

*Central and Western
Massachusetts—
Explore with us!*

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This program catalog includes programs offered by Mass Audubon sanctuaries in the Central and Western regions of the state, as well as a listing of our international trips. This spring/summer edition lists programs, classes, and events that take place from May through September. Don't forget, you can access information about upcoming Mass Audubon programs across the state on our website www.massaudubon.org.

The program listings are organized by region (see inside front cover for a map of regions and sanctuaries). In addition, a chronological listing of programs by sanctuary can be found on pages 2 and 3.

Within each region, programs are arranged by audience type and are classified as either Adult programs, or Children, Families, and All Ages programs. All Ages programs are designed for everyone, unless otherwise noted. The programs are then listed chronologically within each region and within each audience category.

When multiple sessions of the same program are offered, they are grouped and listed together.

Program registration is required unless otherwise noted.

Take a moment to browse the catalog and enjoy Mass Audubon's broad array of programs. Please let us know if you have suggestions on how we can make it easier to find programs that interest you.

Mass Audubon's Program Catalog for Central and Western Massachusetts is published 3 times each year in January, April, and August. The catalog is mailed to members who live near Broad Meadow Brook, Wachusett Meadow, Arcadia, or Pleasant Valley.

If you would like to be removed from the catalog mailing list, please contact the Membership Department, 208 South Great Road, Lincoln, MA 01773, 781-259-9500, or membership@massaudubon.org.

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Program Listings by Sanctuary

Audience Key

A / Adult	A/C / Adult-Child Pair
C / Children	All / All
F / Family	HS / Home School

Date **Session Name** **Audience** **Pg #**

Broad Meadow Brook Wildlife Sanctuary

5/5/16*	Nature of Massachusetts: Spring in the Berkshires	...A	6
5/6/16	Friday Morning Birds	...A	6
5/7/16	Saturday-Morning Bird Walk for Adults	...A	7
5/7/16	Spring Wildflowers at Broad Meadow Brook	...A	7
5/12/16	Homeschool Programs at Broad Meadow Brook—Adaptations	...C	9
5/12/16	Nature Adventures for 5 to 7 Year Olds	...C	9
5/13/16	Friday Morning Birds	...A	6
5/15/16	Birdwatching at Mount Auburn Cemetery	...A	7
5/18/16*	Third Week Wonders—Yucky Worms	...A/C	9
5/20/16	Friday Morning Birds	...A	6
5/22/16	Connecting with Nature: Identification and Uses of Local Plants	...A	8
5/22/16	Yoga at the Sanctuary	...A	7
5/22/16	Flower Mandalas for Meditation, Healing, and Coloring!	...A	7
5/27/16	Friday Morning Birds	...A	6
5/29/16	Wildflowers at Burncoat Pond	...All	9
6/3/16	Friday Morning Birds	...A	6
6/4/16	Saturday-Morning Bird Walk for Adults	...A	7
6/5/16	Wetlands, Caves, and Canyons	...A	8
6/6/16	Green Your Home: Project Planning for Beginners	...A	8
6/6/16	Dragonflies at Broad Meadow Brook	...All	10
6/8/16	Book Club for the Naturally Curious	...A	8
6/10/16	Friday Morning Birds	...A	6
6/14/16	Saving Land, Water, and Money with LID	...A	8
6/17/16	Friday Morning Birds	...A	6
6/18/16	Third Week Wonders—Blueberries for Sal	...A/C	9
6/22/16*	Neighborhood Nature at Elm Park	...All	10
6/26/16	Connecting with Nature: Identification and Uses of Local Plants	...A	8
6/26/16	Yoga at the Sanctuary	...A	7
7/9/16	Millbury Days	...All	10
7/10/16	Exploring Mass Audubon in Western Massachusetts	...A	8
7/13/16	Book Club for the Naturally Curious	...A	8
7/15/16*	Neighborhood Nature on the Water at Green Hill Park	...All	10
7/16/16	Butterfly Walk at Broad Meadow Brook	...All	10
7/23/16	Third Week Wonders—Are You a Dragonfly?	...A/C	9
7/24/16	Connecting with Nature: Identification and Uses of Local Plants	...A	8
7/24/16	Yoga at the Sanctuary	...A	7
8/6/16	Saturday-Morning Bird Walk for Adults	...A	7
8/10/16	Book Club for the Naturally Curious	...A	8
8/13/16	9th Annual Barbara J. Walker Butterfly Festival	...All	10
8/21/16	Connecting with Nature: Identification and Uses of Local Plants	...A	8
8/26/16	Friday Morning Birds	...A	6
9/2/16	Friday Morning Birds	...A	6
9/3/16	Saturday-Morning Bird Walk for Adults	...A	7
9/9/16	Friday Morning Birds	...A	6
9/16/16	Friday Morning Birds	...A	6
9/18/16	Connecting with Nature: Identification and Uses of Local Plants	...A	8
9/23/16	Friday Morning Birds	...A	6
9/30/16	Friday Morning Birds	...A	6

*Multiple sessions, refer to catalog page number for all dates

Date **Session Name** **Audience** **Pg #**

Wachusett Meadow Wildlife Sanctuary

5/8/16	Mother's Day Hike	...All	12
5/8/16*	Spring Bird Walks	...A	11
5/12/16	Nature Walk for Adults	...A	11
5/13/16	Preschool Story Hour—Turtles	...F	12
5/13/16	Homeschool Programs at Wachusett Meadow—Canada	...F	13
5/14/16	Bird-a-thon Birds and Breakfast	...All	13
5/27/16	Preschool Story Hour—Ponding	...F	12
5/27/16	Homeschool Programs at Wachusett Meadow—Haiti	...F	13
6/11/16	Night Hike at Pierpont Meadow	...A	11
6/19/16	Father's Day Hike	...All	13
6/25/16	Family Canoe on Wildlife Pond	...F	13
7/10/16	Hummingbirds	...F	13
7/23/16	Moonlight Hike and Campfire for Families	...F	14
7/30/16	Life Science Field Day for Educators	...A	12
8/12/16	Moonlight Hike for Adults	...A	12
8/13/16	Meadow Songs of Summer	...F	14
9/8/16	Casual Walks for Adults—Tagging Monarchs	...A	12
9/10/16	Helping Wildlife: Monarch Butterflies	...All	14
9/11/16	Fall Hawk Watch	...A	12
9/11/16	Hawk Watching for Families	...F	14
9/17/16	Evening Canoe for Adults	...A	12
9/18/16	Fall Hawk Watch	...A	12
9/20/16*	Wachusett Meadow Nature Adventures for Young Folks Fall Session: Tuesdays	...C	14
9/22/16*	Wachusett Meadow Nature Adventures for Young Folks Fall Session: Thursdays	...C	14

Berkshire Wildlife Sanctuaries

5/1/16	Song of the Forest: Understanding Bird Language	...All	19
5/4/16	Bird Walks at Pleasant Valley	...A	15
5/4/16*	Berkshire Residents Free Admission—1st Wednesday of the Month	...All	15
5/6/16	Bird Walks at Canoe Meadows	...A	16
5/7/16	Wildflowers and Spring Changes—Walk, Talk, and Tea	...A	19
5/8/16	Lime Kiln Farm Sanctuary through the Seasons Series	...All	19
5/11/16	Bird Walks at Pleasant Valley	...A	15
5/13/16	Bird Walks at Canoe Meadows	...A	16
5/14/16	Birding the Berks Field Trips—Lime Kiln Wildlife Sanctuary	...A	16
5/18/16	Evening at the Beaver Ponds	...All	20
5/18/16	Bird Walks at Pleasant Valley	...A	15
5/19/16	Introduction to Canoeing for Young Adults (A Two-Part Program)	...C	20
5/20/16	Bird Walks at Canoe Meadows	...A	16
5/25/16	Bird Walks at Pleasant Valley	...A	15
5/27/16	Bird Walks at Canoe Meadows	...A	16
6/1/16	Bird Walks at Pleasant Valley	...A	15
6/3/16	Wild Thing 5K/10K Trail Race Practice Series—Walk the Course	...A	17
6/4/16	Family Fun Day	...All	20
6/5/16	Lime Kiln Farm Sanctuary through the Seasons Series	...All	19
6/8/16	Bird Walks at Pleasant Valley	...A	15
6/10/16	Wild Thing 5K/10K Trail Race Practice Series—Run the 10K Route	...A	17
6/11/16	Birding the Berks Field Trips—Post Marsh Farm	...A	16

Audience Key

A / Adult	A/C / Adult-Child Pair
C / Children	All / All
F / Family	HS / Home School

Date	Session Name	Audience	Pg #
6/11/16	Berkshire Summit Hiking Series—Race Brook Falls and Mount Race	A	17
6/15/16	Evening at the Beaver Ponds	All	20
6/17/16	Wild Thing 5K/10K Trail Race Practice Series—Run the 5K Route	A	17
6/18/16	Birding the Berks Field Trips—Mount Greylock	A	16
6/26/16	Wild Thing 5K/10K Trail Race	A	18
7/2/16	Berkshire Summits Hiking Series—Mount Greylock and Ragged Mountain	A	17
7/3/16	Lime Kiln Farm Sanctuary through the Seasons Series	All	19
7/6/16	Bird Walks at Pleasant Valley	A	15
7/8/16	Native Plantings for Home Gardens	A	18
7/9/16	Bedrock to Birds in the Berkshires—Pleasant Valley	A	18
7/9/16	Canoe Trip along the Housatonic River	All	20
7/13/16	Evening at the Beaver Ponds	All	20
7/16/16	Canoe Trip to Upper and Lower Goose Ponds	All	21
7/18/16	Knee-High Naturalists	C	21
7/20/16	Evening with Birds and Bats	All	21
7/23/16	Canoe Trip along the Housatonic River	All	20
7/25/16	Knee-High Naturalists	C	21
7/27/16	Evening at the Beaver Ponds	All	20
7/30/16	Canoe Trip to Buckley-Dunton Lake	A	21
8/1/16	Knee-High Naturalists	C	21
8/3/16	Bird Walks at Pleasant Valley	A	15
8/3/16	Evening with Birds and Bats	All	21
8/6/16	Berkshire Summits Hiking Series—Alander Mountain	A	17
8/6/16	Canoe Trip along the Housatonic River	All	20
8/7/16	Lime Kiln Farm Sanctuary through the Seasons Series	All	19
8/10/16	Evening at the Beaver Ponds	All	20
8/13/16	Native Plantings for Home Gardens	A	18
8/13/16	Canoe Trip to Upper and Lower Goose Ponds	All	21
8/17/16	Evening with Birds and Bats	All	21
8/20/16	Canoe Trip along the Housatonic River	All	20
8/24/16	Evening at the Beaver Ponds	All	20
8/27/16	Canoe Trip to Buckley-Dunton Lake	A	21
8/28/16	Birding and Mindfulness	A	18
9/3/16	Berkshire Summit Hiking Series—Lenox Mountain	A	17
9/3/16	Canoe Trip along the Housatonic River	All	20
9/7/16	Bird Walks at Pleasant Valley	A	15
9/7/16	Evening at the Beaver Ponds	All	20
9/9/16	Bird Walks at Canoe Meadows	A	16
9/9/16	Helpers & Harvesters Volunteer Dinner	All	21
9/10/16	Canoe Trip to Upper and Lower Goose Ponds	All	21
9/14/16	Bird Walks at Pleasant Valley	A	15
9/16/16	Bird Walks at Canoe Meadows	A	16
9/17/16	Canoe Trip along the Housatonic River	All	20
9/17/16	Birding the Berks Field Trips—Mt. Everett State Reservation	A	16
9/21/16	Bird Walks at Pleasant Valley	A	15
9/23/16	Bird Walks at Canoe Meadows	A	16
9/24/16	Bedrock to Birds in the Berkshires—Canoe Meadows	A	18
9/24/16	Canoe Trip to Buckley-Dunton Lake	A	21
9/25/16	Lime Kiln Farm Sanctuary through the Seasons Series	All	19
9/28/16	Bird Walks at Pleasant Valley	A	15
9/30/16	Bird Walks at Canoe Meadows	A	16
10/22/16	Birding the Berks Field Trips—Berkshire Lakes, Various Towns	A	16

Date	Session Name	Audience	Pg #
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Connecticut River Valley Wildlife Sanctuaries

4/30/16	Great Blue Herons and Bald Eagles	A	22
5/4/16	Wildflowers at Arcadia	A	22
5/7/16	Valley Bird Festival	All	28
5/7/16	Early-Morning Birding	A	23
5/7/16	Spring Ephemeral Flower and Plant Walk at Tamarack Hollow	A	23
5/8/16	Mother's Day Weekend Canoe	All	28
5/9/16	Early-Morning Birding	A	23
5/10/16	Early-Morning Birding	A	23
5/11/16	Early-Morning Birding	A	23
5/11/16	Wildflowers at Lynes Woods Sanctuary	A	23
5/11/16	Bike Spa Workshop	A	23
5/12/16	Early-Morning Birding	A	23
5/13/16	Early-Morning Birding	A	23
5/14/16	Early-Morning Birding at Arcadia	A	23
5/14/16	Early-Morning Birding at Graves Farm	A	23
5/14/16	Turtles	All	29
5/15/16*	Intermediate Nature Photography at Laughing Brook	A	24
5/18/16	Wildflowers at Graves Farm	A	24
5/20/16	A Fungal Feast for the Eye	A	24
5/21/16	Early-Morning Birding at Laughing Brook	A	23
5/21/16	First Child in the Woods: Caregiver and Infant/Toddler Walk	F	29
5/21/16	Turtle Day and Earthtunes Concert	All	29
5/21/16	Bird Walk at Fitzgerald Lake Conservation Area	A	24
5/21/16	A World of Slime: Slugs and Snails of Massachusetts	All	29
5/22/16	A Remedy for Craziness	A	24
5/25/16	Wildflowers at High Ledges	A	25
5/28/16	Early-Morning Birding	A	23
6/4/16	Birds, Wildflowers, and Ferns of Bartholomew's Cobble and Lime Kiln Farm	A	25
6/11/16	Waterfalls, Forests, Ridges, and Birds of Royalston	A	25
6/18/16	Insects of the Field and Forest	F	29
6/19/16	Summer Solstice/ Father's Day Canoe	All	30
6/19/16	Fireflies, Fields, and Fathers Day Solstice Celebration	All	30
6/25/16	First Child in the Woods: Caregiver and Infant/Toddler Walk	F	29
6/25/16	Dragonflies and Damselflies by Canoe	A	25
7/2/16	Bald Eagles and Barton Cove Paddle	A	26
7/9/16	Water Chestnut Removal at the Old Mill River	A	26
7/9/16	Spruce-Fir Forest Tree Identification Hike	A	26
7/10/16	Hawley Bog	A	26
7/16/16	First Child in the Woods: Caregiver and Infant/Toddler Walk	F	29
7/16/16	Forest Discovery Hike at Laughing Brook	F	30
7/20/16	Birds and Bogs of the Upper Coast of Maine	A	31
8/6/16	Story Hour and Walk at Laughing Brook	F	30
8/17/16	Beaver and "Sturgeon Moon" Canoe	A	27
8/20/16	First Child in the Woods: Caregiver and Infant/Toddler Walk	F	29
8/20/16	Nature Mysteries at Laughing Brook	All	31
8/23/16	Night Insect Sounds	A	27
8/25/16	Evening Walk at Quabbin Reservoir	A	27
8/26/16	Night Hawks and Chimney Swifts	A	27
9/3/16	Saturday-Morning Bird Walks	A	27
9/3/16	Story Hour and Walk at Laughing Brook	F	30
9/10/16	Saturday-Morning Bird Walks	A	27
9/10/16	Ferns at Arcadia	A	28
9/14/16*	Homeschool Fall 2016—Birds of Prey	C	31
9/17/16	Hawk Watch at Mount Sugarloaf State Reservation	A	28
9/17/16	Saturday-Morning Bird Walks	A	27
9/18/16*	Intermediate Nature Photography at Laughing Brook	A	24

*Multiple sessions, refer to catalog page number for all dates

Arcadia Wildlife Sanctuary

127 Combs Road, Easthampton, MA 01027 / 413-584-3009

ARCADIA NATURE PRESCHOOL

Arcadia Nature Preschool was one of the first nature preschools in the country.

Sessions run throughout the school year: Mondays through Wednesdays or Thursdays and Fridays; 9:00 am-noon.

Call 413-584-3009 ext. 5818 to learn about openings for this year or next. Children should be ages 3 to 5.

HOMESCHOOL IS FOR THE BIRDS!

Wednesday mornings 9:30-11:30 September-November

(Birds of Prey—call 413-584-3009 for more information)

EARTHTUNES FAMILY CONCERT AT LAUGHING BROOK

Saturday, May 21 / 11:00 am / This program is partially funded by the Hampden Cultural Council.



CLIMATE CHANGE EDUCATION FOR MIDDLE/HIGH SCHOOL STUDENTS

Attention Teachers, looking for help to teach your students about climate change?

For a brochure, or for more information, please call 413-584-3009 ext. 5823.

Broad Meadow Brook
508-753-6087 / Worcester

Wachusett Meadow
978-464-2712 / Princeton

SUMMER DAY CAMPS



Call to learn more or
download brochures
and registration forms at
www.massaudubon.org/camp

Pleasant Valley
413-637-0320 / Lenox

Arcadia
413-584-3009 / Easthampton

Berkshire Wildlife Sanctuaries

472 West Mountain Road, Lenox, MA 01240 / 413-637-0320

FREE FAMILY FUN DAY AT PLEASANT VALLEY / Saturday, June 4 / 10:00 am-4:00 pm

Join us for a fun-filled day of live animals, music, a puppet show, nature crafts, and guided walks.

We'll also have food available for purchase. Learn more at www.massaudubon.org/pleasantvalley

DO THE FIRST-EVER "WILD THING" 5K/10K TO SUPPORT BERKSHIRE SANCTUARIES

Sunday, June 26, 9:00 am / This wooded trail run/walk starting and ending at Pleasant Valley Wildlife Sanctuary, will raise money for conservation and education programs in Berkshire County. The first 100 participants are guaranteed a T-shirt, and all racers join us for a post-race celebration in the big red barn.

Preregister online: www.massaudubon.org/pleasantvalley. \$20 registration before May 1; \$25 after May 1

HOST A BIRTHDAY PARTY AT PLEASANT VALLEY!



If you're looking for a place to celebrate your child's growing curiosity, bring the next birthday party to Pleasant Valley Wildlife Sanctuary! Our birthday programs are 2 hours long for children ages 3 and over. One hour is devoted to outdoor activities (or indoor depending on the weather) with one of our teacher naturalists, and the remaining hour is for your party. We can customize programs to your child's interests and children take home a nature-themed souvenir! Prices start at \$150. Call 413-637-0320 for more information.

WISH LIST ITEMS – NEW OR GENTLY USED

We are looking for supplies for our programs, including: binoculars, snowshoes (adult and kids), microspikes, trekking poles, hammers, lumber (ask for details), book shelves, film canisters, and tuna cans!

Berkshire Wildlife Sanctuaries

Main office: Pleasant Valley, Lenox / 413-637-0320

Wildlife Sanctuaries

*Pleasant Valley,
Canoe Meadows,
& Lime Kiln Farm*

News&Notes

We have some exciting additions to our Berkshire Sanctuaries team!

Dale Abrams, a longtime science and environmental educator, birder, and outdoor enthusiast, joined our team this winter to oversee our Education Programs throughout Berkshire County. Join him for one of our Birding the Berks, Berkshire hiking or Lime Kiln Through the Seasons programs.

We also welcome two new members to our Sanctuary Advisory Committee, Kathi Hatch and Bess Dillman. Kathi, a Master Gardener and bluebird volunteer, is currently helping with our native plant and butterfly garden project. Bess, an active hiker and natural history enthusiast, is co-leading some of our summer programs and assisting with the development of our adult programs.

Save the date for our first-ever “Wild Thing” 5K/10K Trail Race to benefit Berkshire Sanctuaries on Sunday, June 26, at 9:00 am.

Pleasant Valley Nature Camp registration is underway and we look forward to a fun summer of hands-on activities, exploration, crafts, friends, and more. The 2016 Nature Camp Flyer is available online at www.massaudubon.org/pleasant-valley-camp, or contact us at 413-637-0320, or Berkshires@massaudubon.org.

Becky Cushing, *Director, Berkshire Wildlife Sanctuaries*

DON'T FORGET to check your program's location. Some of our programs are not held at the sanctuaries that are sponsoring them.

ADULT

Bird Walks at Pleasant Valley

At Pleasant Valley Wildlife Sanctuary

**Wednesdays, May 4, 11, 18, 25,
June 1 & 8 / 7:00-9:00 am**

July 6 / 8:00-10:00 am

August 3 / 8:00-10:00 am

September 7, 14, 21, & 28 / 8:00-10:00 am

Leader: Jonathan Pierce, Sanctuary Caretaker
and Hoffmann Bird Club Leader, or Sanctuary Staff
Free for all



Join Pleasant Valley's caretaker (an avid birder) on a weekly bird walk past beaver wetlands and through woodlands, observing changes in bird species. Beginners and advanced birders will enjoy this walk. Preregistration is not required. Bring binoculars or please call ahead to reserve a pair.

This program is funded in part thanks to the generosity of the Lenox Cultural Council.

Berkshire Residents Free Admission— 1st Wednesday of the Month

At Pleasant Valley Wildlife Sanctuary

**Wednesdays, May 4, June 1, July 6, August 3,
& September 7**

Free for Berkshire County Residents with valid license or ID

Berkshire County residents are invited to visit Pleasant Valley Wildlife Sanctuary. The sanctuary is open dawn to dusk. The office and gift shop will be open from 10:00 am to 4:00 pm. Explore 7 miles of beautiful trails and learn about our education programs for all ages.

Bird Walks at Canoe Meadows

At Canoe Meadows Wildlife Sanctuary

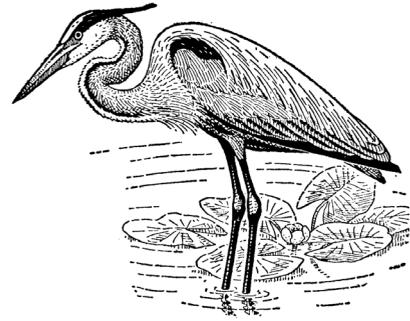
Fridays, May 6, 13, 20, & 27 / 7:00-9:00 am

Fridays, September 9, 16, 23, & 30 / 8:00-10:00 am

Leader: Noreen Mole, Sanctuary Volunteer
and Hoffmann Bird Club Leader

Free for all

Spring and fall are seasons for migrants of all kinds, especially beautiful wood-warblers. Walk past wetlands, meadows, and through woodlands, observing changes in birds each week. Preregistration not required. Bring binoculars; beginners welcome.



Birding the Berks—Field Trips

***Lime Kiln Farm Wildlife Sanctuary,
Sheffield, MA***

Saturday, May 14 / 7:00-10:00 am

Leader: Dale Abrams, Berkshire Sanctuaries Education
Coordinator

Free for all

Join our new education coordinator (a lifelong birder) for a morning bird walk during the height of spring migration on the trails of our Lime Kiln Farm sanctuary. We will listen and look for warblers, thrushes, and other songbirds. If time permits we'll check other nearby birding hot spots. Bring binoculars and trail snacks. Meet at the Lime Kiln parking lot at 7:00 am sharp.

This program is free as part of our "Lime Kiln Through the Seasons" series, which is generously funded by Alford-Egremont, Great Barrington, Monterey, New Marlborough, and Sheffield Cultural Council grants.

Post Farm Marsh, Lenox, MA

Saturday, June 11 / 6:00-9:00 am

Leader: Jonathan Pierce, Sanctuary Caretaker
and Hoffmann Bird Club Leader

\$10 members, \$15 nonmembers

Join one of the Berkshire's top birders for a field trip to one of the Berkshire's birding hot spots. Post Farm Marsh in Lenox is a perfect place to look and listen for marsh birds such as the American bittern, Virginia rail, sora, common gallinule, and marsh wren. Easy to moderate hike. Bring binoculars and trail snacks. Directions to the meeting places will be provided upon registration. Preregistration required: www.massaudubon.org/programs.

Mount Greylock, North Adams, MA

Saturday, June 18 / 6:00-10:00 am

Leader: Jonathan Pierce, Sanctuary Caretaker
and Hoffmann Bird Club Leader

\$10 members, \$15 nonmembers

Join one of the Berkshires' top birders for a hiking and birding adventure. Hike from Jones Nose to the summit of Mt. Greylock. Look and listen for changes in bird species as we gain elevation and travel through different plant communities. Target species will include blackpoll warbler and Swainson's thrush. Moderate to strenuous hike. Bring binoculars and trail snacks. Directions to the meeting places will be provided upon registration. Preregistration required: www.massaudubon.org/programs.

***Mt. Everett State Reservation,
Mt. Washington, MA***

Saturday, September 17 / 11:00 am-2:00 pm

Leader: Dale Abrams, Berkshire Sanctuaries Education
Coordinator

\$10 members, \$15 nonmembers

Join our new education coordinator (a lifelong birder) for a midday trip to one of the best spots for fall hawk migration. Bring a scope or binoculars, and snacks. Directions to the meeting places will be provided upon registration. Preregistration required: www.massaudubon.org/programs.

***Berkshire Lakes, Various Towns,
Berkshire County, MA***

Saturday, October 22 / 7:00-11:00 am

Leader: Jonathan Pierce, Sanctuary Caretaker
and Hoffmann Bird Club Leader

\$10 members, \$15 nonmembers

Join one of the Berkshires' top birders for a half-day trip to several Berkshire lakes to search for migrating waterfowl. Stop at Bartlett's Apple Orchard for hot cider and donuts. Travel by Mass Audubon van between sites. Minimal hiking involved. Bring a scope or binoculars, and snacks. Directions to the meeting places will be provided upon registration. Preregistration required: www.massaudubon.org/programs.

PREREGISTRATION is recommended and/or required to guarantee a program space.

Wild Thing 5K/10K Trail Race Practice Series

At Pleasant Valley Wildlife Sanctuary/Kennedy Park, Lenox, MA

Friday, June 3 / 8:00 am

Leader: Becky Cushing, Berkshire Sanctuaries Director
Free

Walk the 5K course route, beginning and ending at Pleasant Valley.

Friday, June 10 / 8:00 am

Leader: Becky Cushing, Berkshire Sanctuaries Director
Free

Run the 10K course route, beginning and ending at Pleasant Valley. We will split into a couple of pace groups depending on group size and ability. First-time 10K and trail runners welcome!

Friday, June 17 / 8:00 am

Leader: Becky Cushing, Berkshire Sanctuaries Director
Free

Run the 5K course route, beginning and ending at Pleasant Valley. We will split into a couple of pace groups depending on group size and ability. First-time 5K and trail runners welcome!

Berkshire Summits Hiking Series

Race Brook Falls and Mount Race

At Mount Washington State Forest

Saturday, June 11 / 8:00 am-1:00 pm

Leader: Dale Abrams, Education Coordinator
\$15 members, \$20 nonmembers

Join naturalist and avid hiker Dale Abrams on this excursion to the spectacular Race Brook Falls and along the Taconic ridgeline to the summit of Mount Race (elevation 2,365 feet) via the Appalachian Trail. We'll also enjoy mountain laurel in bloom along this scenic trail. The 6.6-mile round-trip hike has an elevation gain of 1,625 feet and is rated difficult, with steep sections. The effort is worth the reward, however, since the views from the ridgeline and summit are spectacular.

Dress for the weather, wear sturdy, over-the-ankle hiking shoes, and bring adequate water and food. Sunscreen and insect repellent are recommended. First five registrants may ride in sanctuary van from Great Barrington. Others will need to carpool to the trailhead. Preregistration required: www.massaudubon.org/programs

Mount Greylock and Ragged Mountain

At Mount Greylock State Reservation

Saturday, July 2 / 8:00 am-3:00 pm

Leader: Dale Abrams, Education Coordinator
\$20 members, \$25 nonmembers

Join naturalist and avid hiker Dale Abrams on this 8.8-mile round-trip hike to the summit of the Commonwealth's highest peak, Mount Greylock, at 3,491 feet, where panoramic views abound. Retrace the steps of Henry David Thoreau who followed the Bellows Pipe Trail to the summit more than 170 years ago. The view of Greylock's east face from Ragged Mountain is splendid. The elevation gain of this strenuous hike is approximately 2,100 feet.

Dress for the weather, wear comfortable, sturdy hiking shoes, and bring plenty of water and food. The first five registrants may ride in the sanctuary van to the trailhead from Lenox. Others will need to carpool to the trailhead. Preregistration required: www.massaudubon.org/programs

Alander Mountain

At Mount Washington State Forest

Saturday, August 6 / 9:00 am-1:30 pm

Leader: Dale Abrams, Education Coordinator
\$10 members, \$15 nonmembers

Join naturalist and avid hiker Dale Abrams on this five-mile round-trip hike in Mount Washington State Forest to the rocky open summit of Alander Mountain (elevation 2,239 feet). From there, you'll be afforded splendid views of the Taconic Range in this tri-state area. The trail will take us through meadows, beneath shady conifer forests, over gurgling brooks, and through hardwood forests, including the unusual scrub oak forest at the top of Alander. This is a moderately strenuous hike with an elevation gain of 840 feet.

Dress for the weather including comfortable, sturdy hiking shoes and bring plenty of water and food. Program departs from Great Barrington at 8:30 am or meet the trailhead at 9:00 am. Directions to the meeting place will be sent upon registration. First five registrants may ride in sanctuary van from Great Barrington. Others will need to carpool to the trailhead. Preregistration required: www.massaudubon.org/programs

Lenox Mountain

At Pleasant Valley Wildlife Sanctuary

Saturday, September 3 / 9:00 am-noon

Leader: Dale Abrams, Education Coordinator
\$10 members, \$15 nonmembers

Join naturalist and hike leader Dale Abrams for a moderately strenuous hike to the summit of Lenox Mountain (elevation 2,126 feet). This hike follows the Trail of the Ledges and Overbrook Trail three miles round-trip through northern hardwood and hemlock forest for an elevation gain of 840 feet. We'll look for signs of wildlife and learn about native trees and shrubs, before taking in a 50-mile view (on a clear day) from the summit.

Dress for the weather including comfortable, sturdy hiking shoes and bring plenty of water and food. Program departs from sanctuary visitor center at 9:00 am. Preregistration required: www.massaudubon.org/programs

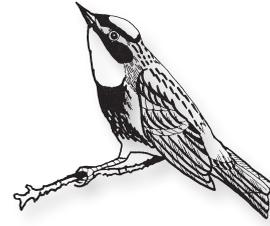
Wild Thing 5K/10K Trail Race

At Pleasant Valley Wildlife Sanctuary/Kennedy Park, Lenox, MA

Sunday, June 26 / 9:00 am

\$20 registration before May 1; \$25 after May 1

Join us for the “Wild Thing,” a wooded trail run starting and ending at Pleasant Valley Wildlife Sanctuary to raise money for conservation and education programs in Berkshire County. The fun 5K course is great for runners or walkers, or runners can challenge themselves with the longer 10K distance. The first 100 participants are guaranteed a T-shirt, and all racers join us for a post-race celebration in the big red barn. Preregister online: www.massaudubon.org/pleasantvalley.



Native Plantings for Home Gardens

At Pleasant Valley Wildlife Sanctuary

**Friday, July 8, & Saturday, August 13
10:00-11:30 am**

Leaders: Master Gardener Kathi Hatch and Liz Stell
Free for all

Interested in incorporating native plants into your home landscape? Come see the new plantings around Pleasant Valley’s entrance: a low-maintenance mix of shrubs, ferns, groundcovers, and meadow plants. Early dates may involve helping with the project. Master Gardener Kathi Hatch and Liz Stell will discuss local native plants that work well in home landscapes. Learn how to choose those that will work well at your site and which nurseries are good sources.

Bedrock to Birds in the Berkshires

At Pleasant Valley Wildlife Sanctuary

Saturday, July 9 / 10:00 am-4:00 pm

At Canoe Meadows Wildlife Sanctuary

Saturday, September 24 / 10:00 am-4:00 pm

Leaders: Tom Lautzenheiser, Mass Audubon Regional Scientist, and Becky Cushing, Berkshire Sanctuaries Director
\$55 members, \$75 nonmembers
(cost is per program; sign up for both to receive \$10 off)

Interested in “reading the landscape” on a deeper level? Each 6-hour program explores the connections between geological features, including bedrock and landform, and habitat characteristics for plants and wildlife at two of Mass Audubon’s Berkshire Sanctuaries. We’ll focus on key tools, models, and resources for understanding the natural history of the Berkshires, and visit a sampling of interesting spots at each sanctuary to practice our skills. The Pleasant Valley program will involve hiking off-trail on steep terrain. Space is limited to 15 participants. Preregistration required: www.massaudubon.org/programs

Birding and Mindfulness

At Kripalu Center for Yoga and Health, Stockbridge, MA

Sunday, August 28-Wednesday, August 31

Leaders: Becky Cushing, Berkshire Sanctuaries Director, and Stephen Cope, Kripalu Ambassador

Tuition \$249, plus room & meals

For all levels and ages

For more details and to register, visit www.kripalu.org

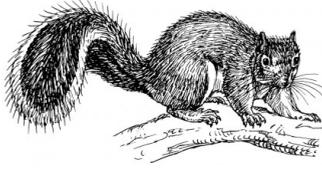
Observing birds in nature shares many qualities with mindfulness—the focused awareness and calm observation of both practices help to soothe the mind and enable you to connect to the world—and yourself—in profound new ways. This program, led by the directors of Mass Audubon and Kripalu faculty, introduces you to the meditative joys of birdwatching. Come hike the lovely trails and explore the serene waterways of Kripalu’s Berkshire campus during the height of summer. You might encounter great blue herons, woodpeckers, and bald eagles along the way!

Stephen Cope, MSW, scholar-in-residence and Kripalu ambassador, is the founder and former director of the Kripalu Institute for Extraordinary Living. He is the author of several best-selling books including *Yoga and the Quest for the True Self*; *The Wisdom of Yoga*; and *The Great Work of Your Life: A Guide for the Journey to Your True Calling*.

Becky Cushing, MS, director of Mass Audubon’s Berkshire Sanctuaries, has led natural history and birding programs throughout New England. Her work takes place at the intersection of people and nature, through conservation, education, and advocacy work across the state. Most recently she published “Exploring the Role of Ospreys in Education” in the *Journal of Raptor Research*.

PREREGISTRATION is recommended and/or required to guarantee a program space.

CHILDREN, FAMILIES, AND ALL AGES



PLEASANT VALLEY DAY CAMP

**Explore. Discover.
Play outside!**

At Pleasant Valley Day Camp, kids have fun, connect with nature, and make friends through outdoor exploration, hands-on activities, and noncompetitive games.

We offer weeklong sessions, July and August, for ages 5-14. We offer a shorter "Knee High Naturalists" program during select weeks—a great introduction to camp! Learn more at www.massaudubon.org/camp or call 413-637-0320.

Song of the Forest: Understanding Bird Language

At Pleasant Valley Wildlife Sanctuary

Sunday May 1 / 9:00 am-4:00 pm

Leaders: Mass Audubon Staff and Flying Deer Staff

\$50 members and nonmembers

children ages 12 and under \$40 members and nonmembers

This workshop introduces the science and art of interpreting bird language, a universal communication pattern found in nature. We'll learn about bird language theory and then put these ideas into practice during a sit spot and mapping activity. Birders, naturalists, educators, conservationists, and nature-loving families will leave with new eyes and ears for the world of birds! The kids' group will learn, practice, and explore bird language independently, then join the larger group to share end-of-day observations. Participants should bring their own lunch and reusable mug, and wear warm layers. Additional instructions will be sent after participants register. Space is limited and preregistration is strongly encouraged to guarantee a space.

Wildflowers and Spring Changes— Walk, Talk, and Tea

At Pleasant Valley Wildlife Sanctuary

Saturday, May 7 / 9:30 am-noon

Open to adults and families with children ages 5 and up

Leader: Linda Cysz, Naturalist

\$6 members, \$8 nonmembers

children free for members and nonmembers

Discover the early signs of spring while searching for woodland wildflowers at Pleasant Valley Wildlife Sanctuary. We will take a leisurely walk and learn the identification and natural history of the early blossoms. Bring your curiosity and perhaps a camera.

Lime Kiln Farm Sanctuary through the Seasons Series

At Lime Kiln Wildlife Sanctuary

Open to families with children ages 5 and up

**Spring Flowers Search
of Field and Forest**

Sunday, May 8 / 9:00-11:00 am

**Amphibious Exploration
of the Pond**

Sunday, June 5 / 9:00-11:00 am

**Breeding Birdsongs
of Field and Forest**

Sunday, July 3 / 8:00-10:00 am

**Butterflies and Dragonflies
of the Pond and Meadows**

Sunday, August 7 / 9:00-11:00 am

Fall Foliage/Trees & Shrubs

Sunday, September 25 / 9:00-11:00 am

Leader: Berkshire Sanctuaries Staff

Free for all

Lime Kiln Farm has a variety of habitats, from recovering farm fields and forested ridges to swamps and abandoned lime quarries. We'll explore these natural communities through the seasons, getting to know the interesting flora and fauna of this beautiful sanctuary in the southern Berkshires. Bring your favorite field guide and binoculars. Wear sturdy shoes and bring insect repellent.

This program is free as part of our "Lime Kiln Through the Seasons" series, which is generously funded by Alford-Egremont, Great Barrington, Monterey, New Marlborough, and Sheffield Cultural Council grants.

Directions: From Rt. 7 in Sheffield, MA head south to Silver St. on right. From Canaan, CT head north on Rt. 7 to Silver St. on left. Continue on Silver Street to sanctuary parking on right. Meet leader at kiosk.



Evening at the Beaver Ponds

At Pleasant Valley Wildlife Sanctuary

Wednesdays, May 18 / 7:00-8:30 pm

June 15 / 7:30-9:00 pm

July 13 / 7:00-8:30 pm

July 27 / 7:00-8:30 pm

August 10 / 6:30-8:00 pm

August 24 / 6:30-8:00 pm

September 7 / 6:00-7:30 pm

Open to families with children ages 3 and up
Leader: Florian "Butch" Ptak, Sanctuary Volunteer,
or Sanctuary Staff

\$6 members, \$8 nonmembers

children \$3 members, \$4 nonmembers

Enjoy an evening in the valley visiting the beaver ponds. Search for beavers and other kinds of wildlife that are attracted by the series of ponds that the beavers have created. Learn about the natural history of beavers and how they continue to change our landscape more than 80 years after their reintroduction. Long pants, long sleeve shirts, and hats recommended. Bring binoculars if you have them.



Family Fun Day

At Pleasant Valley Wildlife Sanctuary

Saturday, June 4 / 10:00 am-4:00 pm

Open to families with children of all ages

Leader: Sanctuary Staff and Volunteers

Free admission!

Family Fun Day is a time of fun and learning for the whole family. Please join us for live animal demonstrations, a puppet show, music, guided walks, hands-on craft activities, displays, food, and more—all with a nature theme.

Introduction to Canoeing for Young Adults

(A Two-Part Program)

Canoe Training and Safety

At Pleasant Valley Wildlife Sanctuary

Thursday, May 19 / 6:30-8:00 pm

Canoe Trip

At Housatonic Valley Wildlife Management Area

Saturday, May 21 / 9:30 am- noon

(Rain date Sunday, May 22)

Open to ages 13-17 with parent/guardian permission

\$60 members/ \$75 nonmembers

Leader: Sanctuary Staff

Want to get closer to wildlife? Think you may want to try canoeing? Learn to paddle with us! We will review safety essentials and discuss great paddling places in the Berkshires during the evening program, and then gather together again for a half-day canoe trip. All materials (Paddlers' Guides, canoes, paddles, and PFDs) are provided. Dress for the weather, in layers, and bring water, a snack, footwear that can get wet, and a hat for the canoe trip. All participants must have signed permission forms for the canoe trip.

Canoe Trip along the Housatonic River

At New Lenox Rd., Lenox, MA

**Saturdays, July 9, 23, August 6, 20,
September 3, & 17 / 8:30 am-noon**

Leader: Sanctuary Staff

\$25 members, \$35 nonmembers

Watch for frogs, fish, herons, muskrats, and signs of beavers along the meandering and scenic Housatonic River. This leisurely paddle will take us through the George Darey Wildlife Management Area. Join us to learn about the natural history of the waterway that is the heart of the Berkshires.

Directions to the meeting places will be provided upon registration. Children must be at least 10 years of age, accompanied by an adult, and know how to swim. Bring food, drink, insect repellent, and sunscreen. Preregistration required: www.massaudubon.org/programs



Canoe Trip to Upper and Lower Goose Ponds

At Upper and Lower Goose Ponds, Lee and Tyringham, MA

Saturdays, July 16, August 13, & September 10 / 8:30 am-12:30 pm

Leader: Sanctuary Staff

\$25 members, \$35 nonmembers

Explore the coves and marshes of one of the Berkshires' most beautiful lakes. Paddle across Lower Goose Pond to pristine Upper Goose Pond in search of ravens, hawks, herons, and a variety of songbirds. Eat a snack onshore and search for interesting plant and animal life along the Appalachian Trail. We will walk one mile on the AT before paddling back.

Children must be at least 10 years of age, accompanied by an adult, and know how to swim. Directions to the meeting place in Lee will be provided upon registration. Due to possible windy conditions, previous canoe experience is required. This canoe trip can be strenuous. Bring food, drink, insect repellent, and sunscreen. Preregistration required: www.massaudubon.org/programs

Knee-High Naturalists

At Pleasant Valley Wildlife Sanctuary

**Monday, July 18-Thursday, July 22
10:00 am-noon**

**Monday, July 25-Thursday, July 29
10:00 am-noon**

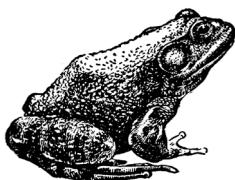
**Monday, August 1-Thursday, August 5
10:00 am-noon**

Open to children ages 3 to 5

Leader: Abby Wood Polidoro, Elementary Teacher
children \$85 members, \$115 nonmembers per week

Join your preschooler exploring the outdoors during summer. This summer's program features inventive fun with nature activities and crafts. Parents are welcome to leave their children for the program or stay. Children should be between 3 and 5 years old. A snack is provided. Preregistration required: www.massaudubon.org/programs

Please dress your child for the outdoors.



Evening with Birds and Bats

At Pleasant Valley Wildlife Sanctuary

Wednesdays, July 20 / 7:00-8:30 pm

August 3 / 7:00-8:30 pm

August 17 / 6:30-8:00 pm

Open to families with children ages 3 and up

Leader: Berkshire Sanctuaries Staff

\$6 members, \$8 nonmembers

children \$3 members, \$4 nonmembers

Enjoy an evening in the valley listening and watching for birds and bats above and around Pleasant Valley. Learn about the natural history of insect-eating predators that hunt during the twilight hours.

Long pants, long sleeve shirts, and hats recommended. Bring binoculars if you have them.

Canoe Trip to Buckley-Dunton Lake

At Buckley-Dunton Lake, Becket, MA

July 30, August 27, & September 24 / 8:30-11:30 am

Leader: Sanctuary Staff

\$20 members, \$30 nonmembers

Beavers and herons are frequently active along the shore of this large, secluded pond in October Mountain State Forest. Explore the coves and inlets of this beautiful lake, go ashore to eat a snack, visit boreal plant communities, and search for signs of animals such as porcupines and moose.

Directions to the meeting places will be provided upon registration. Children must be at least 10 years of age, accompanied by an adult, and know how to swim. Bring food, drink, insect repellent, and sunscreen. Preregistration required: www.massaudubon.org/programs

Helpers & Harvesters Volunteer Dinner

At Canoe Meadows Wildlife Sanctuary

Friday, September 9 / 5:00-8:00 pm

Leader: Berkshire Sanctuaries Staff

Free

Calling all Berkshire Sanctuaries volunteers and community gardeners! Please join us for our annual fall harvest dinner at the Canoe Meadows Community Gardens Pavilion. We'll gather for an informal nature hike at 5:00 pm and fire up the grills at 5:45 pm. We'll provide burgers, drinks, and the fixin's. Gardeners, here's a chance to show off your harvest with a veggie side dish or by entering our annual "weird-looking veggie" contest. We'll also announce the Volunteer of the Year award. Preregistration required.

Natural History Travel

800-289-9504

For more information
and a complete list of our International Tours
visit www.massaudubon.org/travel or call 800-289-9504.

Spitsbergen Arctic Wildlife Cruise with Dave Larson / July 8-18
(limited space available)

Birding in Chile with Wayne Petersen / October 27-November 7
(new lower price)

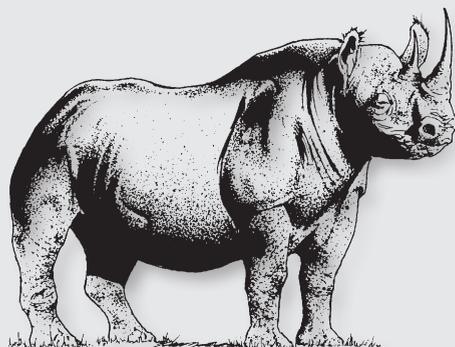
New Zealand: Birding in Middle Earth with Chris Leahy / November 2-19
(limited space available)

Uganda: Birding and Primate Safari with Chris Leahy
January 27-February 11, 2017

Kenya & Tanzania: Birding and Big Game Safari
February 28-March 14, 2017

And many more:

Cuba / Colombia / Belize / Trinidad & Tobago
Amazon Riverboat Cruise in Peru



Central Sanctuaries

Broad Meadow Brook Conservation Center and Wildlife Sanctuary

Massasoit Road, Worcester, 430 Acres

Explore over 400 acres of woods, fields, streams, and marsh and 6 miles of well-marked trails. Interpretive exhibits welcome you in the lobby of the visitor center including a large 3-D model of the entire sanctuary and a wall-to-ceiling map of the Blackstone River watershed. Nature-related gifts, children's books, assorted field guides, and conservation advocacy and community resource information are available.

Broad Meadow Brook Conservation Center and Wildlife Sanctuary
414 Massasoit Road
Worcester, MA 01604
508-753-6087 Office
508-755-0148 Fax
bmbrook@massaudubon.org

Directions

Located 1/2 mile North of Rt. 20 on Massasoit Road.

Hours

Nature Center:

Tuesday through Saturday, 9 am to 4 pm; Sunday, 12:30-4 pm,
Monday, Closed

Trails: Open every day, dawn to dusk.

Admission

\$4 for nonmember adults; \$3 for nonmember children (3-12) and senior citizens (65 and older). Free for Mass Audubon members and Worcester residents.

Wachusett Meadow Nature Center and Wildlife Sanctuary

Goodnow Road, Princeton, 1,011 Acres

This picturesque farm with historic house, barns, and resident sheep is surrounded by acres of open meadows, woodlands, and wetlands. Twelve miles of trails include many special features such as the summit of 1,300-foot Brown Hill, a glacial boulder, an ancient white oak, and abundant wildlife.

Wachusett Meadow Nature Center and Wildlife Sanctuary
113 Goodnow Road
Princeton, MA 01541
978-464-2712 Office
978-464-5981 Fax
wachusett@massaudubon.org

Directions

Located on Goodnow Road, 1/2 mile from Princeton Town Center off Rt 62 West.

Hours

Nature Center:

Tuesday through Friday, 10 am to 2 pm
Saturday, 10 am to 4 pm
Sunday and Monday Holidays, 12:30-4 pm

Trails: Open every day, dawn to dusk.

Admission

\$4 for nonmember adults; \$3 for nonmember children (3-12) and senior citizens (65 and older). Free for Mass Audubon members and Princeton residents.

Burncoat Pond

Greenville Street, Spencer, 245 Acres

Follow the Midstate Trail to access the sanctuary's trails on this mostly wooded property. Look for otters, beavers, and great blue herons on the Beaver Bend Trail or enjoy an extended walk on the Laurel and Kalmia loop trails.

From Worcester: Take Rt 9 west and cross the town line into Spencer. Continue west on Rt 9 and pass David Prouty High School on your left. Take your first left after the school onto Greenville. Look for the brown Hiker and Binocular signs on your right on Rt 9. Continue for approximately 1.2 miles on Greenville Street to the Burncoat Pond/Sibley Farm parking area on your left.

Cook's Canyon

South Street, Barre, 60 Acres

A short easy hike takes you to the edge of a ravine and waterfall formed by Galloway Brook.

From Worcester: Take Rt. 122 north to Barre Center and take a left onto South Street. The parking lot is located approximately .3 miles on your left.

Eagle Lake

Causeway Street, Holden, 362 Acres

Two loop trails allow you the option of a short or long hike. Enjoy walking along Asnebumskit Brook, do some birding, or marvel at some of the large trees.

From Worcester: Take Route 122A to Holden. Continue through Holden Center then take the second left after Wachusett Regional High School onto Causeway Street. Cross the causeway and continue to the small roadside parking area a short distance on your left.

Flat Rock

Ashburnham Hill Road, Fitchburg, 326 Acres

An extensive trail system gives you numerous opportunities to enjoy the various habitats on this sanctuary. Explore the rocky balds, stroll through the hemlock groves, and hike along trails skirted by wetlands.

From Worcester: Take I-290 east to I-190 north. At the end of I-190 proceed west on Rt. 2 to Exit 31, Rt. 12 north to Fitchburg. Follow Rt. 12 for approximately 3.1 miles, take a right on Water St. and then a left onto Main St./Rt. 2A west. Continue to follow Main St. and bear left at a traffic light when it becomes Rt. 2A west/Rt. 31 south. In approximately 0.5 miles bear slightly right onto Ashburnham Hill Road and continue onward until you see the Mass Audubon sign and parking area on your right.

Lake Wampanoag

Raymond Street, Gardner, 368 acres

Look for signs of moose along the Moosewood Wood Trail or enjoy the butterflies, dragonflies, birds, and wildflowers as you walk the mowed paths through the meadows.

From Worcester: Take I-290 east to I-90 north to Route 2 West. Follow Rt. 2 to Rt. 140 north (Exit 24B, Ashburnham/Winchendon). Follow Rt. 140 approximately 4.6 miles to Green St. and take a left onto Green St. Continue on Green St. for 0.4 miles and look for "Monadnock Trust" and "Camp Collier" signs. Turn left onto Eaton St. and proceed for 0.8 miles. When you see the "Camp Collier" sign bear right onto Raymond St. and park at the end of the road.

Lincoln Woods

Union Street, Leominster, 63 acres

This sanctuary protects a number of vernal pools that are breeding areas for wood frogs and spotted salamanders. A short trail system leads you through woodlands and around the vernal pools.

From Worcester: Take I-290 west to I-190 north. Take Exit 6, Rt. 12 north to Leominster. Continue for approximately 4.2 miles and take a left on Tisdale St. At the next intersection take a left onto Union St and immediately look for the Mass Audubon sign and parking area on your left.

Pierpont Meadow

Marsh Road, Dudley, 211 Acres

Bird the shrubby successional habitats along the Pierpont Pond cart path or along the field edges for towhees, catbirds, sparrows, and warblers or enjoy a short walk through meadow and forest while you look for additional wildlife.

From Worcester: Take I-290 to I-395. Follow Rt. I-395 south to Exit 4B toward Oxford Center. At the light in Oxford Center, go straight to Charlton Rd. Follow it for 0.7 miles and go left onto Dudley Rd. Go about 3 miles and take a right on Marsh Rd. Do not take George Marsh Rd. The sanctuary is 0.25 miles ahead on left.

Sanctuary Information

Rocky Hill

Cardinal Lane, Groton, 395 Acres

Rocky Hill Wildlife Sanctuary in Groton is a land of impressive ledges, large boulders, beaver ponds, vernal pools, extensive uninterrupted woodlands, and all the extensive wildlife associated with these habitats. The Heronry Trail offers a bird's-eye view of nesting great blue herons, and signs of porcupines can be spotted along the ledges on the Rocky Hill Trail.

From Route 2, take Exit 38B, Route 111 N/Route 110 E toward Ayer. Continue to rotary where you will take your second right, immediately before McDonald's. Continue on this road for approximately 1.8 miles and take a left onto Westford Road. Stay on Westford/Sandy Pond Road for approximately 1.5 miles and take a left onto Robin Hill Road. Proceed approximately .3 mile to Cardinal Lane on your left. Sanctuary entrance and parking are located just ahead on your left.

Rutland Brook

Off Pat Connor Road, Petersham, 1,710 Acres

Rutland Brook Wildlife Sanctuary includes many diverse habitats such as woodlands, wetlands, brooks, and ledges. Combined with neighboring conservation lands, the sanctuary is part of one of the largest parcels of contiguous protected land in central Massachusetts.

From Worcester: Take Rt. 122 north to Barre Center. From here continue north on Rt. 122, toward Petersham for approximately 5.1 miles, and take a right on Pat Connor Road (before the bridge and waterfall). Continue along the road that runs parallel to the pond and park in the Mass Audubon parking area on your left.

All Sanctuaries in this section:

Hours

Trails: Open every day, dawn to dusk.

For more information on sanctuaries in this section, call Central West Property Office at Wachusett Meadow: 978-464-2712 or visit www.massaudubon.org

Western Sanctuaries

Connecticut River Valley Wildlife Sanctuaries:

Arcadia Wildlife Sanctuary

Combs Road, Easthampton, 755 Acres

Located in Northampton and Easthampton, this sanctuary protects more than 755 acres of floodplain forest, upland forest, cultivated grassland, and riparian habitat. This site includes a nature center, five miles of trails, and a handicap-accessible boardwalk.

Arcadia Wildlife Sanctuary
127 Combs Road
Easthampton, MA 01027
413-584-3009 Office
800-710-4550
413-584-0250 Fax
arcadia@massaudubon.org

Directions

Take the Mass. Turnpike (I-90) to exit 4 (Rt. I-91 north) to exit 18 (Rt. 5, Northampton). Take a right onto Rt. 5 south. After 1.4 miles, take a right onto East Street at the sign for Easthampton Center. Follow East Street for 1.2 miles and turn right onto Fort Hill Road at the Mass Audubon sign. Go 0.9 miles and bear right at the next Mass Audubon sign and turn left into the sanctuary.

Hours

Nature Center:

Monday through Thursday, 9 am to noon
Friday, 9 am to 3 pm
Saturday, 9 am to 1 pm
Sunday open seasonally

Trails and restrooms: Open daily, dawn to dusk.

Admission

\$4 for nonmember adults; \$3 for nonmember children (2-12) and senior citizens (65 and older). Free for Mass Audubon members, and Northampton and Easthampton residents.

Graves Farm Wildlife Sanctuary

Adams Road, Williamsburg, 637 Acres

Graves Farm Wildlife Sanctuary in Williamsburg and Whately encompasses 637 acres of upland forest, old fields, and meadows. A figure-8 trail of a little more than a mile leads from the parking area and skirts along a field and into a mixed forest of spectacular pine, oak, and beech trees.

Contact Arcadia for more information.

Directions

From Rt. 9 in Williamsburg, take Depot Road (on north side of Rt. 9) to a 4-way intersection. Go right on Adams Road for .6 miles; a small parking lot is on the south side of the road at the Mass Audubon sign. The town does not permit parking along Adams Road.

Hours

Open every day, dawn to dusk.

High Ledges

Off Patten Road, Shelburne, 616 acres

Numerous species of wildflowers and ferns can be observed along the four-mile trail system. The "ledges" offers panoramic views of the Deerfield River valley and Mount Greylock.

Directions

From Greenfield: At the junction of Rt. 2 and I-91 in Greenfield continue west on Rt. 2 toward Shelburne for 6 miles. Take a right onto Little Mohawk Road and bear left at the next intersection onto Patten Road. Bear left at the following junction and then bear right, continuing on Patten Road. The sanctuary road is the second left (approximately 0.8 miles). A small parking area is located on your left. Parking area may be inaccessible from December to May due to snow or mud.

Laughing Brook Wildlife Sanctuary

Main Street, Hampden, 356 Acres

Located in the town of Hampden, this sanctuary is composed of 356 acres of southern New England forest, meadow, and wetlands in the Scantic River watershed. Four miles of walking trails, a variety of state-listed species, and the former home of children's author and naturalist Thornton W. Burgess are all found there. Laughing Brook is a special place to go birding, enjoy wildflowers, participate in a program, observe wildlife, or photograph nature.

Contact Arcadia for more information.

Directions

From I-91 in Springfield: Take either exit 2 (northbound) or exit 4 (southbound) to Rt. 83. Rt. 83 quickly becomes Sumner Road. Follow Sumner Road/Allen Street for 8.1 miles (Sumner Road becomes Allen Street after 3.5 miles). Note: Allen Street curves to the right at an intersection near a McDonald's restaurant; bear right at that intersection and stay on Allen Street. At the end of Allen Street (just past St. Mary's church in Hampden and by the Shell Station), take a left onto Main Street in Hampden. The sanctuary entrance is two miles down Main Street on the left.

From Boston/Worcester/Palmer: Take the Mass. Pike (I-90) to exit 8 in Palmer. Take a right into Palmer Center, then take Rt. 20 west (toward Springfield) 5.3 miles. Turn left (opposite the Wilbraham Fire Department) onto Main Street in Wilbraham. Go 6.6 miles on Main Street (which turns into Wilbraham Road in Hampden) to the stop sign and turn left onto Allen Street. After 0.2 miles on Allen Street (just past St. Mary's church in Hampden and by the Shell Station), take a left onto Main Street in Hampden. The sanctuary entrance is two miles down Main Street on the left.

Hours

Trails: Open every day, dawn to dusk.

Lynes Woods Wildlife Sanctuary

Edwards Road, Westhampton, 188 Acres

Marion S. Lynes Wildlife Sanctuary protects 260 acres in Westhampton. This old farm has succeeded to beautiful woodland habitat. There is a nature trail, and guided walks are regularly scheduled at the sanctuary.

Contact Arcadia for more information.

Directions

From I-91N: Take exit 17B toward Easthampton. Turn slight right onto 141W. Continue 4.8 miles. Turn right on Main St. (Rt. 10N). Continue .3 miles. Turn left on West St. Continue 1.2 mi. Turn right on Loudville Rd. Continue 3.2 mi. Turn left on Main Road (Rt. 66). Continue 2 miles. Turn left on Edwards Road. Continue .7 miles to the intersection of Crowley and Edwards. Mass Audubon Lynes Sanctuary parking is on the left on Edwards Road just past the Crowley intersection.

Road's End

Corbett Road, Worthington, 190 acres

An observant walker at Road's End may see signs of black bears on American beech, ground scrapings of wild turkey or deer, gnawings of beavers, as well as discovering past land uses. The sanctuary features two loop trails through a forested tract.

Directions

From Northampton: Follow Rt. 9 west through Northampton and Williamsburg. Take a left onto Rt. 143 west and follow it for approximately 12 miles to the intersection of Rt. 143 and Rt. 112 (Clark Road). Take a right on Rt. 112 and a quick left onto Corbett Road. There is seasonal parking at the end of Corbett Road.

Berkshire Wildlife Sanctuaries:

Pleasant Valley Wildlife Sanctuary

West Mountain Road, Lenox, 1,142 Acres

Pleasant Valley Wildlife Sanctuary in Lenox was established in 1929. It features seven miles of trails that wind over 1,100 acres of Berkshire uplands through old fields, northern hardwood forest, and along beaver swamps. It includes part of Lenox Mountain and the Yokun Brook valley, terraced with beaver ponds. The marble bedrock of the Berkshires nurtures rich plant diversity.

Pleasant Valley Wildlife Sanctuary
472 West Mountain Road
Lenox, MA 01240-2037
413-637-0320 Office
413-637-0499 Fax
berkshires@massaudubon.org

Directions

From the Mass Pike (Rt. I-90): Take exit 2 (Lee) and turn right after tollbooths. Follow Rt. 20 west for 6.6 miles (Rt. 20 merges with Rt. 7). Turn left onto W. Dugway Road and the sanctuary is 1.6 miles ahead on the right.

From the North: Take Rt. 7 and Rt. 20 south from Park Square in the center of Pittsfield for 4.9 miles. Turn right onto West Dugway Road and the sanctuary is 1.6 miles ahead on the right.

Hours

Office:

Summer (Memorial Day-Columbus Day)

Monday through Friday, 9 am to 4 pm

Saturday and Sunday, 10 am to 4 pm

Winter (After Columbus Day and before Memorial Day)

Tuesday through Sunday, 10 am to 4 pm

Hours

Trails: Open every day, dawn to dusk.

Admission

\$5 for nonmember adults; \$3 for nonmember children (2-12) and senior citizens (65 and older). Free for Mass Audubon members and Lenox residents.

Canoe Meadows Wildlife Sanctuary

Holmes Road, Pittsfield, 253 Acres

Canoe Meadows Wildlife Sanctuary, established in 1975 in Pittsfield, consists of 262 acres of wetlands, fields, and forest along the Housatonic River. The property has three miles of trails and a wildlife observation building. Parking is available only at Holmes Road. Note the visitor information board concerning other regulations.

Contact Pleasant Valley for more information.

Directions

From the Mass Pike (I-90): Take exit 2 (Lee) and turn right after the toll-booths. Follow Rt. 20 north for eight miles (Rt. 20 merges with Rt. 7) to Holmes Road (Mobil gas station on the right). Proceed north on Holmes Road for 2.7 miles to sanctuary entrance on the right.

Hours

Trails: Open every day, dawn to dusk.

Lime Kiln Farm Wildlife Sanctuary

Silver Street, Sheffield, 260 Acres

Lime Kiln Farm Wildlife Sanctuary features two miles of trails that traverse rolling hayfields, wooded and shrub swamps, limestone ridge and outcrops, upland deciduous and conifer forest, and former pastures. The diverse habitat attracts butterflies as well as pileated woodpeckers, alder flycatchers, and eastern bluebirds. White-tailed deer wander among the trees and fields. Stunning views of nearby Mount Everett can be seen from the parking area and the vista point off the Taconic Vista Trail. For a brief time limestone was quarried and turned into lime in the kiln still standing on-site today. The sanctuary is part of the 14,000-acre Schenob Brook Drainage Basin Area of Critical Environmental Concern.

Contact Pleasant Valley for more information.

Directions

From the Mass Pike (Rt I-90): Take exit 2 (Lee). Turn left onto Rt. 20 and within 0.1-mile turn right onto Rt. 102. Follow Rt. 102 for 4.5 miles to Rt. 7 in Stockbridge. Continue on Rt. 7 through Great Barrington and into the center of Sheffield. From the center of Sheffield (at post office), drive an additional 1.1 miles on Rt. 7, turning right at Silver Street. Follow Silver Street for 1.1 miles to the sanctuary entrance on the right.

From the north: From Rt. 7/20 junction in Lenox, bear right onto Rt. 7 and travel 5.3 miles to Stockbridge. Continue on Rt. 7 through Great Barrington, and into the center of Sheffield. From the center of Sheffield (at post office), drive an additional 1.1 miles on Rt. 7, turning right at Silver Street. Follow Silver Street for 1.1 miles to the sanctuary entrance on the right.

From Connecticut: From the CT/MA border, follow Rt. 7 north for 3.6 miles to Silver Street on the left. Follow Silver Street for 1.1 miles to the sanctuary on the right.

Hours

Trails: Open every day, dawn to dusk.

Registration Procedures and Policy Guidelines

Registration

Advance registration with full payment is required for all programs unless otherwise noted. You may call in advance to inquire about space availability, but we cannot hold a space for you until we have received your payment in full. Please register early because many programs fill quickly. If you are registering for a class and less than one week remains before the program begins, please call the sanctuary hosting the program to confirm that space is available. If you are not a Mass Audubon member, you may join when you register and pay the member program fee.

Four Easy Ways to Register!

Register Online: You can now register for many of Mass Audubon's programs online. That means you can sign up any time of day (regardless of whether that sanctuary is open or not), and you will instantly know if a program is full or has a wait list. Give it a try and let us know what you think. Visit our program catalog online: www.massaudubon.org/catalog. Please note that some programs and trips do not take online registration. For these, please call the appropriate sanctuary during business hours.

By Telephone: Call the sanctuary that is hosting the program. Our staff will be happy to complete your registration by telephone using Discover, MasterCard, or VISA. Have your course and credit card information ready.

By Mail: Completely fill out the registration form and return it with your check, money order, or credit card authorization (Discover, MasterCard, and VISA only) to the sanctuary that is hosting the program you are registering for. All checks and money orders should be made payable to Mass Audubon. You may download additional copies of the registration form at www.massaudubon.org/registrationform.

In Person: Stop by the sanctuary that is hosting the program you are interested in and register in person. Please call ahead to make sure the office is open. Note: Registering in person should be done prior to the program start date because registering the day of, in many cases, will be too late.

Confirmation Information

Written confirmation will not be sent for every program. If you would like to receive written confirmation, please let the sanctuary know at the time of registration. You will be notified if you do not get into a program as a result of restrictions on

class size or if your name has been placed on a wait list. Please read all future correspondence carefully because it may contain information pertinent to your program such as what to bring or wear, directions to a location, etc.

Filled Programs/Wait Lists

Most programs have minimum and maximum enrollments depending on the type of class and instructional techniques. Some programs have wait lists. If the program of your choice is full, you will be placed on a wait list when there is one. If you do not wish to remain on the wait list, please notify the sanctuary hosting the program and a refund will be issued. We will notify you at least 24 hours in advance of the program only if space becomes available. If space does not open up, you will receive a full refund within three weeks of the program date.

Cancellation/Refund

To receive a program refund if you no longer plan to attend, you must notify the sanctuary hosting the program at least one week prior to the first class. Each sanctuary reserves the right to change programs, schedules, and instructors or to cancel programs due to low enrollment. A full refund will be processed if the sanctuary cancels the program. Refunds require approximately three weeks for processing. **Please be aware that summer camps and vacation week programs have a separate refund policy.** Please refer to the camp brochure or call the specific sanctuary for this information.

Inclement Weather

Most programs are held rain or shine; please dress accordingly. If a program is cancelled as a result of extreme weather conditions, an attempt to notify all participants will be made and full refunds will be issued. If you have any questions about the status of a program, please call the sanctuary hosting the program directly. For programs that list a rain date or cloud date, we recommend that you hold the alternate date open. Refunds will not be issued if the class is switched to its alternate date and you are not able to attend.

Additional Questions?

If you have additional questions about registration policies, or have a question about a particular program, please call the sanctuary hosting the program directly.

Where to Send Registration Forms

Download registration forms at www.massaudubon.org/registrationform

For Berkshire Wildlife Sanctuaries:

Pleasant Valley Wildlife Sanctuary
472 West Mountain Road
Lenox, MA 01240-2037
413-637-0320 Office

For Connecticut River Valley Wildlife Sanctuaries:

Arcadia Wildlife Sanctuary
127 Combs Road
Easthampton, MA 01027
413-584-3009 Office
800-710-4550

For Wachusett Meadow Wildlife Sanctuary:

Wachusett Meadow Wildlife Sanctuary
113 Goodnow Road
Princeton, MA 01541
978-464-2712 Office

For Broad Meadow Brook Conservation Center and Wildlife Sanctuary:

Broad Meadow Brook Conservation Center and Wildlife Sanctuary
414 Massasoit Road
Worcester, MA 01604-3546
508-753-6087 Office



Mass Audubon

Protecting the Nature of Massachusetts

REGISTRATION FORM

for Central and Western Massachusetts

IMPORTANT NOTE:

Registration is processed through the sanctuary offering the program. Therefore, please submit a separate registration form for each individual sanctuary. We recommend that you photocopy this form prior to completing it.

Download additional copies: www.massaudubon.org/registrationform

INDIVIDUAL'S INFORMATION

Circle one: Dr. / Mr. / Ms. / Mrs. / Miss

Adult name / Contact name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone (day): _____ Phone (evening): _____

E-mail: _____

MEMBERSHIP INFORMATION

MASS AUDUBON MEMBER? YES NO

Member #: _____ Membership Exp. Date: ____/____/____

Not currently a Mass Audubon member?

Join now and enjoy membership discounts and other great benefits. For details visit: www.massaudubon.org

- Individual (\$48), Family (\$65), Supporter (\$70), Family Plus (\$80), Sponsor (\$250)

SESSION INFORMATION

Table with 5 columns: Program/Session Name, Date(s) and Time, Participant's Full Name (Adult or Child), Child's Date of Birth and Age, Session Fee

WHERE TO SEND REGISTRATION FORM

Please send registration/payment to:

For Berkshire Wildlife Sanctuaries: Pleasant Valley Wildlife Sanctuary, 472 West Mountain Road, Lenox, MA 01240-2037

For Wachusett Meadow Wildlife Sanctuary: Wachusett Meadow Wildlife Sanctuary, 113 Goodnow Road, Princeton, MA 01541

For Connecticut River Valley Wildlife Sanctuaries: Arcadia Wildlife Sanctuary, 127 Combs Road, Easthampton, MA 01027

For Broad Meadow Brook Conservation Center and Wildlife Sanctuary: Broad Meadow Brook Conservation Center and Wildlife Sanctuary, 414 Massasoit Road, Worcester, MA 01604-3546

For your personal, financial security, please do not fax or email credit card information.

Summary table with 2 columns: Fee Type, Amount

- Check or Money Order, MasterCard, VISA, or Discover. Includes fields for Name on Credit Card, Credit Card #, Exp. Date, and Signature.