncompetitive games. Campers develop an interest in the outdoors while building confidence and meeting other campers.

Day Camps

Mass Audubon has 19 day camps located across the state, from the Berkshires to the Cape and Islands. With programs for all ages and one- and two-week sessions, there's something for everyone! Plus, many of these sanctuaries also offer school vacation week programs. Find a camp in your neck of the woods.

massaudubon.org/camp



Wildwood Overnight Camp

Located in southern New Hampshire, on 153 acres by the shores of tranquil Hubbard Pond, Wildwood is a camp like no other, offering campers ages 9 to 17 all the traditional overnight camp activities and also something unexpected—a chance to explore the environment and gain a greater respect for nature and our role in conserving it. During one- and two-week sessions, campers learn that they each possess important skills and have the power to make a difference.

massaudubon.org/wildwood





Annual Highlights

In addition to the thousands of programs and classes held year-round at Mass Audubon wildlife sanctuaries, we also hold many special events. Here is just a snapshot of what's planned. For the latest information, please check massaudubon.org.

January

Summer Camp Registration Begins!

February

Merrimack River Eagle Fest
at Joppa Flats

March

Maple Sugaring Festivals

Owls Live! at Museum of
American Bird Art

Woolapalooza at Drumlin Farm

**Cape Cod Natural History
Conference** with Wellfleet Bay

April

Statewide Volunteer Day

May

Bird-a-thon

Annual Birds and Breakfast,
at Broadmoor

Spring Herb Sale and Goat Gala
at Habitat Education Center

June

Native Plant Sale Open House
at North River

Audubon Nature Festival
at Ipswich River

Wild Things Trail Race
at Pleasant Valley

August

Butterfly Festival
at Broad Meadow Brook

Summer Soirée Gala at Long Pasture

Duck Derby at Allens Pond

September

Rockin' with Raptors
at Boston Nature Center

Hey Day at Wachusett Meadow

October

Halloween Prowl at Moose Hill

Farm Day at Daniel Webster

**Halloween Spooktacular
Celebration** at Oak Knoll

Fall Festival and Wood Duck Derby
at Stony Brook

Owl Festival at Blue Hills
Trailside Museum

November

Fall Festival at Felix Neck

December

Winter Solstice at Arcadia



Drumlin Farm, Lincoln

All Persons Trails

Mass Audubon strives to create a welcoming presence for a wide range of visitors, including making our wildlife sanctuaries and nature centers more accessible. Thanks to a generous grant from the Institute of Museum and Library Services, many of our sanctuaries feature multi-sensory interpretive trails. We're working hard to ensure that everyone can enjoy the nature of Massachusetts. massaudubon.org/accessibility

Sanctuaries with All Persons Trails

Arcadia (Easthampton)

Habitat (Belmont)

Attleboro Springs (Attleboro)

North River (Marshfield)

Blue Hills Trailside Museum (Milton)

Pleasant Valley (Lenox)

Boston Nature Center (Mattapan)

Stony Brook (Norfolk)

Broad Meadow Brook (Worcester)

Wachusett Meadow (Princeton)

Broadmoor (Natick)

Wellfleet Bay (Wellfleet)

Drumlin Farm (Lincoln)



Mass Audubon Shop

Located at Drumlin Farm Wildlife Sanctuary in Lincoln, the Mass Audubon Shop is proud to carry a variety of products that help explain, identify, and celebrate the wonders of nature. Shelves are stocked with binoculars, bird feeders, books, birdhouses, toys, T-shirts, gifts, and more. Your purchases fuel Mass Audubon's mission to protect the nature of Massachusetts. Special discounts are available to Mass Audubon members. Find more information and shop online at shop.massaudubon.org.

Private Functions & Events

Celebrate weddings, anniversaries, reunions, children's birthday parties, and more at one of our wildlife sanctuaries around the state.

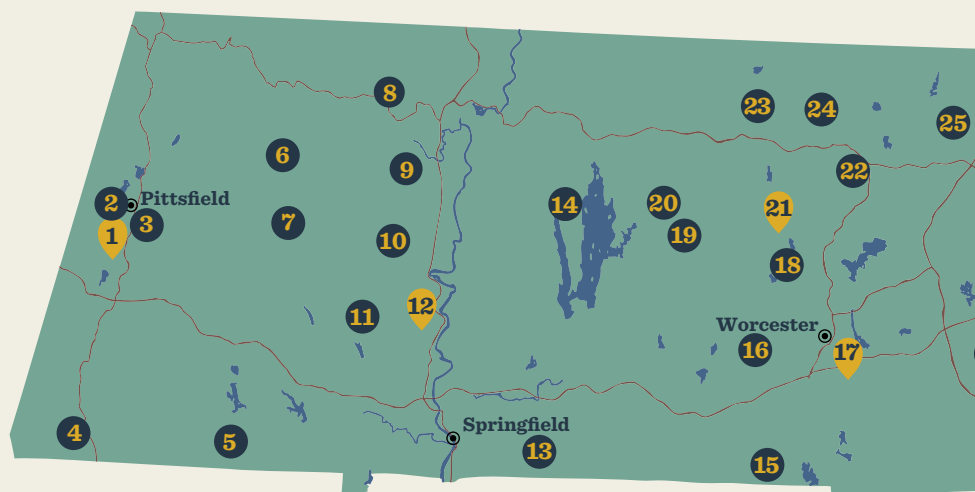
massaudubon.org/functions

Travel With Us!

Mass Audubon has been leading tours to prime birding destinations in the U.S. and abroad for more than 50 years. Join us for an upcoming adventure!

massaudubon.org/travel

Places to Explore



Berkshires

- 1 Pleasant Valley, Lenox
- 2 Tracy Brook, Richmond
- 3 Canoe Meadows, Pittsfield
- 4 Lime Kiln Farm, Sheffield

Connecticut River Valley

- 5 Richardson Brook, Tolland
- 6 West Mountain, Plainfield
- 7 Road's End, Worthington
- 8 High Ledges, Shelburne
- 9 Conway Hills, Conway
- 10 Graves Farm, Williamsburg & Whately
- 11 Lynes Woods, Westhampton
- 12 Arcadia, Easthampton & Northampton
- 13 Laughing Brook, Hampden

Central Massachusetts

- 14 Poor Farm Hill, New Salem
- 15 Pierpont Meadow, Dudley
- 16 Burncoat Pond, Spencer
- 17 Broad Meadow Brook, Worcester
- 18 Eagle Lake, Holden
- 19 Cook's Canyon, Barre
- 20 Rutland Brook, Petersham
- 21 Wachusett Meadow, Princeton
- 22 Lincoln Woods, Leominster
- 23 Lake Wampanoag, Gardner

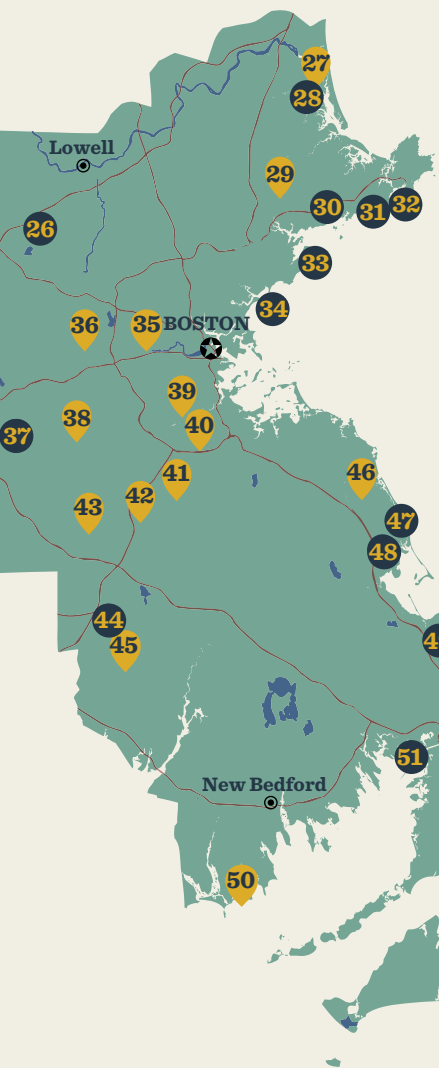
- 24 Flat Rock, Fitchburg
- 25 Rocky Hill, Groton
- 26 Nashoba Brook, Westford

North Shore

- 27 Joppa Flats, Newburyport
- 28 Rough Meadows, Rowley
- 29 Ipswich River, Topsfield
- 30 Endicott, Wenham
- 31 Kettle Island, Manchester-by-the-Sea
- 32 Eastern Point, Gloucester
- 33 Marblehead Neck, Marblehead
- 34 Nahant Thicket, Nahant

Greater Boston

- 35 Habitat, Belmont
- 36 Drumlin Farm, Lincoln
- 37 Waseeka, Hopkinton
- 38 Broadmoor, Natick
- 39 Boston Nature Center, Mattapan
- 40 Blue Hills Trailside Museum, Milton
- 41 Museum of American Bird Art, Canton
- 42 Moose Hill, Sharon
- 43 Stony Brook, Norfolk



South of Boston

- 44 Attleboro Springs, Attleboro
- 45 Oak Knoll, Attleboro
- 46 North River, Marshfield
- 47 Daniel Webster, Marshfield
- 48 North Hill Marsh, Duxbury
- 49 Tidmarsh, Plymouth
- 50 Allens Pond, Dartmouth & Westport
- 51 Great Neck, Wareham

Cape Cod and the Islands

- 52 Ashumet Holly, Falmouth
- 53 Sampsons Island, Barnstable
- 54 Skunknett River, Barnstable
- 55 Barnstable Great Marsh, Barnstable
- 56 Long Pasture, Barnstable
- 57 Wellfleet Bay, Wellfleet
- 58 Felix Neck, Edgartown
- 59 Sesachacha Heathlands, Nantucket



Sanctuaries with Nature Centers

Together we've protected 38,000 acres—come see your generous support at work!

Key to Facilities & Resources



Parking



Nature Center/Museum



Universally Accessible Nature Center/Museum



Year-round Restrooms



Year-round Universally Accessible Restrooms



Universally Accessible Trail



Educational and/or Live Animal Exhibits



Nature Play Area/Discovery Trail



Canoeing/Kayaking (May be program-based only.
Please call ahead for equipment and access information)



Picnic Area



Snacks for Sale



Snowshoeing (Equipment may be available)

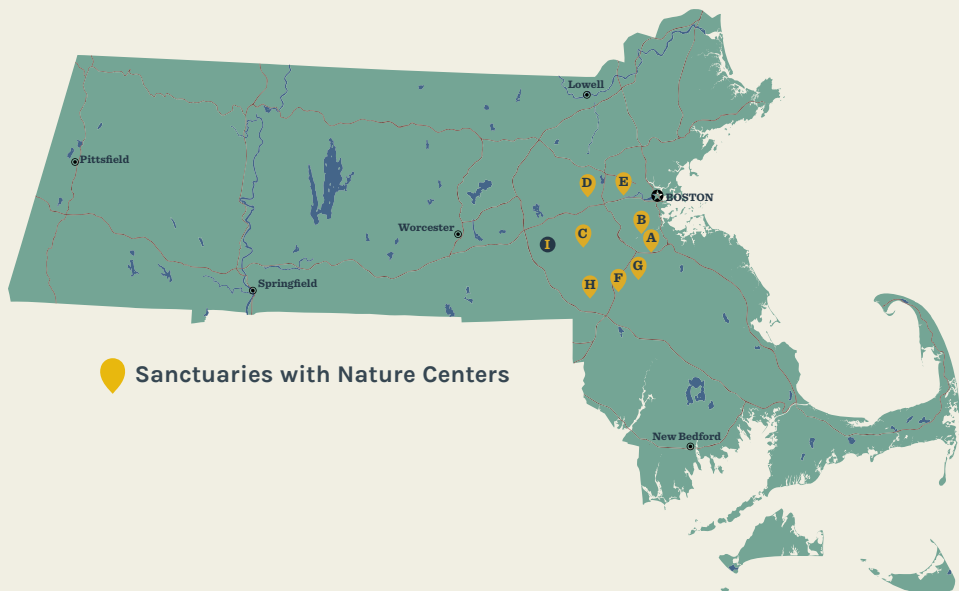


Cross-country Skiing (Allowed on site)



Camping/Cabin Rental

Greater Boston



- A Blue Hills Trailside Museum, Milton (pg. 12)**
- B Boston Nature Center, Mattapan (pg. 13)**
- C Broadmoor, Natick (pg. 14)**
- D Drumlin Farm, Lincoln (pg. 15)**
- E Habitat Education Center, Belmont (pg. 16)**
- F Moose Hill, Sharon (pg. 17)**
- G Museum of American Bird Art, Canton (pg. 18)**
- H Stony Brook, Norfolk (pg. 19)**
- I Waseeka, Hopkinton (pg. 20)**

Hours and admission prices listed are subject to change. Please check with the wildlife sanctuary for the most up-to-date information. To support these wildlife sanctuaries, donations can be made sometimes on-site and always on our website.

Blue Hills Trailside Museum | Milton

Acres: Within the 7,000-acre
Blue Hills Reservation

Trail Mileage:
125 miles via Blue Hills Reservation

Operated in partnership with the Massachusetts Department of Conservation and Recreation, the Blue Hills Trailside Museum is the interpretive center for the state-owned Blue Hills Reservation and features a natural history museum and outdoor wildlife exhibits. The animals on display, including Snowy Owls and a River Otter, have been rescued and would not survive in the wild.

Sanctuary Highlights

- Live animal presentations, programs, and special events.
- Summer camp to discover nature through hands-on exploration, creative play, and active learning.
- Universally accessible guided trail experience including a rope guide and educational materials in large-print, Braille, audio, and tactile formats.
- Home base for the Snowy Owl Project, which collects migratory and physical data on wintering snowy owls.
- Private function and event space in the auditorium and atop scenic Chickatawbut Hill, the second highest peak in the Blue Hills Reservation.



Museum:

Tuesday-Sunday & Monday holidays,
10am-5pm (April-November)
Thursday-Sunday & Monday holidays,
10am-4:30pm (December-March)

Trails/Outdoor Exhibits:

Daily, dawn to dusk

Admission:

Mass Audubon Members: Free
Nonmembers: Adults \$5, Seniors (65+) \$4,
Children (2-12) \$3

Getting there:

1904 Canton Avenue
Milton, MA 02186
617-333-0690
bluehills@massaudubon.org
massaudubon.org/bluehills
facebook.com/massaudubonbluehills
Latitude/Longitude: 42.218447, -71.118708



Boston Nature Center

Acres: 67

Mattapan

Trail Mileage:

2 miles (universally
accessible: 1 mile)

Located just outside of downtown Boston on the former grounds of the Boston State Hospital, Boston Nature Center (BNC) is a community-based urban sanctuary. Trails and boardwalks traverse meadows and wetlands, home to over 150 species of birds, 40 species of butterflies, and more than 350 species of plants. Year-round programs help foster an appreciation for nature and the environment.

Sanctuary Highlights

- Programs offered at affordable rates through sliding scale or low cost fees.
- George Robert White Environmental Conservation Center, the first "green" municipal building in Boston, exhibits environmentally sustainable building design.
- The Nature Nook, a natural play space, engages children of all ages in discovering the natural world through free play.
- Boston Area Beekeepers Association apiary, Boston Food Forest Coalition's edible forest, Clark Cooper Community Gardens, and the Mattapan Ecovation Center.



Center:

Monday-Friday, 9am-5pm
Saturday, Sunday, &
Monday holidays, 10am-4pm

Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

500 Walk Hill Street
Mattapan, MA 02126
617-983-8500
bnc@massaudubon.org
massaudubon.org/boston
[facebook.com/
massaudubonbostonnaturecenter](https://facebook.com/massaudubonbostonnaturecenter)
Latitude/Longitude: 42.285788,-71.104184



Broadmoor

Natick

Acres: 624

Trail Mileage:

9 miles (universally
accessible: 0.5 mile)

An expansive retreat along Indian Brook and the Charles River, Broadmoor is an ever-changing environment teeming with wildlife: dragonflies darting, turtles basking, otters leaving tracks in the mud or snow, and more than 150 species of birds. Easy-to-moderate well-groomed trails lead you through the shade of mature woodlands into open fields and along the edges of vibrant streams, ponds, and marshland.

Sanctuary Highlights

- Indian Brook featuring beaver dams, nesting Wood Ducks, and basking turtles; mill dams creating scenic waterfalls.
- The Saltonstall Nature Center, a renovated 1911 horse barn that includes an accessible welcome center, classrooms, a four-season outdoor pavilion, and green energy features.
- An accessible boardwalk that brings visitors of all ages and abilities right into the habitats of aquatic plants and wildlife, with interpretation including audio tours.
- Engaging programs for all ages including night walks, summer camp, birding, and field trips.
- Bridges, benches, and trails along the Charles River, great for birdwatching, photography, and botanizing.



Center:

Tuesday–Friday, 9am–5pm
Saturday, Sunday, & Monday holidays,
10am–5pm. Closed Mondays

Trails:

Tuesday–Sunday & Monday holidays,
dawn to dusk. Closed Mondays

Admission:

Mass Audubon Members: Free
Nonmembers: Adults \$6, Seniors \$4,
Children (2-12) \$4

Getting there:

280 Eliot Street
Natick, MA 01760
508-655-2296
broadmoor@massaudubon.org
massaudubon.org/broadmoor
facebook.com/massaudubonbroadmoor
Latitude/Longitude: 42.256118, -71.340345



Drumlin Farm

Lincoln

Acres: 206

Trail Mileage:
4 miles (universally
accessible: 0.5 mile)

At Drumlin Farm, you can experience life on a working farm and explore a wildlife sanctuary at the same time. Visit the pigs, sheep, goats, chickens, and cows in the farmyard; learn how crops are sustainably grown; walk the trails exploring field, forest, and wetland habitat; and observe resident owls, hawks, fisher, and fox in the native wildlife exhibits.

Sanctuary Highlights

- Farm and nature programming for all ages including on-site and off-site summer camps, nature-based preschool, local and off-site birding trips, and Know Your Food programs.
- Spring, summer, and fall community supported agriculture (CSA) program, and a seasonal farmstand with a variety of Drumlin Farm products.
- Annual events such as Woolapalooza (March) and Tales of the Night (October).
- Easy hike to the top of our drumlin, one of the highest points in the greater Boston area.
- The Mass Audubon Shop, which carries products that help celebrate the wonders of nature.



Center and Trails:

Tuesday-Sunday, & Monday holidays
9am-5pm (March-October)
9am-4pm (November-February)
Closed Mondays

Mass Audubon Shop:

Tuesday-Sunday, & Monday holidays,
10am-5pm. Closed Mondays

Admission:

Mass Audubon Members: Free
Nonmembers: Adults \$9, Seniors (65+) \$6,
Children (2-12) \$6

Getting there:

208 South Great Road
Lincoln, MA 01773
781-259-2200
drumlinfarm@massaudubon.org
massaudubon.org/drumlin
facebook.com/massaudubondrumlinfarm
Latitude/Longitude: 42.409801, -71.331795



Habitat Education Center | Belmont

Acres: 88

Trail Mileage:

4 miles (universally accessible: 0.5 mile)

Gentle trails wind through deciduous and evergreen forests, across meadows, and around ponds and vernal pools at Habitat, located just seven miles from downtown Boston. A long-standing center for environmental education, Habitat offers year-round programs for all ages. The Georgian-style mansion and beautiful formal gardens can be rented for weddings and other events.

Sanctuary Highlights

- Turtles basking on logs and frogs plopping in the water at Turtle Pond.
- The Habitat Intergenerational Program (HIP), which brings older and younger volunteers together to work on environmental projects such as taking care of the trails and community and butterfly gardens.
- The less-traveled Weeks Pond Trail, where you can explore the pond and meadow beyond.
- The Western Greenway Trail, which runs seven miles from Habitat to the Robert Treat Paine Estate in Waltham.



Center:

Monday–Friday, 8:30am–4:30pm
Saturday & Sunday, 10am–4pm
May 1–October 30: Call ahead for weekend hours

Trails:

Daily, dawn to dusk

Admission:

Mass Audubon Members &
Belmont Residents: Free
Nonmembers: Adults \$4, Seniors (65+) \$3,
Children (2–12) \$3

Getting there:

10 Juniper Road
Belmont, MA 02478
617-489-5050
habitat@massaudubon.org
massaudubon.org/habitat
facebook.com/massaudubonhabitat
Latitude/Longitude: 42.403056,-71.18497



Moose Hill

Sharon

Acres: 1,971

Trail Mileage:
20 miles

Moose Hill is Mass Audubon's oldest wildlife sanctuary, encompassing protected forests, fields, and wetlands. Diverse hiking trails and a red maple swamp boardwalk provide countless opportunities for exploration in addition to seasonal programs and a popular summer day camp.

Sanctuary Highlights

- The Farm at Moose Hill offers a community supported agriculture (CSA) program and weekend Farm Stand; all our produce is certified organic.
- Breathtaking views along the Bluff Trail, especially when fall foliage is at its peak.
- Fun events throughout the year including Halloween Prowl, Maple Sugaring in late winter, and star gazing on clear nights.
- Summer day camp, which appeals to a wide variety of kids (ages 3-16), with sessions focusing on nature, creative arts, farm, science, and adventure day trips.



Center:

Monday-Friday, 9am-5pm
Saturday-Sunday, 10am-4pm

Trails:

Spring & Summer, 7am-7pm
Fall & Winter, 8am-5pm

Admission:

Mass Audubon Members &
Sharon Residents: Free
Nonmembers: Adults \$4, Seniors (65+) \$3,
Children (2-12) \$3

Getting there:

293 Moose Hill Parkway
Sharon, MA 02067
781-784-5691
moosehill@massaudubon.org
massaudubon.org/moosehill
facebook.com/massaudubonmoosehill
Latitude/Longitude: 42.123477, -71.207237



Museum of American Bird Art | Canton

Acres: 121

Trail Mileage:
2 miles

The Museum of American Bird Art (MABA) presents exhibitions by internationally recognized artists inspired by birds. Education programs serve adults and children through photography, ceramics, and painting classes; summer day camp; and talks by artists and curators. Mass Audubon's art collection, cared for by the museum, includes works by John James Audubon, Frank W. Benson, Charley Harper, and Andy Warhol.

Sanctuary Highlights

- Regular exhibitions presenting a wide variety of art relating to birds: fine art, folk art, sporting art, miniatures, photography, and illustration.
- Exhibitions including gallery activities for children and families.
- Children's art and science programs, homeschool, summer day camp, and school vacation week explorations.
- Painting and photography workshops by visiting artists, ceramics classes, and behind-the-scenes tours of original art from the collection.
- Trails that wind through meadow, pine/oak upland, vernal pools, a stream, and red maple swamp.



Exhibitions:

Tuesday–Sunday & some holidays, 1pm–5pm
Closed Mondays

Trails:

Tuesday–Sunday, 9am–5pm
Closed Mondays

Admission:

Mass Audubon Members: Free
Nonmembers: Adults \$4, Seniors (65+) \$3,
Children (2–12) \$3

Getting there:

963 Washington Street
Canton, MA 02021
781-821-8853
maba@massaudubon.org
massaudubon.org/maba
facebook.com/massaudubonmaba
Latitude/Longitude: 42.163477, -71.142121



Stony Brook

Norfolk

Acres: 104

Trail Mileage:
2 miles (universally
accessible: 2,000 feet)

Known for its extensive trail system that goes through forest, fields, and wetlands, Stony Brook offers up-close views of wildlife above and under the water.

Located adjacent to the 140-acre Bristol Blake State Reservation and cooperatively managed with the Department of Conservation and Recreation (DCR), this former 18th-century mill site now supports native wildlife.

Sanctuary Highlights

- Universally accessible, post-and-rope All Persons Trail, which leads past a forested knoll, on to a wetland boardwalk traveling through marsh and ponds. Guide available in large print, Braille, and audio format.
- Boardwalk through extensive wetlands and ending at a marsh-viewing platform, providing great opportunities for seeing wildlife.
- Nature Play Area that features unique structures for climbing, hiding, and free play.
- Native butterfly and bird gardens that surround the Nature Center.
- Natural history exhibits, program space, and gift shop with nature-oriented items in the Nature Center.



Center:

Tuesday-Saturday, 10am-4pm
Sunday, 12:30-4pm
Monday (July-August), 10am-4pm
Closed Mondays (September-June)

Trails:

Daily, dawn to dusk

Admission:

Mass Audubon Members & DCR Park Pass
Holders: Free
Nonmembers: Adults \$4, Seniors (65+) \$3,
Children (2-12) \$3

Getting there:

108 North Street
Norfolk, MA 02056
508-528-3140
stonybrook@massaudubon.org
massaudubon.org/stonybrook
facebook.com/massaudubonstonybrook
Latitude/Longitude: 42.107713, -71.31717



Waseeka

Hopkinton

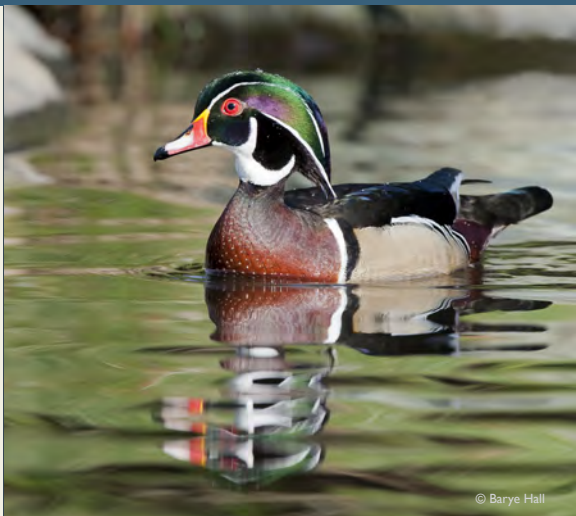
Acres: 229

Trail Mileage:
1 mile

With its forest that opens up to a secluded pond, Waseeka offers the opportunity to observe woodland birds and waterbirds, wildflowers, and a fire-enhanced forest with a diverse tree population. The standing dead trees and snags in the pond provide nesting sites for Pileated Woodpeckers, Great Blue Herons, Ospreys, and an occasional Great Horned Owl.

Sanctuary Highlights

- Great views of the pond wildlife, from birds to beavers, from the Sassafras Trail named for the tree with three different shaped leaves.
- A mutually beneficial "beaver pipe," which helps maintain a consistent and manageable pond level suitable for the beavers.
- Osprey nesting above the pond, from mid-spring to early fall.
- Duck boxes that serve as nesting sites for Wood Ducks and Hooded Mergansers.
- Educational programs occasionally offered through Broadmoor Wildlife Sanctuary.



© Barye Hall



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

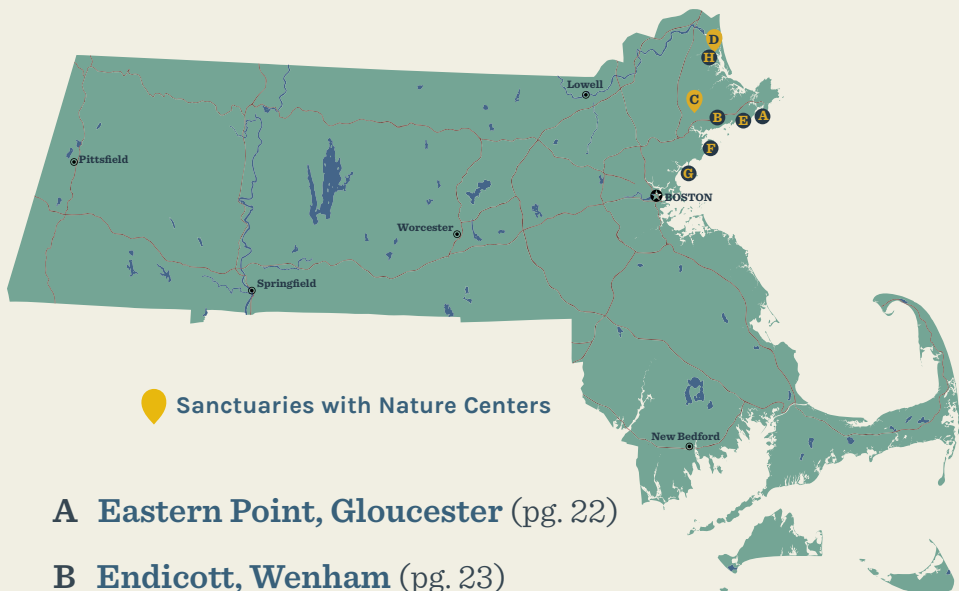
Getting there:

Clinton Street
Hopkinton, MA
massaudubon.org/waseeka
Latitude/Longitude: 42.216153, -71.464538

Managed by Broadmoor Wildlife Sanctuary
508-655-2296
broadmoor@massaudubon.org
Parking area not plowed in winter



North Shore



A Eastern Point, Gloucester (pg. 22)

B Endicott, Wenham (pg. 23)

C Ipswich River, Topsfield (pg. 24)

D Joppa Flats Education Center, Newburyport (pg. 25)

E Kettle Island, Manchester-by-the-Sea

Kettle Island is an uninhabited rocky island off the coast of Manchester-by-the-Sea. You can view wildlife from small boats and kayaks, but landing on the island is prohibited so as not to disturb this important colony of nesting birds. For more information visit, massaudubon.org/kettleisland.

F Marblehead Neck, Marblehead (pg 26)

G Nahant Thicket, Nahant (pg. 27)

H Rough Meadows, Rowley (pg. 28)

Hours and admission prices listed are subject to change. Please check with the wildlife sanctuary for the most up-to-date information. To support these wildlife sanctuaries, donations can be made sometimes on-site and always on our website.

Eastern Point

Gloucester

Acres: 51 (non-contiguous)

Trail Mileage:
0.5 miles

What Eastern Point lacks in space, it more than makes up for in views and wildlife. Located on a peninsula near the historic Eastern Point Lighthouse, the small sanctuary is a hot spot for butterflies and seabirds at particular times of the year. Look no farther than the parking lot for an unsurpassed coastal seascape.

Sanctuary Highlights

- Short loop trail through deciduous forest (trails may be wet in the spring). The entrance is across from a cul-de-sac named Aileen Terrace.
- Groupings of migrating Monarch butterflies sometimes seen resting in the trees in September.
- Seasonal walks and programs offered through Ipswich River Wildlife Sanctuary.



Trails:

Daily, dawn to dusk

Parking lot gate open daily, 8am-8pm

Admission:

Mass Audubon Members: Free
(Please have your membership card available to gain free admission)
Nonmembers: \$10 per car
(Memorial Day-Columbus Day)

Getting there:

Eastern Point Boulevard (private way)
Gloucester, MA
massaudubon.org/easternpoint
Latitude/Longitude: 42.581303, -70.664291

Managed by Ipswich River
Wildlife Sanctuary
978-887-9264
ipswichriver@massaudubon.org
Parking area not plowed in winter



Endicott Wenham

Acres: 43

Trail Mileage:
0.5 miles

Endicott Wildlife Sanctuary is home to the Ipswich River Wildlife Sanctuary Nature Preschool and serves as a base for several of Mass Audubon's staff and program activities, including the Salt Marsh Science Project. The sanctuary has a short walking trail through mature mixed forest with views over a wet meadow.

Sanctuary Highlights

- The Ipswich River Wildlife Sanctuary Nature Preschool, which offers programs for 3-5 year olds in nature-based emergent curriculum, creative classrooms, outdoor play areas, and gardens.
- Towering hardwoods and conifers growing along rugged ravines.
- Wet meadow habitat hosting a high diversity of native grasses and sedges.
- Historic roots; the property was once owned by descendants of John Endicott, first colonial Governor of the Massachusetts Bay Colony.
- A raised bed vegetable garden and Nature Play Area for children in the Nature Preschool program.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Due to the preschool program, please enter the building by appointment only.

Getting there:

346 Grapevine Road

Wenham, MA 01984

978-927-1122

endicott@massaudubon.org

massaudubon.org/endicott

Latitude/Longitude: 42.580371, -70.820143

Preschool:

978-887-9264

massaudubon.org/ipswichpreschool



Ipswich River

Topsfield

Acres: 1,954

Trail Mileage:
12 miles

Ipswich River offers 12 miles of trails that invite you to explore the forests, meadows, wetlands, drumlin, and eskers. You can also travel down the namesake river, which meanders through the sanctuary, by canoe. Whether exploring by foot or paddle, you will marvel at the diversity of wildlife, especially bird species; the sanctuary is part of the Eastern Essex County Interior Forest Important Bird Area.

Sanctuary Highlights

- Boulders stacked to create arches and a grotto setting, constructed in 1905, provide an adventurous walk along the Rockery Trail.
- Members-only benefits including renting canoes, camping on Perkins Island, or staying in our rustic cabin, the Innermost House.
- Day camps in Topsfield, Essex, and Marblehead designed to provide campers with a unique opportunity to learn about nature.
- Annual events like Halloween Happenings, Big Woods Hike, Maple Sugaring, Big Night, and Audubon Nature Festival.
- Travel programs to places such as Monhegan Island for fall migration and Downeast Maine to view puffins.



Center:

Tues-Fri, 9am-4pm; weekends & Mon holidays, 9am-5pm
(May 1-October 31)
Tues-Sun & Mon holidays, 9am-4pm
(November 1-April 30)
Closed Mondays

Trails:

Tues-Sun & Monday holidays,
dawn to dusk

Admission:

Mass Audubon Members: Free
Nonmembers: Adults \$6, Seniors \$4,
Children (2-12) \$4

Getting there:

87 Perkins Row
Topsfield, MA 01983
978-887-9264
ipswichriver@massaudubon.org
massaudubon.org/ipswichriver
facebook.com/massaudubonipswichriver
Latitude/Longitude: 42.631409, -70.9216919



Joppa Flats Education Center | Newburyport

Acres: 52 (non-contiguous)

Overlooking the Merrimack River and near the entrance to Parker River National Wildlife Refuge, Joppa Flats Education Center offers unique educational opportunities for people of all ages. Here, you can explore the region's wildlife-rich habitats (salt marshes, mudflats, rivers, bays, and coastal waters) through guided tours, marine touch tanks, art exhibits, drop-in programs, and interpretive displays.

Sanctuary Highlights

- Excellent year-round wildlife viewing opportunities from the sanctuary grounds and indoor observation areas as well as magnificent views of the lower Merrimack River and Plum Island estuary.
- Birding programs for participants of all abilities; over 300 species of birds recorded locally each year.
- Annual events including the Superbowl of Birding (January) and Merrimack River Eagle Festival (February).
- Marine touch tank and interpretation by Joppa Flats staff and volunteers during the summer.
- Green features including two recharging stations for electric vehicles, photovoltaic panels, and a rainwater catchment system for toilet flushing.



© Ramkumar Subramanian

Center:

Tuesday-Sunday & Monday holidays,
8:30am-4pm
Closed Mondays

Admission:

Mass Audubon Members: Free
Nonmembers: \$2 suggested donation

Getting there:

One Plum Island Turnpike
Newburyport, MA 01950
978-462-9998
joppaflats@massaudubon.org
massaudubon.org/joppa
facebook.com/massaudubonjoppaflats
Latitude/Longitude: 42.798876, -70.846872



Marblehead Neck

Acres: 20

Marblehead

Trail Mileage:
0.85 miles

It's not uncommon to spot unusual birds at Marblehead Neck, located in the center of a peninsula that extends into Massachusetts Bay. Its swamp, thickets, and woodlands are a haven for migratory birds, especially warblers, during the spring and fall migrations.

Sanctuary Highlights

- Black-crowned Night-Herons in early spring or sunning Painted Turtles.
- Rocky outcropping uphill on the Warbler Trail, a good area to scan for birds in the trees below and the sky above.
- Migrating songbirds resting in the trees during spring and fall.
- Seasonal walks and programs offered through Ipswich River Wildlife Sanctuary.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Risley Road
Marblehead, MA
massaudubon.org/marbleheadneck
Latitude/Longitude: 42.492416, -70.839169

Managed by Ipswich River
Wildlife Sanctuary
978-887-9264
ipswichriver@massaudubon.org



Nahant Thicket

Nahant

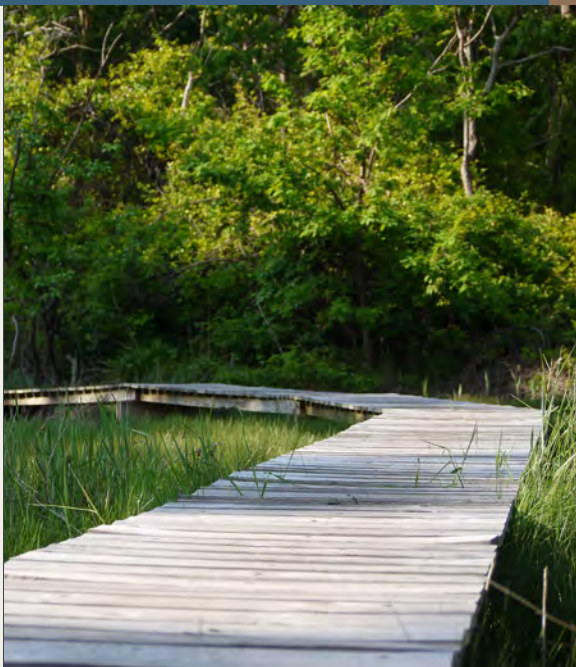
Acres: 4

Trail Mileage:
0.25 miles

At just four acres, Nahant Thicket is among Mass Audubon's smallest wildlife sanctuaries. Yet, it's an inviting spot for hundreds of migrating songbirds such as warblers, vireos, and thrushes passing through each year. A short trail winds through "the Thicket"—a tiny patch of red maple swamp, brushy tangles, and a traversing stream.

Sanctuary Highlights

- Coastal marine waters across the street from the sanctuary where loons, grebes, ducks, and seabirds often occur in variety and abundance during the winter.
- Migrant birds at their most diverse in May, September, and October.
- Butterflies during summer and fall.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Furbush Road

Nahant, MA

massaudubon.org/nahantthicket

Latitude/Longitude: 42.422181, -70.913066

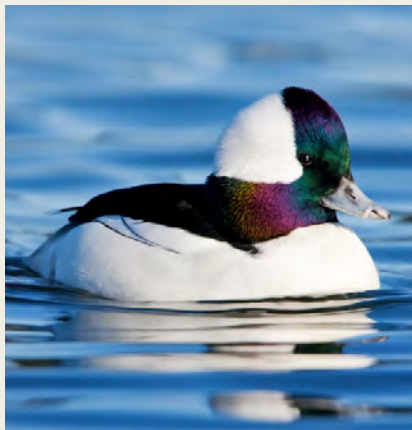
Managed by Ipswich River

Wildlife Sanctuary

978-887-9264

ipswichriver@massaudubon.org

Parking area not plowed in winter



Rough Meadows

Rowley

Acres: 226

Trail Mileage:

1.7 miles

Encompassing spectacular coastal woodlands, salt marshes, tidal creeks, and salt pannes, Rough Meadows supports an astonishing diversity of wildlife. The sanctuary, managed in collaboration with Essex County Greenbelt, is part of the Great Marsh ecosystem. The area has been designated an Important Bird Area and Area of Critical Environmental Concern.

Sanctuary Highlights

- Five well-marked trails through magnificent coastal woodlands to several vantage points that offer panoramas of the Great Marsh.
- Habitats that favor many breeding bird species such as Rose-breasted Grosbeaks and Saltmarsh Sparrows, as well as migratory birds including Least Sandpipers and Semipalmated Plovers.
- Granite benches at the end of Professor Chandler's Long Walk and on the Kestrel Trail, providing wonderful places to sit, contemplate nature, or have a snack.
- Sawyer's Island, a one-mile hike from the parking area, with spectacular vistas in every direction and a view of an active Osprey nesting platform.
- Programs held through Joppa Flats Education Center.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Patmos Road

Rowley, MA

massaudubon.org/roughmeadows

Latitude/Longitude: 42.743844, -70.849744

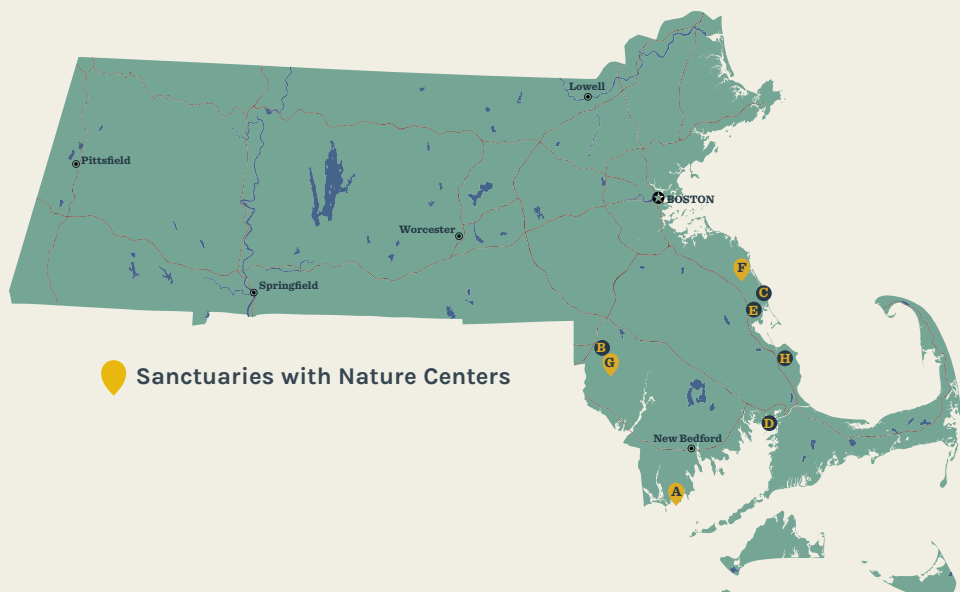
Managed by Joppa Flats Education Center
and Essex County Greenbelt

978-462-9998

joppaflats@massaudubon.org



South of Boston



A Allens Pond, Dartmouth & Westport (pg. 30)

B Attleboro Springs, Attleboro (pg. 31)

C Daniel Webster, Marshfield (pg. 32)

D Great Neck, Wareham (pg. 33)

E North Hill Marsh, Duxbury (pg. 34)

F North River, Marshfield (pg. 35)

G Oak Knoll, Attleboro (pg. 36)

H Tidmarsh, Plymouth (pg. 37)

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Allens Pond

Dartmouth & Westport

Acres: 611

Trail Mileage:
7 miles

Spanning hundreds of acres of protected beach, fields, woodlands, pond, and marsh, Allens Pond was created by generous families who opted to conserve their land. Extensive trail systems offer ocean and pond views from many vantage points and afford visitors a full day of walking and birding.

Sanctuary Highlights

- Three trailheads to begin an adventure: one on Allens Neck Road, one at 786 E. Horseneck Road, and one at the Field Station on Horseneck Road.
- More than 300 species of birds recorded here, including Piping Plovers, which nest on the 1.5-mile stretch of coastal beach.
- An agricultural landscape of open fields crisscrossed by stone walls and maintained through partnerships with farmers.
- Rare butterflies in the butterfly garden and chorusing toads and frogs in the vernal pools.
- Seasonal programs and year-round volunteer/citizen science projects conducted at the 1860s-era Stone Barn.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Horseneck Road and Allens Neck Road
South Dartmouth & Westport, MA
508-636-2437

allenspond@massaudubon.org
massaudubon.org/allenspond
facebook.com/massaudubonallenspond
Latitude/Longitude: 41.506733, -71.023721

Field Station/Mailing address:
1280 Horseneck Road, Westport, MA 02790



Attleboro Springs

Acres: 117

Attleboro

Trail Mileage:

3 miles (universally
accessible: 0.5 miles)

Once a center for healing, Attleboro Springs at La Salette has long been a place for renewal and contemplation. Nature has reclaimed the land, and it now provides habitat for forest birds as well as trails for all to enjoy.

Sanctuary Highlights

- Rope-guided universally accessible All Persons Trail that passes Brothers Pond and crosses a boardwalk over a vernal pool, with interpretation available in seasonal audio tours, large print, Braille, and tactile formats.
- Red maple swamp bordered by fragrant sweet pepperbush, footbridge crossing a quiet stream, and a large rock outcropping of puddingstone.
- Education pavilion at the trailhead that makes a great gathering spot for classes or groups.
- Interpretive material and programs offered through Oak Knoll Wildlife Sanctuary.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Park Street

Attleboro, MA

massaudubon.org/attleborosprings

Latitude/Longitude: 41.928611, -71.264641

Managed by Oak Knoll Wildlife Sanctuary

508-223-3060

oakknoll@massaudubon.org

Parking area not plowed in winter



Daniel Webster

Acres: 578

Marshfield

Trail Mileage:

3.5 miles (universally
accessible: 0.6 miles round-trip)

Miles of trails that traverse grasslands, woodlands, and wetlands await birders, families, nature lovers, artists, and photographers at Daniel Webster. Wildlife from shorebirds and turtles to muskrats and mink can be viewed from observation blinds and boardwalks, while the sizeable grassland provides crucial habitat for birds such as the American Kestrel and Bobolink.

Sanctuary Highlights

- Panoramic views of the grasslands from the platform at Fox Hill, where you may spot Northern Harriers, an Eastern Coyote, or White-tailed Deer.
- A Purple Martin colony, housed in an array of white nesting gourds near Webster Pond.
- Annual Farm Day festival along with birdwatching programs, nature walks, and other educational programs that take place year-round through North River Wildlife Sanctuary.
- Two wildlife observation blinds, where you can watch sunning turtles and a multitude of wetland birds such as Green Herons in the shallow pond.



Photos © Shawn Carey

Trails:

Daily, dawn to dusk

Admission:

Mass Audubon Members: Free
Nonmembers: Adults \$3, Seniors (65+) \$2,
Children (2-12) \$2

Getting there:

Winslow Cemetery Road
Marshfield, MA
massaudubon.org/danielwebster
Latitude/Longitude: 42.087803, -70.679955
Managed by North River Wildlife Sanctuary
781-837-9400
southshore@massaudubon.org
facebook.com/massaudubonsouthshore



Great Neck

Wareham

Acres: 219

Trail Mileage:
4 miles

Nearly all of this property was designated a priority habitat of state-listed rare species, which is why Mass Audubon collaborated with public and private conservation organizations, as well as private landowners, to protect and manage this sanctuary. Wandering through pine forest on old carriage roads and walking paths, you may encounter a roosting Great Horned Owl or a wading heron at the marsh edge.

Sanctuary Highlights

- Trails that crisscross a network of protected forestland, where access is provided through the generosity of private landowners.
- View of marsh and Cape Cod Canal at Osprey Overlook, where a pair of Ospreys may be seen providing for their brood during spring and summer.
- A large glacial erratic, a massive boulder deposited here by glaciers in the distant past.
- Programs offered through Allens Pond Wildlife Sanctuary.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Stockton Shortcut

Wareham, MA

massaudubon.org/greatneck

Latitude/Longitude: 41.7263, -70.6631

Managed by Allens Pond Wildlife Sanctuary

508-636-2437

allenspond@massaudubon.org



North Hill Marsh

Duxbury

Acres: 146

Trail Mileage:
5 miles

North Hill Marsh can best be described as a sanctuary within a refuge. Situated within Duxbury's Eastern Greenbelt, 1,000 acres of contiguous open space, the sanctuary's oak and pine woodlands, wetlands, and 90-acre pond provide habitat for wildlife, especially migratory waterfowl. A clearly marked trail system circles the pond and travels through Duxbury Town Forest.

Sanctuary Highlights

- Snapping and Painted, as well as the more rare Spotted and Box, turtles often seen in the wooded and shore areas.
- A variety of birds such as Ring-necked and Black Ducks, Buffleheads, Hooded Mergansers, herons, Belted Kingfishers, and egrets that congregate around the pond.
- Approximately 100 pairs of Tree Swallows that inhabit the nesting boxes placed throughout the marsh.
- Mink along the water's edge and Muskrat and River Otters in the pond.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Mayflower Street

Duxbury, MA

massaudubon.org/northhill

Latitude/Longitude: 42.040329, -70.713333

Managed by North River Wildlife Sanctuary

781-837-9400

southshore@massaudubon.org

facebook.com/massaudubonsouthshore



North River Marshfield

Acres: 225

Trail Mileage:
5 miles

North River Wildlife Sanctuary, named for the state-designated Scenic River that winds along its northern boundary, serves as the base for South Shore Sanctuaries (which also includes Daniel Webster and North Hill Marsh). Its fields, oak forest, and salt marsh attract a variety of birds, and seals are often visible from the riverside platform. Programs and summer camp take place in and around the historic building.

Sanctuary Highlights

- Boardwalks that take you down to the edge of the North River or through the woods to the Hannah Eames Brook where you may see flowering witch hazel, a mink, or dragonflies.
- Indoor Discovery Rooms where you can watch birds in the rain garden, study a pinecone under a microscope, use your imagination to build a wooden creature, or relax in the Book Nook.
- Annual events including an Open House and Native Plant Sale each June and the Holiday Open House in early December.
- A gift shop featuring locally handcrafted items in addition to field guides, books, feeders, and nature-themed gifts for all ages.



Center:

Monday-Friday, 9am-4pm
Saturday (April-December 25), 10am-3pm
Closed Sundays

Trails:

Daily, dawn to dusk

Admission:

Mass Audubon Members: Free
Nonmembers: Adults \$4, Seniors (65+) \$3,
Children (2-12) \$3

Getting there:

2000 Main Street
Marshfield, MA 02050
781-837-9400
southshore@massaudubon.org
massaudubon.org/northriver
facebook.com/massaudubonsouthshore
Latitude/Longitude: 42.156902, -70.743006



Oak Knoll

Attleboro

Acres: 51

Trail Mileage:

1.5 miles

Looking out over Lake Talauega, it's hard to imagine that this serene setting was once a buzzing entertainment destination, complete with a casino and hotel. Now Oak Knoll, just minutes from downtown Attleboro, offers a natural respite with wooded trails and a boardwalk winding through a red maple swamp, upland forest, and freshwater marsh, and around the lake's perimeter.

Sanctuary Highlights

- Native turtle species, invertebrates, and other interactive exhibits in the Nature Center, a former residence built in 1759.
- Fragrant and colorful gardens with native plants offering food and shelter to birds and butterflies.
- Easy-to-see tracks and signs of wildlife such as Cottontail Rabbits and foxes.
- Salamanders and frogs in and around the vernal pools.
- The Nature Play Area, where kids can use found natural objects to build fairy homes and hop along the Sid the Snake Stump Jump.
- Summer day camp, where children can have fun and learn about nature.



© Frank Vitale

Center:

Tuesday-Saturday, 9:30am-4:30pm

Sunday, 10am-4pm

Closed Mondays

Trails:

Daily, dawn to dusk

Admission:

Mass Audubon Members: Free

Nonmembers: \$2 suggested donation

Getting there:

1417 Park Street

Attleboro, MA 02703

508-223-3060

oakknoll@massaudubon.org

massaudubon.org/oakknoll

facebook.com/massaudubonoakknoll

Latitude/Longitude: 41.914992, -71.257754



Tidmarsh

Plymouth

Acres: 481

Trail Mileage:
3 miles

Once a working cranberry farm, Tidmarsh is now a vast expanse of cold-water streams, ponds, forest, and woodlands. The landscape recently underwent the largest freshwater ecological restoration in the Northeast. Now you can walk the trails to learn about the landscape's transformation and the importance of habitat protection, ecological restoration, and climate change response.

Sanctuary Highlights

- Many thriving habitats including grasslands, Atlantic white cedar swamp, red maple swamp, pine-oak forest, streams, and ponds.
- River Herring and Muskrat returning to the stream after a long absence.
- A variety of birds including common species (Red-shouldered Hawks and Orchard Orioles) and rarer visitors (King Rails and Caspian Terns).
- Educational programs that offer innovative ways to integrate science through field-based learning and new technology.



Trails:

Daily, dawn to dusk

Admission:

Mass Audubon Members: Free

Nonmembers: \$2 suggested donation

Getting there:

60 Beaver Dam Road

Plymouth, MA 02360

tidmarsh@massaudubon.org

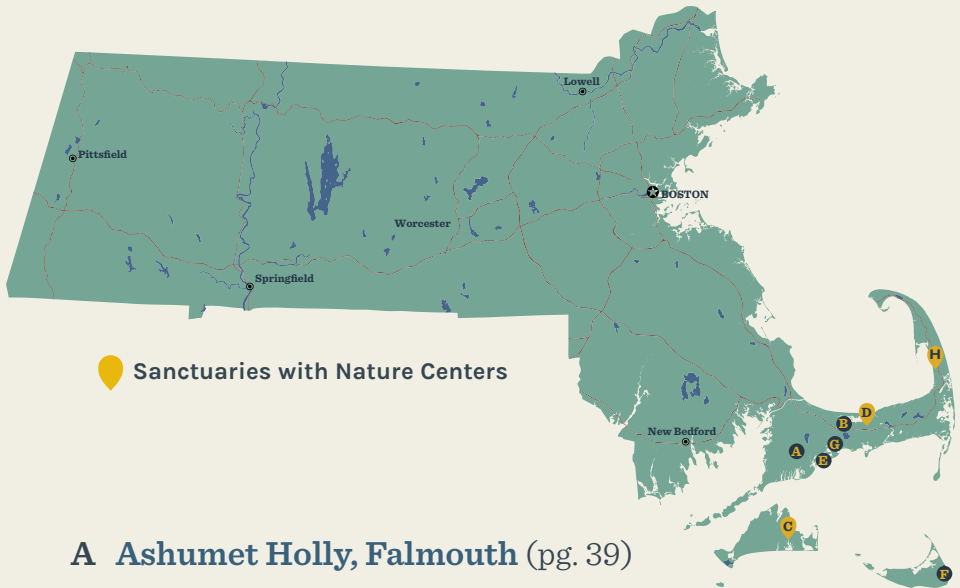
massaudubon.org/tidmarsh

facebook.com/massaudubontidmarsh

Latitude/Longitude: 41.916813, -70.572836



Cape Cod & the Islands



A Ashumet Holly, Falmouth (pg. 39)

B Barnstable Great Marsh, Barnstable (pg. 40)

C Felix Neck, Edgartown (pg. 41)

D Long Pasture, Barnstable (pg. 42)

E Sampsons Island, Barnstable

Sampsons Island is an Important Bird Area where Piping Plovers, Least Terns, and Common Terns routinely nest. In spring and summer, access to the island is limited to protect nesting areas. for more information, visit massaudubon.org/sampsonsland.

F Sesachacha Heathlands, Nantucket (pg. 43)

G Skunknett River, Barnstable(pg. 44)

H Wellfleet Bay, Wellfleet (pg. 45)

Hours and admission prices listed are subject to change. Please check with the wildlife sanctuary for the most up-to-date information. To support these wildlife sanctuaries, donations can be made sometimes on-site and always on our website.

Ashumet Holly

Falmouth

Acres: 45

Trail Mileage:

1.5 miles

At the heart of Ashumet Holly is an eight-acre coastal plain pond, considered a globally rare natural community attracting over 30 species of dragonflies and rare pondshore wildflowers. The sanctuary is also known for its 1,000 holly trees of 65 varieties. Barn Swallows, Baltimore Orioles, and other migratory birds nest at the sanctuary, and five vernal pools were created to restore the threatened Eastern Spadefoot Toad.

Sanctuary Highlights

- The rare *Franklinia* tree, a descendant of one discovered in 1770 and no longer found in the wild, which blooms in the fall on the north side of Grassy Pond.
- The tallest holly on the property along with a secluded natural vernal pool on Mystery Tree Trail.
- Resident Barn Swallows that can be seen May to August through the kiosk shed and over the fields, scooping up insects in flight.
- Programs held year-round through Long Pasture Wildlife Sanctuary.



© C.J. Gregory



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Ashumet Road

East Falmouth, MA

massaudubon.org/ashumetholly

Latitude/Longitude: 41.620625, -70.5388789

Managed by Long Pasture Wildlife Sanctuary
508-362-7475

longpasture@massaudubon.org



Barnstable Great Marsh | Barnstable

Acres: 113

Trail Mileage:
1.5 miles

Barnstable Great Marsh is an integral part of the ecologically significant 3,800-acre Sandy Neck salt marsh and barrier beach system. Along with the expansive salt marsh views, the sanctuary features two open ponds, shady oak woodlands, and numerous wildlife. Three species of owls commonly inhabit the sanctuary in winter, and five species of turtles nest here in summer.

Sanctuary Highlights

- Coastal observation platform for spectacular views of the Barnstable Harbor and Sandy Neck Barrier Beach.
- Home to numerous ground-nesting birds including Northern Harrier, American Woodcock, Saltmarsh Sparrow, and Willet.
- Please exercise caution at unsignalized railroad crossing.



© C.J. Gregory

Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

2444 West Main Street (Route 6A)

Barnstable, MA 02630

massaudubon.org/barnstable

Latitude/Longitude: 41.701577,-70.327322

Managed by Long Pasture Wildlife Sanctuary

508-362-7475

longpasture@massaudubon.org



Felix Neck

Edgartown

Acres: 194

Trail Mileage:
4 miles

Felix Neck Wildlife Sanctuary is a place for everyone, protecting the habitats, wildlife, and spectacular views for which Martha's Vineyard is renowned. Four miles of trails through woodlands, meadows, ponds, salt marsh, and along shorelines allow for exploration, discovery, and quiet contemplation.

Sanctuary Highlights

- Kayak tours of Sengekontacket Pond throughout the summer and special seasonal sunset and moonrise paddles.
- Discovery Room for all ages with live animals, marine life tank, and hands-on activities.
- Butterfly and bird gardens that host some of nature's winged wonders.
- Fern & Feather Summer Day Camp, named Best of the Vineyard, a memorable part of island childhoods since 1964.
- Gift shop offering nature-based books and products as well as local goods and art.



Center Summer Hours:

Monday-Friday, 9am-4pm
Saturday-Sunday, 10am-3pm
Reduced hours in the off-season

Trails:

Daily, dawn to dusk

Admission:

Mass Audubon Members: Free
Nonmembers: Adults \$4, Seniors (65+) \$3,
Children (2-12) \$3

Getting there:

100 Felix Neck Drive
Edgartown, MA 02539
508-627-4850
felixneck@massaudubon.org
massaudubon.org/felixneck
facebook.com/massaudubonfelixneck
Latitude/Longitude: 41.415819, -70.563589

Mailing address: P.O. Box 494,
Vineyard Haven, MA 02568



Long Pasture

Barnstable

Acres: 101

Trail Mileage:
2.5 miles

Sandy beaches, butterfly-filled meadows, woodland trails, and farm animals combine to make Long Pasture a unique experience on Cape Cod. Gentle, varied trails lead to what some have called a "million dollar view"—with Barnstable Harbor flanked by the dunes of Sandy Neck Barrier Beach. Explore our expansive tidal flats and join us for a kayak tour, boat cruise, or family nature program.

Sanctuary Highlights

- Live animal exhibits representing conservation projects of local rare species in the Nature Center.
- Year-round and seasonal programs including kayaking, aquatic exploration cruises, tours of Cuttyhunk and the Elizabeth Islands, Barnstable Harbor excursions, and other water-based programming.
- Gentle woodland and meadow walking trails that traverse a variety of habitats in the mid-Cape.
- Many species of butterflies to observe fluttering around the Butterfly Mosaic Trail and bees in action in the bee observation hive.
- A Nature Play Area, seasonal interpretive bee hive, purple martin colony, and seasonal goat encounter programs, great for young children.



Center Hours:

Tuesday–Friday, 9am–4pm
Saturday–Sunday, 10am–3pm
Closed Mondays

Trails:

Daily, dawn to dusk

Admission:

Mass Audubon Members: Free
Nonmembers: Adults \$4, Seniors (65+) \$3,
Children (2-12) \$3

Getting there:

345 Bone Hill Road
Barnstable, MA 02630
508-362-7475
longpasture@massaudubon.org
massaudubon.org/longpasture
facebook.com/massaudubonlongpasture
Latitude/Longitude: 41.709259, -70.27592

Mailing address: P.O. Box 235
Cummaquid, MA 02637



Sesachacha Heathlands

Nantucket

Acres: 875

Trail Mileage:
5 miles

Explore two of Massachusetts' rarest habitats—coastal heathland and sandplain grassland—at Sesachacha Heathlands Wildlife Sanctuary on the eastern side of Nantucket. Sesachacha Pond, the largest body of brackish water on the island and located within the sanctuary, is a magnet for 300 recorded bird species, including Northern Harriers and Eastern Towhees.

Sanctuary Highlights

- The huckleberry, which turns these Nantucket moorlands into a blaze of scarlet in October.
- Unpaved and usually unmarked sandy cart paths that take you through a prairie-like landscape with little bluestem grass, bayberry, bearberry, and lowbush blueberry.
- An actively managed landscape that makes use of prescribed fire and mechanical brush cutting to maintain grassland and heathland.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Barnard Valley Road

Nantucket, MA

508-228-9208

nantucket@massaudubon.org

massaudubon.org/sesachacha

Latitude/Longitude: 41.283482, -69.977806



Skunknett River

Barnstable

Acres: 147

Trail Mileage:
1 mile

Walking the tree-lined trails at Skunknett River, you can witness nature reclaiming former mill sites and explore a fragrant Atlantic white cedar swamp. The name Skunknett comes from an Algonquin word that means a fishing place for eel: American Eels may be seen in the sanctuary's waterways.

Sanctuary Highlights

- Peaceful views of West Pond from the Overlook Trail, where Black-crowned Night-herons, Ospreys, and migrating ducks may be spotted.
- Three historic mill sites and abandoned cranberry bogs.
- Springtime chorusing frogs in vernal pools.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Bumps River Road
Barnstable, MA
massaudubon.org/skunknettriver
Latitude/Longitude: 41.643237, -70.376755
Managed by Long Pasture Wildlife Sanctuary
508-362-7475
longpasture@massaudubon.org



Wellfleet Bay

Wellfleet

Acres: 937

Trail Mileage:

5 miles (universally
accessible: 0.5 miles round-trip)

Wellfleet Bay provides peace and unmatched beauty on the hillsides and shoreline overlooking Wellfleet Harbor. Extensive trails bring you to a panoramic view of the salt marsh, sandy barrier beach, and pine woodlands, each attracting a wide array of wildlife. The sanctuary features a universally accessible trail and an award-winning "green" nature center with numerous exhibits and aquariums.

Sanctuary Highlights

- Fiddler Crabs scurrying in the salt marsh and Green Herons fishing in Goose Pond.
- Summer camp programs in Wellfleet and Chatham designed to promote curiosity about the natural world.
- Year-round programs for all ages based on research and conservation projects focusing on threatened shorebirds, terrapins, Horseshoe Crabs, and sea turtles.
- Hands-on activities during marine cruises in Cape Cod Bay.
- Cape Cod Field School courses for adults that focus on the area's unique coastal environment and wildlife.



Center Hours:

Memorial Day–Columbus Day
Daily, 8:30am–5pm
Columbus Day–Memorial Day
Tuesday–Sunday, 9am–4:30pm

Trails:

Daily, 8am to dusk

Admission:

Mass Audubon Members: Free
Nonmembers: Adults \$8, Seniors (65+) \$5,
Children (2-12) \$3

Getting there:

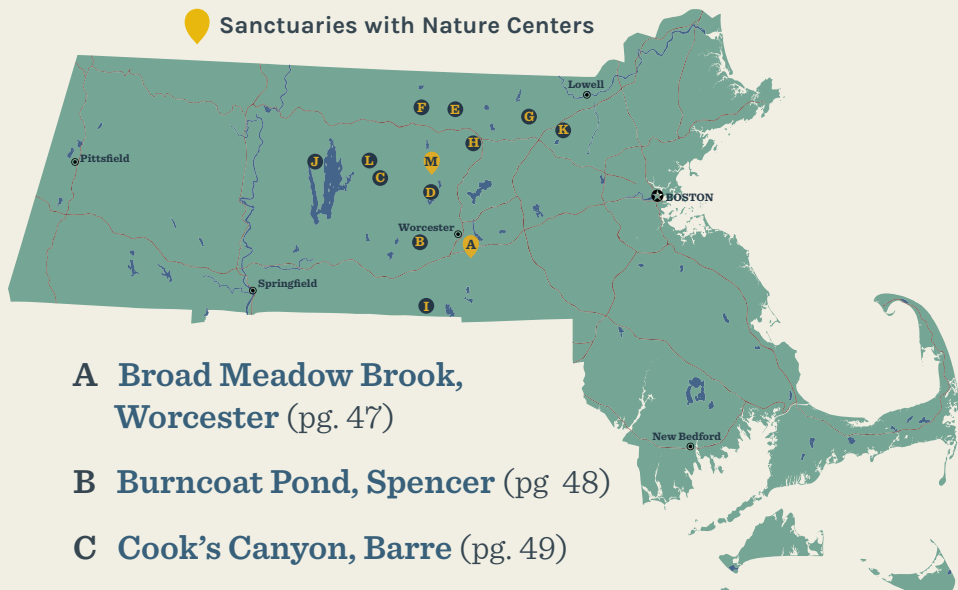
291 State Highway, Route 6
South Wellfleet, MA 02663
508-349-2615
wellfleet@massaudubon.org
massaudubon.org/wellfleetbay
facebook.com/massaudubonwellfleetbay
Latitude/Longitude: 41.882151, -69.995663

Mailing address: P.O. Box 236
South Wellfleet, MA 02663



Central Massachusetts

Sanctuaries with Nature Centers



- A Broad Meadow Brook, Worcester (pg. 47)**
- B Burncoat Pond, Spencer (pg. 48)**
- C Cook's Canyon, Barre (pg. 49)**
- D Eagle Lake, Holden (pg. 50)**
- E Flat Rock, Fitchburg (pg. 51)**
- F Lake Wampanoag, Gardner (pg. 52)**
- G Lincoln Woods, Leominster (pg. 53)**
- H Nashoba Brook, Westford (pg. 54)**
- I Pierpont Meadow, Dudley (pg. 55)**
- J Poor Farm Hill, New Salem (pg. 56)**
- K Rocky Hill, Groton (pg. 57)**
- L Rutland Brook, Petersham (pg. 58)**
- M Wachusett Meadow, Princeton (pg. 59)**

Hours and admission prices listed are subject to change. Please check with the wildlife sanctuary for the most up-to-date information. To support these wildlife sanctuaries, donations can be made sometimes on-site and always on our website.

Broad Meadow Brook

Acres: 430

Worcester

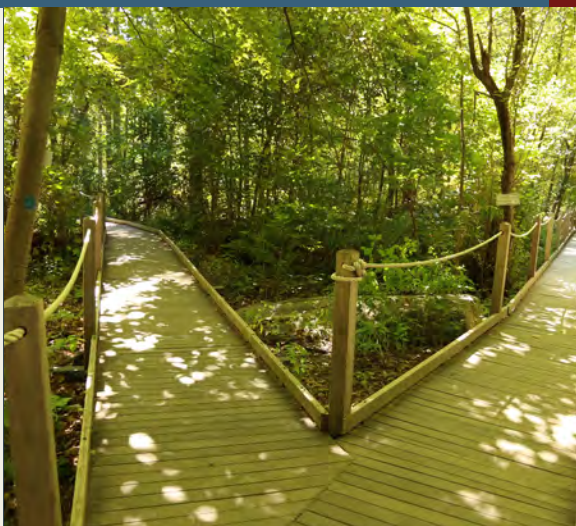
Trail Mileage:

5 miles (universally
accessible: 1 mile round-trip)

Broad Meadow Brook in Worcester is the largest urban wildlife sanctuary in New England, with over 400 acres cooperatively managed or owned by Mass Audubon. Interpretive signs will guide you along trails through woods, fields, streams, and marsh. This sanctuary also serves as a visitor center for the National Park Service's Blackstone River Valley National Heritage Corridor.

Sanctuary Highlights

- Sensory Trail, a rope-guided, universally accessible trail with interpretation available in audio tours, large print, Braille, and tactile formats.
- Oasis in the city with access to the brook under shady, mature trees and well-marked trails throughout.
- Nature Play Area where kids can design gnome homes, climb on large logs, and enjoy the two-seater wooden swing.
- Some 80 species of butterflies, 164 bird species, 700+ plant species, and a diversity of wildlife habitats.
- Fun annual events including the Butterfly Festival, Boo Meadow Brook, and Holiday Nature Crafts.



Center Hours:

Tuesday-Saturday, 9am-4pm,
Sunday, 12:30-4pm
Closed Mondays

Trails:

Daily, dawn to dusk

Admission:

Mass Audubon Members, Worcester Residents,
& Greater Worcester Land Trust Members: Free
Nonmembers: Adults \$4, Seniors (65+) \$3,
Children (2-12) \$3

Getting there:

414 Massasoit Road
Worcester, MA 01604
508-753-6087
bmbrook@massaudubon.org
massaudubon.org/broadmeadow
facebook.com/massaudubonbroadmeadowbrook
Latitude/Longitude: 42.232912, -71.764259



Burncoat Pond

Spencer

Acres: 245

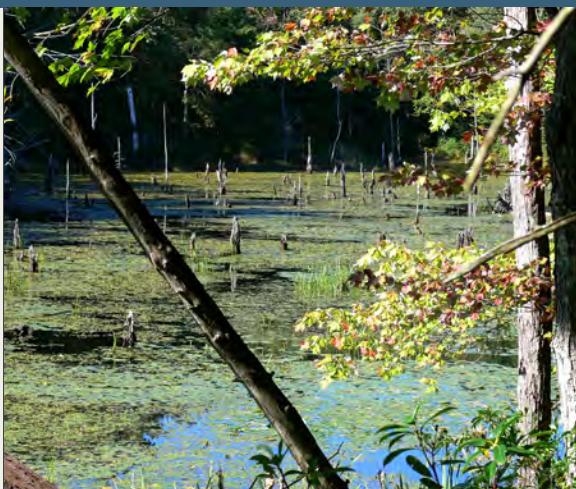
Trail Mileage:

2 miles

Burncoat Pond Wildlife Sanctuary, which encompasses the complete northern cove of its namesake pond, provides critical habitat for resident and migratory wildlife. Its moderate-to-rugged trails also offer an opportunity for a peaceful walk through fields and hardwood-white pine forest, skirting wetlands, passing over streams, and ending at the pond.

Sanctuary Highlights

- Northerly view into Burncoat Pond from atop Richard's Overlook, a large boulder off the Flat Rock Trail.
- Mountain laurel, which bursts into delicate clouds of white and pink in late spring.
- Deer, foxes, raccoons, beavers, otters, coyotes, fishers, muskrats, and bears along with a wide variety of birds, from the Wood Duck and Great Blue Heron to small sparrows and warblers.
- Longer walks by visiting the Midstate Trail as well as the adjacent Greater Worcester Land Trust and Sibley Farm Conservation Area.
- Programs occasionally offered through Broad Meadow Brook Wildlife Sanctuary.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Greenville Street

Spencer, MA

massaudubon.org/burncoatpond

Latitude/Longitude: 42.238352, -71.963552

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org



Cook's Canyon

Barre

Acres: 60

Trail Mileage:
1 mile

Named for the small ravine in which Galloway Brook flows, Cook's Canyon was once an early 20th-century tourist destination. The main attraction: a waterfall that descends in a series of cascades over rocky ledges.

Sanctuary Highlights

- Galloway Brook, which flows over an old dam creating an impressive waterfall and rapids during times of high water.
- The stone walls that formerly encompassed Barre's historic town "pound," constructed in the 1700s.
- Original site of Mass Audubon's overnight camp, Wildwood, now located in Rindge, New Hampshire.
- Programs occasionally offered through Wachusett Meadow and Broad Meadow Brook wildlife sanctuaries.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

South Street

Barre, MA

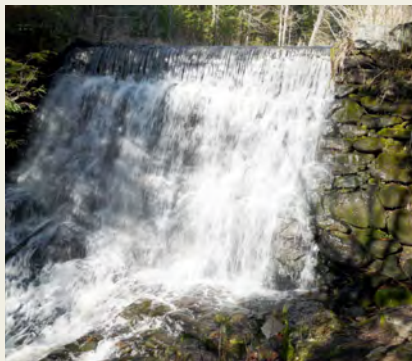
massaudubon.org/cookscanyon

Latitude/Longitude: 42.417917, -72.105895

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org



Eagle Lake

Holden

Acres: 362

Trail Mileage:
2 miles

With everything from large red oaks to extensive wetlands, Eagle Lake supports a wealth of wildlife. The canopy of mature forest provides nesting sites for Scarlet Tanagers, Great Crested Flycatchers, and Rose-breasted Grosbeaks. The pond attracts numerous waterfowl during spring and fall migration.

Sanctuary Highlights

- Many pleasant overlooks of Eagle Lake as you hike the trail.
- The white and pink flowers of mountain laurel, which blossoms in late spring.
- The walk along Asnebumskit Brook to admire the bright red cardinal flower in late summer and large oaks year-round.
- Barred Owls sunning on tree branches during winter.
- Programs occasionally offered through Wachusett Meadow and Broad Meadow Brook wildlife sanctuaries.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Causeway Street
Holden, MA
massaudubon.org/eaglelake
Latitude/Longitude: 42.357830, -71.896248

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org

Only roadside parking available; not plowed in winter



Flat Rock

Fitchburg

Acres: 326

Trail Mileage:
6 miles

At Flat Rock, just minutes from downtown Fitchburg, the bustling sounds of the city fade into a chorus of songbirds, rustling leaves, and zipping dragonflies. This wooded area provides habitat for species needing relatively large territories such as the fisher, coyote, and red fox. Bobcats and Black Bears occasionally travel through these woods over rocky ledges and through hemlock groves.

Sanctuary Highlights

- The trails that travel through various habitats such as bedrock "balds," hemlock forest, and mixed hardwoods.
- Adjacent to additional protected lands with more trails to enjoy, owned by the North County Land Trust and the city of Fitchburg Water Department.
- Programs occasionally offered through Wachusett Meadow and Broad Meadow Brook wildlife sanctuaries.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Ashburnham Hill Road
Fitchburg, MA
massaudubon.org/flatrock
Latitude/Longitude: 42.600449, -71.824539

Managed by Central Properties
978-464-2712
centralproperties@massaudubon.org



© Diane Sullivan



Lake Wampanoag

Gardner

Acres: 377

Trail Mileage:

1 mile

Since Lake Wampanoag is one of the lesser visited wildlife sanctuaries, it's easy to be alone there. That is, of course, if you don't count the fascinating wildlife that inhabit this sanctuary including Moose, bears, deer, Bobcats, and coyotes. The ecologically managed grasslands (i.e., mowing late in the season) support Bobolinks and Savannah Sparrows.

Sanctuary Highlights

- Diversity of dragonflies and butterflies along the mowed paths of Meadow Trail in summer and fall.
- Bark that has been stripped by Moose on young red maples along the trail.
- Forests with red spruce and balsam fir, providing a flavor of northern woods.
- Programs occasionally offered through Wachusett Meadow and Broad Meadow Brook wildlife sanctuaries.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Raymond Street

Gardner, MA

massaudubon.org/lakewampanoag

Latitude/Longitude: 42.611128, -71.966619

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org



Lincoln Woods

Leominster

Acres: 63

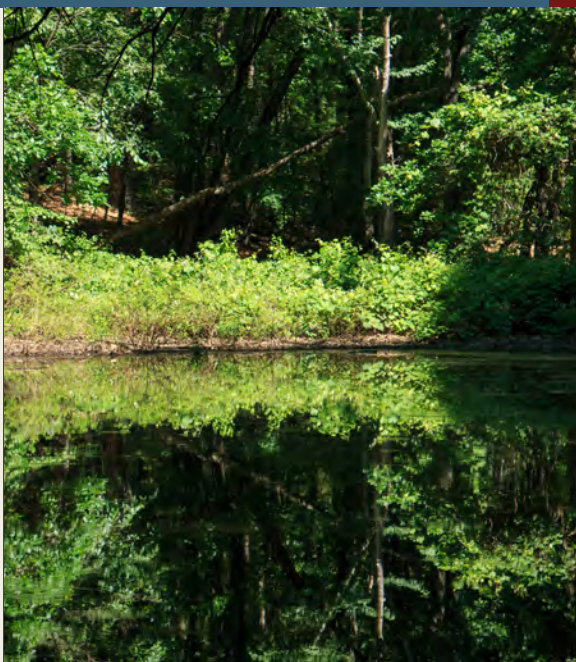
Trail Mileage:

1 mile

Lincoln Woods offers a small dose of nature in the heart of Leominster. The sanctuary's trail system, which ranges from level to short slopes with surfaces that are smooth to uneven, traverses the mature woodlands.

Sanctuary Highlights

- Amphibian breeding migration to the sanctuary's numerous vernal pools during early spring.
- An important resting spot for migrating birds in an otherwise urban environment.
- Programs occasionally offered through Wachusett Meadow and Broad Meadow Brook wildlife sanctuaries.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Union Street

Leominster, MA

massaudubon.org/lincolnwoods

Latitude/Longitude: 42.51456, -71.76125

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org

Parking area not plowed in winter



Nashoba Brook

Westford

Acres: 420

Trail Mileage:

3.6 miles

Migrating songbirds rest and feed in the fields and woodlands of Nashoba Brook. Foxes, owls, and hawks hunt for small prey in the grass, by the stream, or atop stonewalls. This mostly wooded property consists of various sanctuary parcels, and the town of Westford's Richard Emmet Conservation Land.

Sanctuary Highlights

- Recently added trails on the Emmet Woods section of the sanctuary, across Route 225.
- Northern Red-backed Salamanders, often found beneath rocks or rotting logs.
- Short loop trail through a white pine-oak forest and wetland habitat and past Vine Brook, a bog, and a pond.
- Cave Rock, an interesting glacial boulder.
- Trail connections to the town of Westford's Richard Emmet Conservation Land that enable you to extend the length of your hike.
- Vernal pool that comes alive each spring with Wood Frogs and Spotted Salamanders.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Concord Road/Route 225

Westford, MA

massaudubon.org/nashobabrook

Latitude/Longitude: 42.551579, -71.4324649

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org



Pierpont Meadow

Dudley

Acres: 211

Trail Mileage:

0.75 miles

Nature has reclaimed parts of this former farmland that was, at one time, entirely cleared for agricultural purposes. Stone walls still stand amidst pine groves and along the edge of meadows. Valuable shrubland provides nesting habitat for a number of declining bird species such as the Brown Thrasher and Eastern Towhee.

Sanctuary Highlights

- Firefly-filled meadows during the summer.
- Beaver activity at dusk at the small pond on Marsh Road.
- Programs occasionally offered through Wachusett Meadow and Broad Meadow Brook wildlife sanctuaries.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Marsh Road (not Henry Marsh Road)

Dudley, MA

massaudubon.org/pierpontmeadow

Latitude/Longitude: 42.081114, -71.907910

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org



Poor Farm Hill

New Salem

Acres: 53

Trail Mileage:
0.94 miles

Poor Farm Hill Wildlife Sanctuary is part of a large mosaic of conservation land located in New Salem. The expansive area provides forest habitat for warblers and ground nesting birds as well as large mammals including Bobcat, Black Bear, and Moose.

Sanctuary Highlights

- Dense understory of mountain laurel found on the lower slope beneath the mixed hardwood and white pine forest.
- Hemlock forest found in the cooler rocky area of the upper slope.
- The headwaters of the Hop Brook watershed, which is a tributary to the Quabbin Reservoir (the public water supply for the greater Boston area).
- Young red maples with stripped bark, a sign of moose feeding.
- Exposed ledges formed by past volcanic activity.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

West Main Street

New Salem, MA

Latitude/Longitude: 42.5029, -72.33948

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org

Only roadside parking available, not plowed in winter



Rocky Hill

Groton

Acres: 441

Trail Mileage:
3 miles

Located on the Groton-Ayer town line, Rocky Hill Wildlife Sanctuary is a land of impressive ledges, large boulders, beaver ponds, vernal pools, and extensive uninterrupted woodlands. The sanctuary lies within a state-designated Area of Critical Environmental Concern and supports Moose, Beavers, and Porcupines, as well as nearly 100 species of birds and more than 240 plant species.

Sanctuary Highlights

- Rocky outcrop that overlooks a beaver pond affording a unique, eye-level view of numerous active Great Blue Heron nests.
- Granitic ridges, with exposed ledges on the hillsides and smaller outcrops and large boulders that provide protective cover for porcupines, nesting Turkey Vultures, and snakes.
- Plenty of rock surfaces, ideal growing sites for lichen such as rock tripe, or for the rock polypody fern.
- Wood Frogs in the vernal pool alongside the Vernal Pool Trail in spring.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Cardinal Lane

Groton, MA

Latitude/Longitude: 42.581056, -71.531061

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org

Parking area may not be plowed in winter



Rutland Brook

Petersham

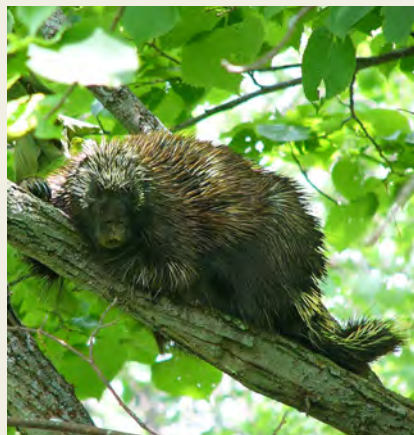
Acres: 1,779

Trail Mileage:
4 miles

Combined with neighboring conservation lands, Rutland Brook is part of one of the most extensive parcels of uninterrupted protected land in central Massachusetts. Here, moderate-to-strenuous interlinking trails wind through cathedral-like stands of hemlock and white pine and along boulder-strewn Rutland Brook.

Sanctuary Highlights

- Cooling off on a summer day by walking along hemlock-lined Rutland Brook.
- The large and impressive porcupine den at the base of a steep ledge.
- Moose signs, especially scrapes on young red maples.
- Programs occasionally offered through Wachusett Meadow and Broad Meadow Brook wildlife sanctuaries.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Off of Pat Connor Road
Petersham, MA
massaudubon.org/rutlandbrook
Latitude/Longitude: 42.463191, -72.161287

Managed by Central Properties
978-464-2712
centralproperties@massaudubon.org



Wachusett Meadow

Princeton

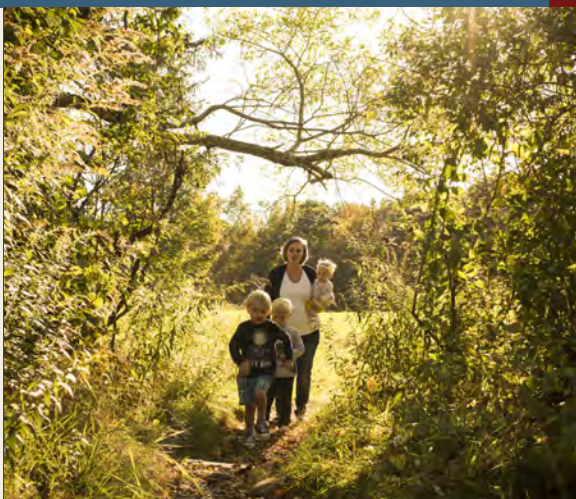
Acres: 1,130

Trail Mileage:
13 miles (universally
accessible: 800 ft)

Wachusett Meadow is a former farmstead that offers spectacular scenery and supports abundant wildlife throughout woodlands, wetlands, and meadows. Historic buildings and barns are still in use for educational programming and resident sheep graze the pastures. Trails traverse many interesting landscape features including Brown Hill Summit, Glacial Boulder, ancient trees, and beaver ponds.

Sanctuary Highlights

- Remarkably peaceful setting including scenic overlooks, expansive views, benches along many trails, and a great habitat diversity.
- Canoe rentals available May 1 to October 31 for use on Wachusett Meadow's Wildlife Pond.
- Many options for short or extended hiking, and connections to Wachusett Mountain and the Midstate Trail.
- Seasonal special events, summer camp, and year-round educational programs for preschoolers to adults.
- Indoor and outdoor facility rentals, offering a scenic, natural setting for weddings, family events, retreats, or other gatherings.



Center Hours:

Tuesday-Friday, 10am-2pm;
Saturday, 10am-4pm
Sunday & Monday holidays, 12:30pm-4pm
Closed Mondays

Trails:

Daily, dawn to dusk

Admission:

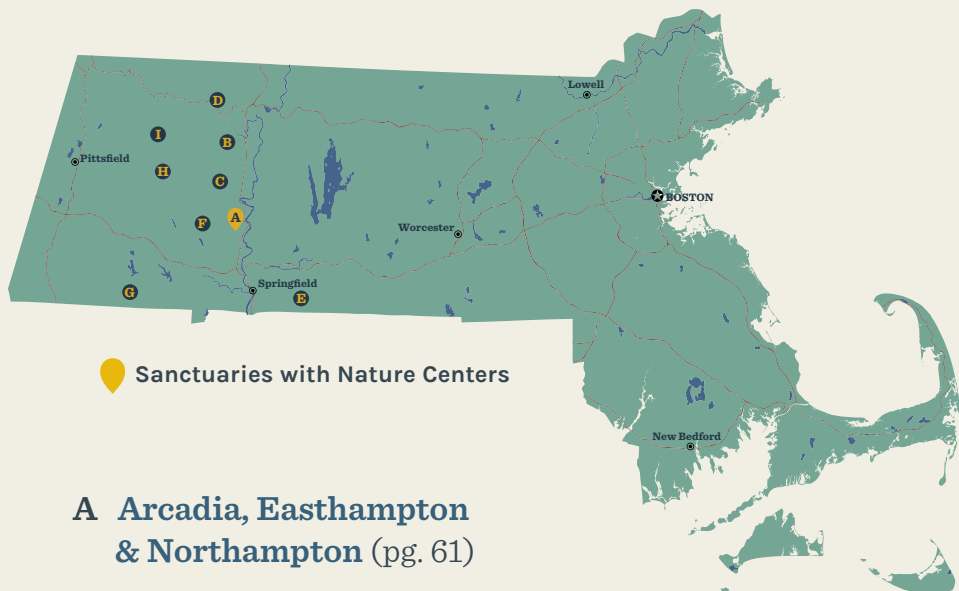
Mass Audubon Members &
Princeton Residents: Free
Nonmembers: Adults \$4, Seniors (65+) \$3,
Children (2-12) \$3


Getting there:

113 Goodnow Road
Princeton, MA 01541
978-464-2712
wachusett@massaudubon.org
massaudubon.org/wachusettmeadow
facebook.com/massaudubonwachusettmeadow
Latitude/Longitude: 42.455615, -71.905105



Connecticut River Valley



 Sanctuaries with Nature Centers

- A Arcadia, Easthampton & Northampton (pg. 61)**
- B Conway Hills, Conway (pg. 62)**
- C Graves Farm, Williamsburg (pg. 63)**
- D High Ledges, Shelburne (pg. 64)**
- E Laughing Brook, Hampden (pg. 65)**
- F Lynes Woods, Westhampton (pg. 66)**
- G Richardson Brook, Tolland (pg. 67)**
- H Road's End, Worthington (pg. 68)**
- I West Mountain, Plainfield (pg. 69)**

Hours and admission prices listed are subject to change. Please check with the wildlife sanctuary for the most up-to-date information. To support these wildlife sanctuaries, donations can be made sometimes on-site and always on our website.

Arcadia | Easthampton & Northampton

Acres: 724

Trail Mileage:
4 miles (universally
accessible: 850 feet)

Spanning Easthampton and Northampton, Arcadia's diverse terrain (forest, meadows, grasslands, marsh, and wetlands) attracts an extraordinary variety of wildlife. You will also find a thriving population of wildflowers, thanks to its rich, loamy soil, which is characteristic of the Connecticut River floodplain

Sanctuary Highlights

- Rope-guided universally accessible All Persons Trail, with interpretation available in seasonal audio tours, large print, Braille, and tactile formats.
- Canoeing or kayaking on the Mill River through Arcadia, where you're likely to see a variety of wildlife.
- Observation tower and wetland boardwalk, which offer wildlife viewing opportunities in sensitive habitats.
- Nature Play Area, where kids can build fairy homes, add to a tepee made of black locust and grapevine branches, or master the stump jump.
- Expansive grasslands home to nesting Bobolinks, American Kestrels, and other grassland birds.



Center Hours:

Monday-Saturday, 9am-3pm
Sunday, seasonally

Trails and Restrooms:

Daily, dawn to dusk

Admission:

Mass Audubon Members: Free
Nonmembers: Adults \$4, Seniors (65+) \$3,
Children (2-12) \$3

Getting there:

127 Combs Road
Easthampton, MA 01027
413-584-3009
arcadia@massaudubon.org
massaudubon.org/arcadia
facebook.com/massaudubonarcadia
Latitude/Longitude: 42.289452, -72.645218



Conway Hills

Conway

Acres: 105

Trail Mileage:
0.75 miles

Once cow pastures along with hay and tobacco fields covered much of the area. Now many of the fields have reverted to forests, which provides habitat for coyotes, bears, Moose, and Bobcats. A single loop trail with a moderate ascent takes you through a previously harvested white pine and hemlock forest, past aging stone walls, by a large sugar maple "wolf" tree, and over some rocky ledges.

Sanctuary Highlights

- Sugar maple wolf tree, a large tree with thick lower branches that was used on farms to provide shade and shelter for the animals, on a ridge overlooking the forest.
- Evidence of bears sometimes seen on the ground, on trees, and even on trail signs.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

South Deerfield Road (Route 116)

Conway, MA

massaudubon.org/conwayhills

Latitude/Longitude: 42.508885, -72.682049

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org

Only roadside parking available; not plowed in winter



Graves Farm

Williamsburg & Whately

Acres: 607

Trail Mileage:
2 miles

For over 125 years, this property was managed as a dairy farm. The now-protected wildlife sanctuary is complete with mixed forest, dramatic geologic features, pristine cold-water streams, and serene pastoral landscapes.

Sanctuary Highlights

- Large mammals such as bears, deer, Fishers, coyotes, Bobcats, and Moose, which take advantage of thousands of acres of nearby forest.
- Rich forest canopy that supports birds such as Wood Thrushes and Saw-whet Owls.
- Brook Trout, stoneflies, salamanders, and frogs in cold-water streams.
- Programs occasionally offered through Arcadia Wildlife Sanctuary.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Adams Road
Williamsburg, MA
massaudubon.org/gravesfarm
Latitude/Longitude: 42.401877, -72.702349

Managed by Arcadia Wildlife Sanctuary
413-584-3009
arcadia@massaudubon.org



High Ledges

Shelburne

Acres: 792

Trail Mileage:
5 miles

Enjoy the spectacular panoramic views of the Deerfield River Valley and Mount Greylock from the ledges at the end of the sanctuary road. Spring is the best time to see many wildflowers; although the entire flower season offers both common and uncommon wildflowers and ferns. Some trails may be strenuous, but the views are worth it.

Sanctuary Highlights

- Excellent vistas of the Deerfield River Valley and Mount Greylock from the ledges.
- Stunning diversity of native wildflowers and ferns.
- Wolves' Den, a geologic feature where, local lore has it, the last wolf in the region was exterminated.
- The vernal pool near the sanctuary road, where Wood Frogs and Spotted Salamander egg masses can be found in spring.
- Programs occasionally offered through Arcadia Wildlife Sanctuary.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Off of Patten Road
Shelburne, MA

massaudubon.org/highledges

Latitude/Longitude: 42.620067, -72.705629

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org

Parking area not plowed in winter



Laughing Brook

Hampden

Acres: 367

Trail Mileage:

4 miles

Fans of Thornton W. Burgess are no strangers to the setting at Laughing Brook. The children's author wove his tales around the wild animals that live here. The landscape has changed since Burgess called this land home. The "laughing" brook has at times become a roaring river, depositing sand used later by turtles, and strong winds have downed trees leaving behind new shelter for salamanders.

Sanctuary Highlights

- Home to over 400 plant species, found in or around fields, streams, and woods.
- Pavilion on the Mort and Helen Bates Trail that overlooks the pond, where one can watch for kingfishers and orioles, signs of beavers, and water striders on the surface.
- Burgess' former home visible from Main Street, now on the National Historic Register and currently occupied by staff; exterior photographs are encouraged.
- The Neff Trail, a longer hike to a beautiful New England hemlock forest.
- Programs offered through Arcadia Wildlife Sanctuary.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Main Street

Hampden, MA

massaudubon.org/laughingbrook

facebook.com/massaudubonlaughingbrook

Latitude/Longitude: 42.064289, -72.40508

Managed by Arcadia Wildlife Sanctuary

413-584-3009

arcadia@massaudubon.org



Lynes Woods

Westhampton

Acres: 188

Trail Mileage:
1 mile

Forest, shrubby fields, wetlands, and old stone walls tell the story of Lynes Woods' past as a former working farm and orchard. Here you can take an easy one-mile-loop walk along a quiet woodland path to crystal clear Lyman Brook and listen for the music of water rushing over rocks.

Sanctuary Highlights

- Trail that winds through a dense mountain laurel "avenue" covered with spring blossoms.
- Ovenbirds and other woodland birds, including several species of woodpecker, plus the occasional fox, black bear, or Moose.
- The Farm Pond, on the northern boundary, which attracts a variety of birds and insects and provides good wildlife-viewing opportunities.
- Programs occasionally offered through Arcadia Wildlife Sanctuary.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Edwards Road
Westhampton, MA
massaudubon.org/lynes
Latitude/Longitude: 42.27428, -72.775394

Managed by Arcadia Wildlife Sanctuary
413-584-3009
arcadia@massaudubon.org

Parking area not plowed in winter



Richardson Brook

Tolland

Acres: 109

Trail Mileage:

2.5 miles

Named for the brook at its southern boundary, this wildlife sanctuary offers a challenging trail that meanders by numerous large trees and boulders, an interesting stone structure, and finally to Richardson Brook itself.

Sanctuary Highlights

- Three species of salamanders that live in the cool, clear waters of Richardson Brook.
- Stone walls, rock piles, and the remains of red cedar, an indication that the upper portions of the sanctuary were open fields.
- The waters from Richardson Brook, which eventually flow in the Farmington River, an important water supply for Hartford.
- Impressive specimens of red oak, sugar maple, white pine, eastern hemlock, black birch, and American beech.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

New Boston Rd. (Route 57)

Tolland, MA

massaudubon.org/richardsonbrook

Latitude/Longitude: 42.08858, -73.04907

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org

Only roadside parking available; not plowed in winter



© Richard Johnson



Road's End

Worthington

Acres: 190

Trail Mileage:

1 mile

An abandoned farmstead that was once selectively lumbered and cleared for agricultural purposes, Road's End proves that, in time, the land can return to its former state. A white pine forest now stands in an old field, and pastures have become beaver meadows. Two gentle loop trails through the fields, forests, and along a brook quickly transport you to the "middle of nowhere."

Sanctuary Highlights

- The old cellar hole in the field, which serves as a breeding pond for wood frogs and spotted salamanders.
- Bear claw marks on American beech trees.
- Rock walls, pine woodlands, beaver ponds, and a previously harvested forest that provide clues to past land use and recovery.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Corbett Road

Worthington, MA

massaudubon.org/roadsend

Latitude/Longitude: 42.423736, -72.930181

Managed by Central Properties

978-464-2712

centralproperties@massaudubon.org

Parking area not plowed in winter



West Mountain

Plainfield

Acres: 1,835

Trail Mileage:

1.3 miles

West Mountain, situated within the watershed of the federal Wild and Scenic-designated Westfield River, is part of one of the largest aggregations of conserved land in Massachusetts. The sanctuary provides valuable habitat for Moose, black bears, otters, Fishers, and Bobcats as well as habitat for a number of state-listed rare plants and animals and nesting sites for threatened ground-nesting birds.

Sanctuary Highlights

- In an area characterized by rugged hills with forests of northern hardwoods.
- Spring ephemeral wildflowers along the trails.
- A spruce-fir forest, a forest type typically found farther north.
- Programs occasionally offered through Arcadia Wildlife Sanctuary.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

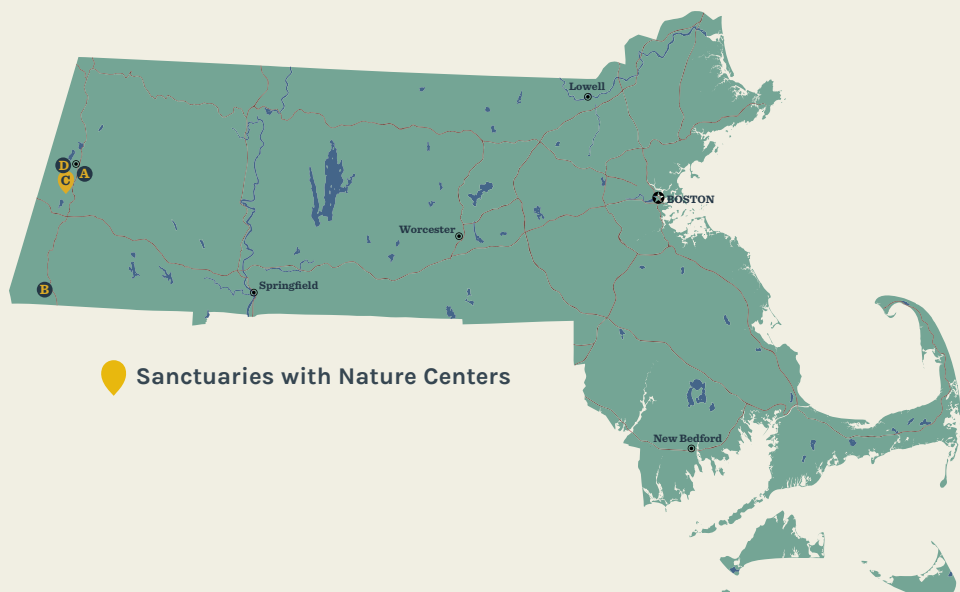
Prospect Street
Plainfield, MA
massaudubon.org/westmountain
Latitude/Longitude: 42.5172, -72.9425

Managed by Central Properties
978-464-2712
centralproperties@massaudubon.org

Only roadside parking available; not plowed in winter



Berkshires



A Canoe Meadows, Pittsfield (pg. 71)

B Lime Kiln Farm, Sheffield (pg. 72)

C Pleasant Valley, Lenox (pg. 73)

D Tracy Brook, Lenox

Named for Tracy Brook, a beaver-impacted stream that meanders through the property, this sanctuary in Richmond has no trails; instead you can view wetlands surrounded by woodlands, including a large heronry, from the small pull-off on Swamp Road. Learn more at massaudubon.org/tracybrook.

Hours and admission prices listed are subject to change. Please check with the wildlife sanctuary for the most up-to-date information. To support these wildlife sanctuaries, donations can be made sometimes on-site and always on our website.

Canoe Meadows

Pittsfield

Acres: 253

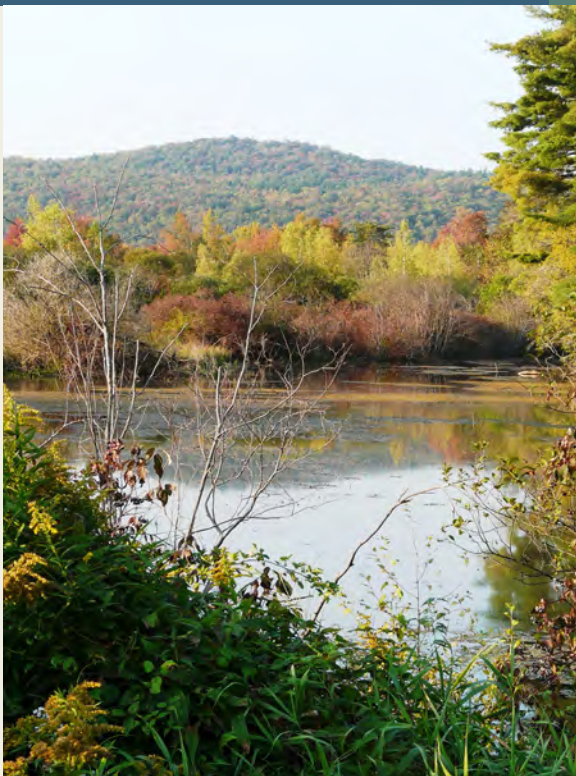
Trail Mileage:

3 miles (universally accessible:
0.3 miles, depending on conditions)

Located just one mile from the center of Pittsfield, Canoe Meadows brings wildness to Berkshire County's largest city, attracting warblers, turtles, Ospreys, otters, and the occasional bear at different times of year. Gentle, flat trails wind through the sanctuary's scenic woods, fields, and wetlands, and along the edge of the Housatonic River.

Sanctuary Highlights

- Weekly guided bird walks in spring and fall.
- Spectacular scenery observed from various points on the trail.
- Home to a Community Garden, accessible to local green thumbs who want to grow vegetables and flowers organically for a small fee.
- Sackett Brook, the recently restored flowing stream and floodplain forest.
- More than 60 acres of contiguous open field, which provides critical breeding habitat for grassland birds.
- Programs regularly offered through Pleasant Valley Wildlife Sanctuary.



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Holmes Road
Pittsfield, MA
massaudubon.org/canoemeadows
Latitude/Longitude: 42.430527,-73.237482

Managed by Pleasant Valley
Wildlife Sanctuary
413-637-0320
berkshires@massaudubon.org



Lime Kiln Farm

Sheffield

Acres: 363

Trail Mileage:
2 miles

Lime Kiln Farm hosts more than 500 species of plants including many rare varieties. A key tract of land within the 14,000-acre Schenob Brook Area of Critical Environmental Concern, the rolling hayfields, limestone ridge, conifer forest, and former pastures attract more than 50 species of butterflies as well as Pileated Woodpeckers, Alder Flycatchers, and Red Foxes.

Sanctuary Highlights

- The circa-1909 40 foot-tall kiln; marble was once quarried there and turned into lime.
- Stonewalls and wire fences that attest to the property's long agricultural history.
- Green Frogs and bullfrogs in the small farm pond during the summer.
- A magnificent view of Mount Everett from the walking trails.
- Programs offered through Pleasant Valley Wildlife Sanctuary.



© Shawn Carey



Trails:

Daily, dawn to dusk

Admission:

Free, donations appreciated

Getting there:

Silver Street
Sheffield, MA
massaudubon.org/limekiln
Latitude/Longitude: 42.082599, -73.362743

Managed by Pleasant Valley
Wildlife Sanctuary
413-637-0320
berkshires@massaudubon.org



Pleasant Valley

Lenox

Acres: 1,211

Trail Mileage:

7 miles (universally
accessible: 0.3 miles)

Set amidst more than 1,000 lush acres in the Berkshires, Pleasant Valley's varied trails wind through forests, meadows, wetlands, and along the slopes of Lenox Mountain, making this site an excellent location for easy-to-strenuous hiking. While exploring, there's a good chance you will see evidence of the sanctuary's most visible wildlife resident, the beaver, via dams, dens, or lodges.

Sanctuary Highlights

- A universally accessible All Persons Trail that winds past towering hemlocks to a boardwalk, where visitors can watch for wildlife from a deck overlooking Pike's Pond, with trail materials in large-print, Braille, audio, and tactile formats.
- A challenging hike to the summit of Lenox Mountain for unrivaled views of the Berkshires.
- Active beaver colony that can sometimes be seen from the Pike's Pond viewing platform.
- Canoe trips offered on the Housatonic River and area lakes from late June through Columbus Day.
- Berkshire Nature Camp, connecting children with the nature of the Berkshires' outdoors since 1947.



Center Hours:

Open daily, June–October (hours vary)
Closed Mondays, November–May

Trails:

When center is open, dawn to dusk

Admission:

Mass Audubon Members &
Lenox Residents: Free
Nonmembers: Adults \$5, Seniors (65+) \$3,
Children (2–12) \$3

Getting there:

472 West Mountain Road
Lenox, MA 01240
413-637-0320
berkshires@massaudubon.org
massaudubon.org/pleasantvalley
facebook.com/massaudubonpleasantvalley
Latitude/Longitude: 42.382587, -73.298968





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Rutland Brook
COVER: Broadmoor



Revised July 2018

